Post-Completion
OPTIONAL PRACTICAL TRAINING (OPT)

Presented by:
International Student Services
Center for International Education, CSULB

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Workshop Objectives

- Am I eligible for Post-completion OPT?
- Application Process
- Application Deadlines
- Online Filing Instructions
- USCIS approval process
- Maintaining F-1 Status during OPT
- Travel during OPT
- Health Insurance during OPT
- OPT is ending, now what?
- Resources
- Q&A

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International Student Employment

1. **On-Campus**

2. **Practical Training:**
   - ❑ Curricular Practical Training(CPT)
   - ❑ **Optional Practical Training (OPT)**
   - ❑ 24-Month STEM OPT Extension
   - ❑ Cap Gap Extension

3. **Off-Campus:**
   - ❑ Severe unforeseen financial hardship
   - ❑ Internship with a qualifying International Organization

ALERT: Violation to employment regulations will lead to the termination of the student's SEVIS record!

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What is Post-Completion OPT?

- Employment **benefit** for F-1 Visa Students
- Work permit for up to 12 months
- Gain practical experience in your field
- Training takes place after academic program end date

OPT Allows:

- ❖ Part-Time/Full-Time Work
- ❖ Related to your major field of study.
- ❖ Anywhere in the US.
- ❖ Variety of Types of Employment

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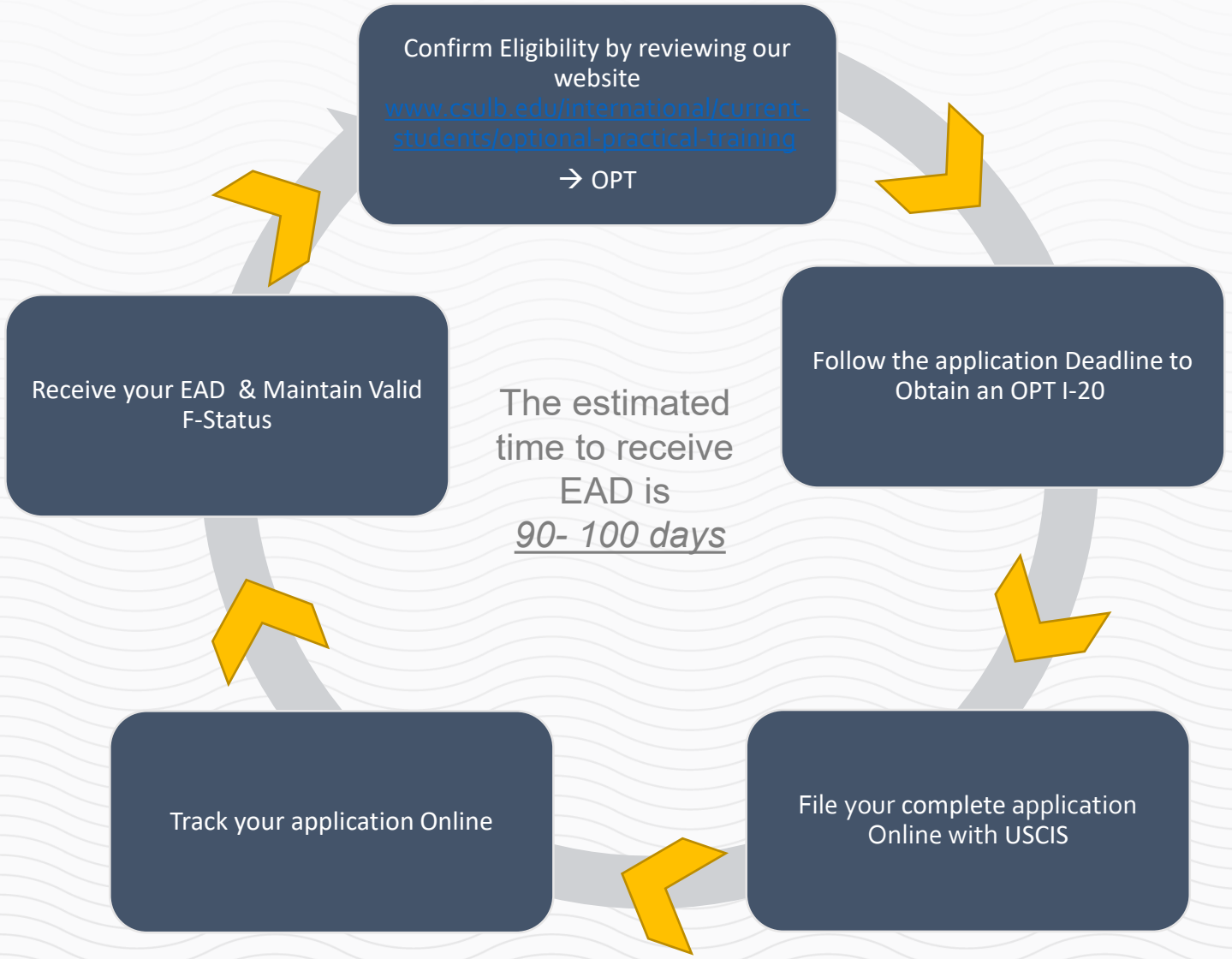
OPT Process Overview



