

BA in Recreation  
Major Requirements Worksheet  
2024-2025 Catalog

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_

Grade	Course Number & Title (units)	Prerequisites†
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**Complete ALL of the following core courses:**

	REC 141: Introduction to Leisure Services (3) <b>GE Area: D3</b>	one GE foundation course (corequisite)
	REC 225: Programming Recreation Activities (3)	open to pre-REC majors; <b>Fall Only</b>
	REC 341: Evaluation & Research in Leisure Services (3)	a 'C' or better in REC 141 or 225; not open to Pre-REC majors
	REC 351: Foundations of Inclusive Recreation & Recreation Therapy (3)	a 'C' or better in REC 141 or 225; not open to Pre-REC majors
	REC 480: Philosophy of Recreation & Leisure (3)	a 'C' or better in REC 341, 351, and in three 300/400-level REC courses; department consent; grad check from CHHS Advising required; <b>must be taken the semester prior to REC 498</b>
	REC 498: Internship in Leisure Services (6-12)	<b>completion of all major requirements; REC 485 or 1000 hours of verified paid or volunteer leadership experience approved by faculty advisor; consent of internship coordinator</b>

**Complete ALL of the following upper division courses:**

	REC 201: Teamwork & Group Dynamics (3) <b>GE Area: E</b>	one GE foundation course (corequisite)
	REC 210: Health & Wellness in Park, Recreation, & Tourism (3)	none; <b>Fall Only</b>
	REC 321: Leadership in Recreation & Leisure Studies (3)	none; <b>Spring Only</b>
	REC 326: Fundamentals of Digital & Online Media Strategies in Parks, Rec & Tourism (3)	none; <b>Fall Only</b>
	REC 421: Supervisory & Administrative Practices (3)	a 'C' or better in REC 141 or 225; <b>Spring Only</b>
	REC 437: Equity & Access of Recreation & Leisure (3)	none; <b>Spring Only</b>

**Complete ONE of the following support courses:**

	<b>ONE (1) of the following:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> ANTH 120: Introduction to Cultural Anthropology (3) <b>GE Area: D3</b></li> <li><input type="checkbox"/> CDFS 211: Principles &amp; Practices of Teaching Young Children (3)</li> <li><input type="checkbox"/> HDEV 180: Lifespan Human Development (3) <b>GE Area: D3 or E</b></li> <li><input type="checkbox"/> PSY 100: General Psychology (3) <b>GE Area: D3</b></li> <li><input type="checkbox"/> SOC 100: Principles of Sociology (3) <b>GE Area: D3</b></li> </ul>	<b>ANTH 120:</b> none <b>CDFS 211:</b> a 'C' or better in CDFS 111 or PSY 100 or SOC 100; CDFS & FLE majors and pre-majors only <b>HDEV 180:</b> none <b>PSY 100:</b> GE composition ready or a 'C' or better in one of the following AFRS 100A, ASAM 100A, CHLS 104A, ENGL 100A, or ALI 150 or equivalent <b>SOC 100:</b> one GE foundation course (corequisite)
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**Complete all requirements in ONE of the following concentrations:**

**Parks & Recreation Management**

	REC 323: Park & Recreation Facility Operations (3)	declared majors only; a "C" or better in REC 141 or REC 225; <b>Fall Only</b>
	REC 325: Advanced Program & Event Management (3)	a "C" or better in REC 141 or REC 225; <b>Typically Spring Only</b>
	REC 425: Financing Leisure Studies (3)	none; <b>Fall Only</b>
_____	<b>TWO (2)</b> of the following: <ul style="list-style-type: none"> <li><input type="checkbox"/> REC 322: Recreational Sports Supervision (3)</li> <li><input type="checkbox"/> REC 416: Aquatic Facility Management (3)</li> <li><input type="checkbox"/> REC 428: Principles of Nonprofit/Volunteer Management (3)</li> <li><input type="checkbox"/> REC 433: Management of Organized Camps (3)</li> <li><input type="checkbox"/> REC 473: Aging &amp; Leisure (3)</li> </ul>	<b>REC 322: none; Periodically Offered</b> <b>REC 416: none; Spring Only</b> <b>REC 428: none; Fall Only</b> <b>REC 433: none; Periodically Offered</b> <b>REC 473: none; Fall/Summer Only</b>

**Tourism Management**

	REC 168: Introduction to Travel & Tourism (3) <b>GE Area: D3</b>	one GE foundation course (corequisite); <b>Fall Only</b>
	REC 462: Travel, Tourism, & Resort Recreation Management (3)	a "C" or better in REC 168; <b>Spring Only</b>
	REC 465: Convention & Conference Planning (3)	a "C" or better in REC 168; <b>Fall Only</b>
	REC 468: Sustainable Tourism Planning & Development (3)	a "C" or better in REC 168; <b>Spring Only</b>
	REC upper division elective: _____ (3)	varies; see catalog

**Outdoor Recreation and Adventure Leadership**

	REC 331: Dynamics of Outdoor Recreation (3)	none; <b>Spring Only</b>
	REC 430: Recreation in the Ocean Environment (3)	instructor consent; <b>Summer Only</b>
_____	<b>THREE (3)</b> of the following: <ul style="list-style-type: none"> <li><input type="checkbox"/> REC 337: Outdoor Education &amp; Interpretation (3)</li> <li><input type="checkbox"/> REC 431: Recreation Resource Management (3)</li> <li><input type="checkbox"/> REC 433: Management of Organized Camps (3)</li> <li><input type="checkbox"/> REC 434: Adventure Education Programming &amp; Leadership (3)</li> <li><input type="checkbox"/> REC 435: Human Dimensions &amp; Management in Experiential Education (3)</li> </ul>	<b>REC 337: none; Fall Only</b> <b>REC 431: a "C" or better in REC 141 or REC 225; Fall Only</b> <b>REC 433: none; Spring Only</b> <b>REC 434: one GE foundation course; Spring Only</b> <b>REC 435: one GE foundation course; Fall Only</b>

†Prerequisites are subject to change; consult the University Catalog ([www.csulb.edu/catalog](http://www.csulb.edu/catalog)) for the most recent updates

✓ A 'C' or better is required in all courses

✓ GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at <https://www.csulb.edu/general-education-requirements>

✓ Total units required for REC major: 57-63