

Summer LIFE@ The Beach

20 25



Learning Independence for Empowerment (LIFE) Project

csulb.edu/bmac





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WHO SHOULD ATTEND?

Incoming Fall 2025 first-year and transfer students with a diagnosis of autism spectrum disorder (ASD) and/or other neurodivergent disabilities who are seeking an immersive introductory and transitional program to the university experience.

COST: \$0

(All program components: room, board, and activities at zero cost to students)

Two Sessions Available:

- July 29-Aug 1, 2025
- Aug 5-Aug 8, 2025

Program Summary

Summer LIFE @ The Beach is a four-day program for autistic students to stay overnight in university housing, learn about campus programs and resources, have an opportunity to practice and develop interpersonal skills as well as self-care skills and explore the greater Long Beach community. Prospective applicants should check out the [LIFE Project website information, testimonials](#), and an [application](#) (available by March 2025) or email LIFEProject@csulb.edu for more information.

This year, we are expanding our program to two sessions to accommodate more participants. Depending on the needs of our applicants, our team will determine differentiated programming according to your needs as an incoming student and place you in one of the two available weeks.

PROGRAM HIGHLIGHTS

- Provides students an opportunity to socialize with peers and further their development of social skills and interpersonal relationship-building
- Aids in helping students better understand the importance of language and behavior in social and academic settings
- Introduces students to campus programs and support services
- Provides students an opportunity to become familiar with campus grounds prior to the start of the Fall 2025 semester
- Features cooking classes aimed to support students in developing safe and healthy nutrition habits and cooking skills
- On- and off-campus activities to increase student confidence, independence, self-advocacy, and effective communication skills