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Eligibility

- Must be in lawful F-1 Status
- Have been enrolled in a full course of study for at least one academic year
- Be in good academic standing
- Have completed, or be in the process of completing all degree-required coursework
- Have not already been granted OPT at your current degree level, or exceeded 12 months of Full-Time CPT
- Must apply during the application period & comply with deadlines

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Application Deadline

- Apply no earlier than 90 days before program completion, and no later than 60 days after program completion

Students cannot work on-campus or be eligible for CPT after the program end date

IF APPLYING FOR THE FOLLOWING TERM:	PROGRAM END DATE/ GRADUATION DATE	SUBMIT APPLICATION TO CIE BETWEEN:	AVAILABLE OPT START DATES:	USCIS MUST RECEIVE YOUR APPLICATION BETWEEN (90/60)
Summer 2024	08/16/2024	05/08/2024-10/05/2024	08/17/2024-10/15/2024	05/18/2024-10/15/2024
Fall 2024	12/24/2024	09/15/2024 - 02/12/2025	12/25/2024 - 02/22/2025	09/25/2024 - 02/22/2025
Winter 2025	01/17/2025	10/09/2024 - 03/08/2025	01/18/2025 - 03/18/2025	10/19/2024 - 03/18/2025
Spring 2025	05/23/2025	02/12/2025 - 07/10/2025	05/24/2025 - 07/22/2025	02/22/2025 - 7/22/2025

Alternative Application Deadlines for some Graduate students

- Graduate students can apply for Post-completion OPT:
  - ❑ The semester they complete all required coursework OR
  - ❑ The semester they complete all required course work & their culminating experience (thesis/dissertation or comprehensive exam).
- *Your I-20 will be shortened to the official end of the semester in which you submit the OPT application.*

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OPT I-20 REQUEST PROCESS

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Request an OPT I-20

1

- **Confirm Eligibility for OPT and application deadline for your graduation term.**
  - Review OPT eligibility to ensure you qualify for Post-Completion OPT at Optional Practical Training | California State University Long Beach (csulb.edu)

2

- **Follow Application Instructions to Request an OPT I-20**
  - File to Graduate
  - Complete the OPT I-20 Request Form
  - Have your most recent I-94 record ready

3

- **Submit the OPT I-20 service request**
  - An Advisor reviews your request, confirms eligibility & issues the OPT I-20.
  - The OPT I-20 and a Coversheet will be delivered via email.

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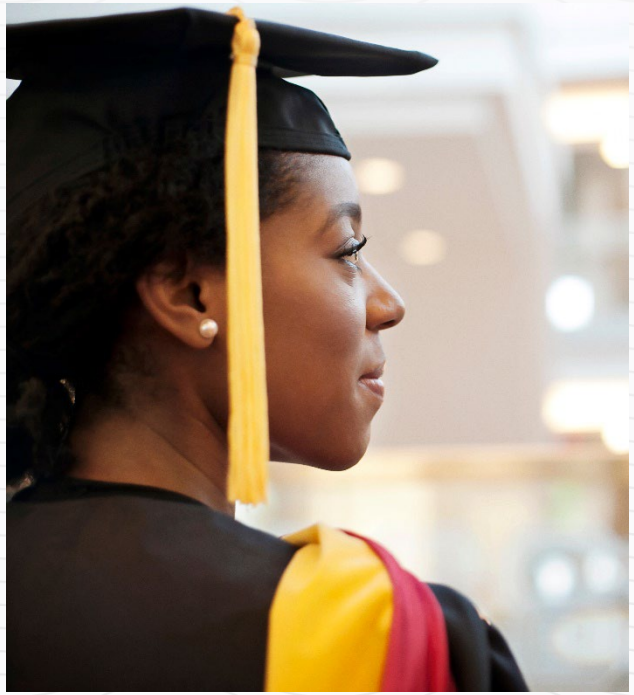
Apply to Graduate



- We will verify that you applied for graduation.
- If you have not applied for graduation your OPT request will be denied!

❑ Graduate Students
Apply to Graduate (Graduate Students) | California State University Long Beach (csulb.edu)

❑ Undergraduate Students
Apply to Graduate (Undergraduate) | California State University Long Beach (csulb.edu)

• I-20 Request Form

Sections 1 & 2

Student's section

Section 3

Advisor Approval

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POST-COMPLETION OPTIONAL PRACTICAL TRAINING (OPT)

OPT I-20 REQUEST FORM

Instructions: Complete Section 1 and 2 in this form to request an I-20 for Post-completion Optional Practical Training (OPT).

SECTION 1- **Student and program Information.** To be completed by the student requesting the OPT I-20	
Student's Last Name:	First Name:
Beach ID Number:	Alternative Email Address:
Current Address:	City, State, Zip Code:
Expected Program End Date OR coursework completion date:	Preferred OPT Start Date*:

SECTION 2- **Student Acknowledgement.** Your signature below confirms that you understand your responsibilities as an OPT applicant.

- ☐ I acknowledge that I am solely responsible for understanding OPT regulations including application process & deadlines, reporting requirements, unemployment limitations, and others as presented in OPT Self-Assessment/online tutorial and the CSULB OPT page.
- ☐ I understand the ISS advisors and staff will communicate with me primarily via **the alternative email** address provided above.
- ☐ I will notify an International Student Advisor if I cannot graduate on the date indicated in this form.
- ☐ I understand that I will not be eligible for an I-20 program extension in the case that I fail to complete all graduation requirements by the OPT authorization end date.

Sign here _____ **Today's Date:** _____

* You may request a preferred OPT Start Date. The date must be no earlier than the day after your program end date, and no later than 60 days after your program end date. The Start date cannot be changed after you file for OPT.

SECTION 3- **OPT I-20 Eligibility Review.** To be completed by the ISS Advisor.

The student's request is: ☐ Accepted ☐ Rejected ☐ Pending _____
Advisor name: _____ Decision Date: _____

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Office of International Students & Scholars
6300 E. State University Dr., Suite 185-B, Long Beach, CA 90815 | 562.985.5555 | cie-student@csulb.edu | csulb.edu/international

• I-94 Form

- Access your I-94 record at www.cbp.gov/I94
- Review your most recent i-94 record, and ensure your most recent entry details are accurate including,

Class of Admission: F-1

U.S. Customs and Border Protection
Securing America's Borders

SAMPLE

OMB No. 1651-0111
Expiration Date: 11/00/2014

Admission (I-94) Number Retrieval

Admission (I-94) Record Number: 46119314110

Admit Until Date (MM/DD/YYYY):

Details provided on Admission (I-94) form:

Family Name:	Doe
First (Given) Name:	John
Birth Date (MM/DD/YYYY):	01/02/1973
Passport Number:	TG4249033
Passport Country of Issuance:	China
Most Recent Date of Entry (MM/DD/YYYY):	03/18/2012
Class of Admission:	F1

SAMPLE

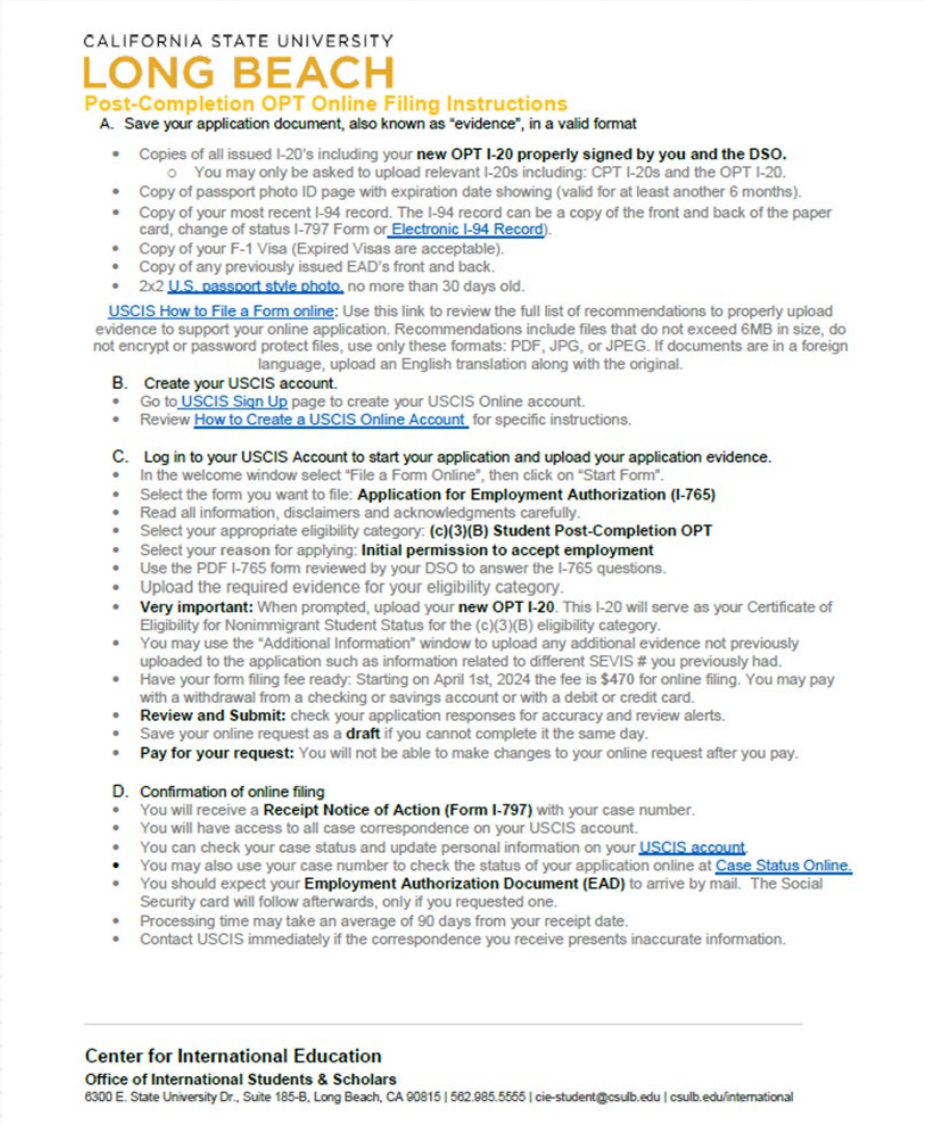
Effective April 26, 2013, DHS began automating the admission process. An alien lawfully admitted or paroled into the U.S. is no longer required to be in possession of a preprinted Form I-94. A record of admission printed from the CBP website constitutes a lawful record of admission. See 8 CFR § 1.4(d).

If an employer, local, state or federal agency requests admission information, present your admission (I-94) number along with any additional required documents requested by that employer or agency.

Note: For security reasons, we recommend that you close your browser after you have finished retrieving your I-94 number.

• Coversheet & OPT I-20

- ❑ You will receive your OPT I-20, and your Coversheet from the ISS Advisor
- ❑ Follow the instruction on your Coversheet to Create a USCIS Account and **file your OPT application online.**



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Post-Completion OPT Online Filing Instructions

A. **Save your application document, also known as "evidence", in a valid format**

- Copies of all issued I-20's including your **new OPT I-20 properly signed by you and the DSO.**
  - You may only be asked to upload relevant I-20s including: CPT I-20s and the OPT I-20.
- Copy of passport photo ID page with expiration date showing (valid for at least another 6 months).
- Copy of your most recent I-94 record. The I-94 record can be a copy of the front and back of the paper card, change of status I-797 Form or Electronic I-94 Record).
- Copy of your F-1 Visa (Expired Visas are acceptable).
- Copy of any previously issued EAD's front and back.
- 2x2 U.S. passport style photo, no more than 30 days old.

USCIS How to File a Form online: Use this link to review the full list of recommendations to properly upload evidence to support your online application. Recommendations include files that do not exceed 6MB in size, do not encrypt or password protect files, use only these formats: PDF, JPG, or JPEG. If documents are in a foreign language, upload an English translation along with the original.

B. **Create your USCIS account.**
- Go to USCIS Sign Up page to create your USCIS Online account.
- Review How to Create a USCIS Online Account for specific instructions.

C. **Log in to your USCIS Account to start your application and upload your application evidence.**
- In the welcome window select "File a Form Online", then click on "Start Form".
- Select the form you want to file: **Application for Employment Authorization (I-765)**
- Read all information, disclaimers and acknowledgments carefully.
- Select your appropriate eligibility category: **(c)(3)(B) Student Post-Completion OPT**
- Select your reason for applying: **Initial permission to accept employment**
- Use the PDF I-765 form reviewed by your DSO to answer the I-765 questions.
- Upload the required evidence for your eligibility category.
- **Very important:** When prompted, upload your **new OPT I-20**. This I-20 will serve as your Certificate of Eligibility for Nonimmigrant Student Status for the (c)(3)(B) eligibility category.
- You may use the "Additional Information" window to upload any additional evidence not previously uploaded to the application such as information related to different SEVIS # you previously had.
- Have your form filing fee ready: Starting on April 1st, 2024 the fee is $470 for online filing. You may pay with a withdrawal from a checking or savings account or with a debit or credit card.
- **Review and Submit:** check your application responses for accuracy and review alerts.
- Save your online request as a **draft** if you cannot complete it the same day.
- **Pay for your request:** You will not be able to make changes to your online request after you pay.

D. Confirmation of online filing
- You will receive a **Receipt Notice of Action (Form I-797)** with your case number.
- You will have access to all case correspondence on your USCIS account.
- You can check your case status and update personal information on your USCIS account.
- You may also use your case number to check the status of your application online at Case Status Online.
- You should expect your **Employment Authorization Document (EAD)** to arrive by mail. The Social Security card will follow afterwards, only if you requested one.
- Processing time may take an average of 90 days from your receipt date.
- Contact USCIS immediately if the correspondence you receive presents inaccurate information.

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Office of International Students & Scholars
6300 E. State University Dr., Suite 185-B, Long Beach, CA 90815 | 562.985.5555 | cie-student@csulb.edu | csulb.edu/international

Filing Deadline

- You must **file your OPT I-20 with form i-765 within 30 days** from the original OPT request date indicated in SEVIS.
- This date usually coincides with the date OPT I-20 was signed by the DSO.
- ***Reminder:*** You can file Form I-765 <u>90 days before</u> your program end date, but no later than <u>60 days after</u>.

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File form I-765 to USCIS (ONLINE FILING)

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Preparing to file Form I-765

1
- Gather Form I-765 Supporting Documents
- Prepare Form I-765 Filing Fee
- Prepare Valid passport Pictures

2
- Create USCIS Account

3
- Complete the Online filing and payment for Post-completion OPT.
- Track your application progress.

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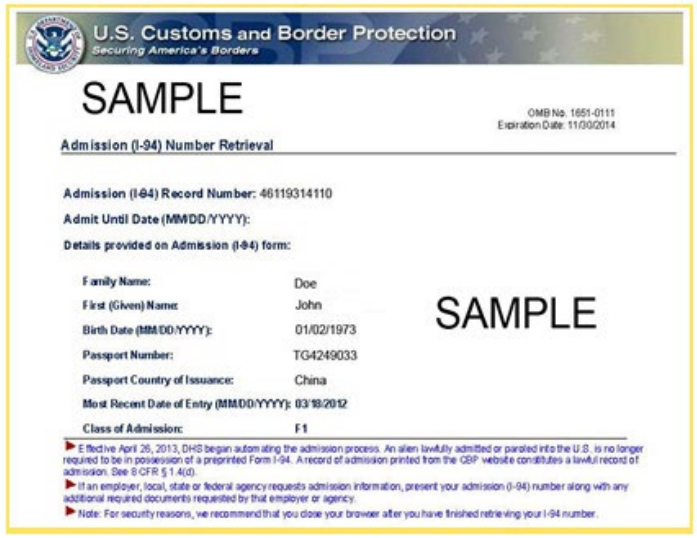
Form I-765 Supporting Documents

- Copy of Passport (must be valid for 6 months in the future)
- Copy F-1 Visa (it is ok if expired)
- Copy of I-94 Card or I-94 record- go to www.cbp.gov/I94 to print you most recent record
- Copy of relevant CPT I-20s, prior OPT I-20 & any EADs you received.


U.S. Customs and Border Protection
Securing America's Borders

SAMPLE

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Department of Homeland Security
U.S. Immigration and Customs Enforcement

I-20, Certificate of Eligibility for Nonimmigrant Student Status
OMB NO. 1653-0038

SEVIS ID: N0004720633

Class of Admission: F-1 ACADEMIC AND LANGUAGE

SCHOOL INFORMATION

PROGRAM OF STUDY

FINANCIALS

REMARKS

SCHOOL ATTESTATION

STUDENT ATTESTATION

ICE Form I-20 A-B (03/13/2008)

Page 1 of 3

Form I-765 Fees

https://www.uscis.gov/i-765

- Fee for form I-765 is **$470 dollars** (as of July 2024).
- You will be prompted to complete the fee payment online prior to submitting the Form I-765 in your MyUSCIS account.
- Payment can be completed by ***electronic bank transfer or with a credit or debit card***.
- Filing fees are final and non-refundable, regardless of any action USCIS takes on your application, petition, or request, or if you withdraw your request.

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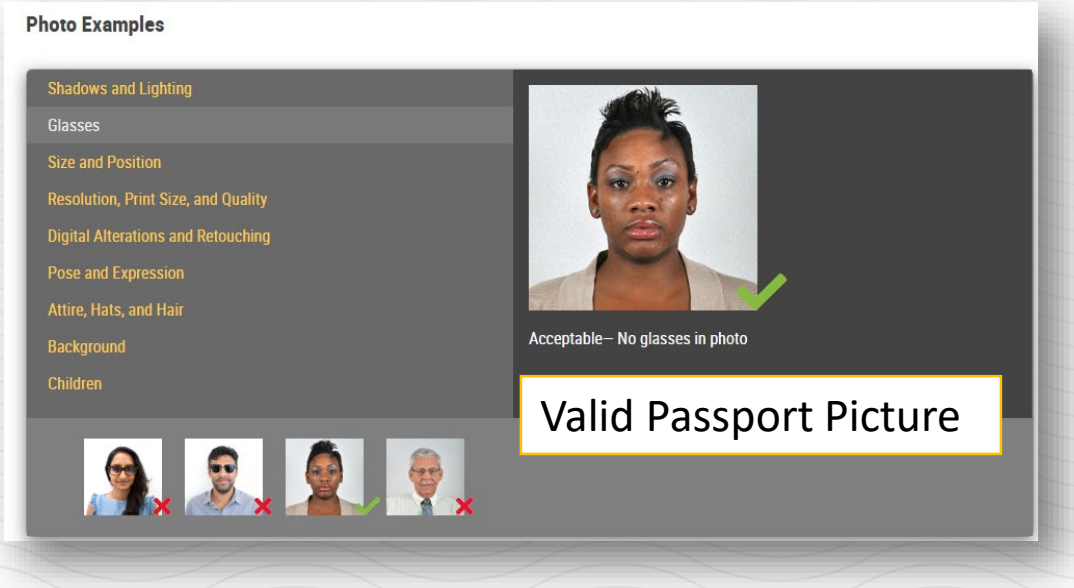
Picture Requirements

https://travel.state.gov/content/travel/en/passports/how-apply/photos.html

- You will need passport style pictures taken within the last 30 days. DO NOT DIGITALLY ALTER YOUR APPEARANCE
- Find photo examples and guidelines in the link provided above.



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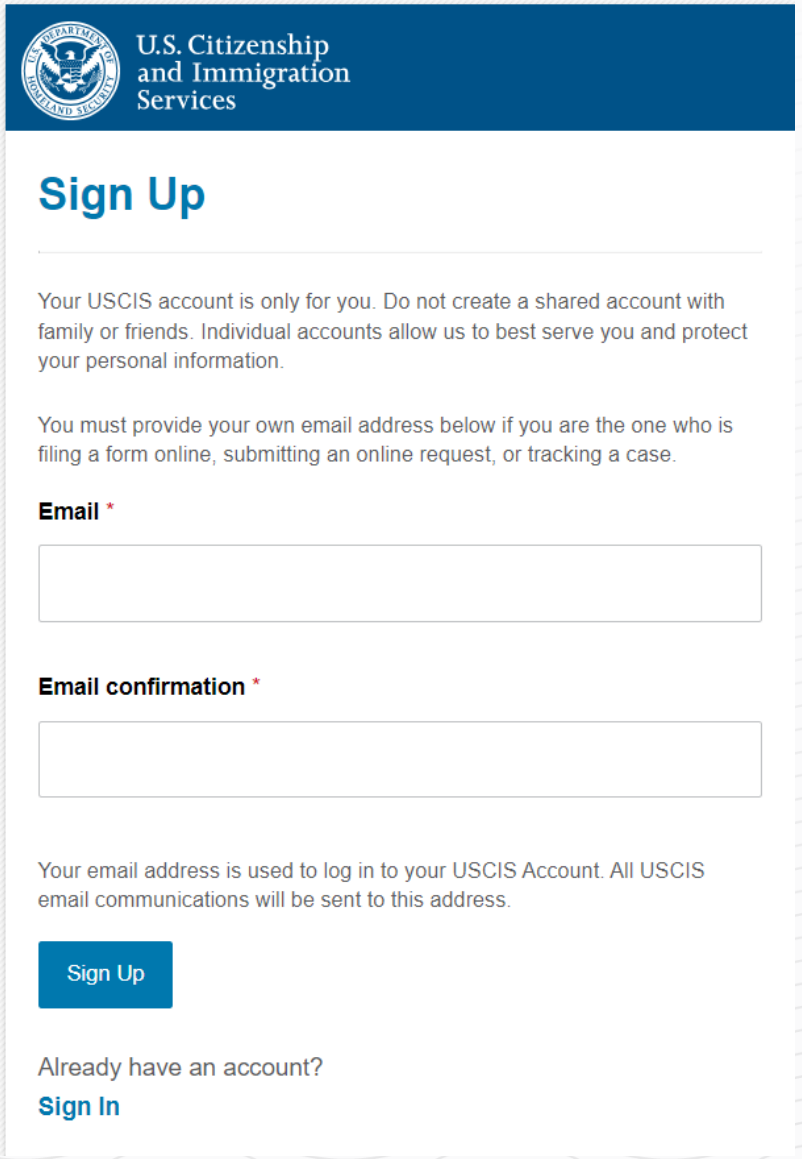
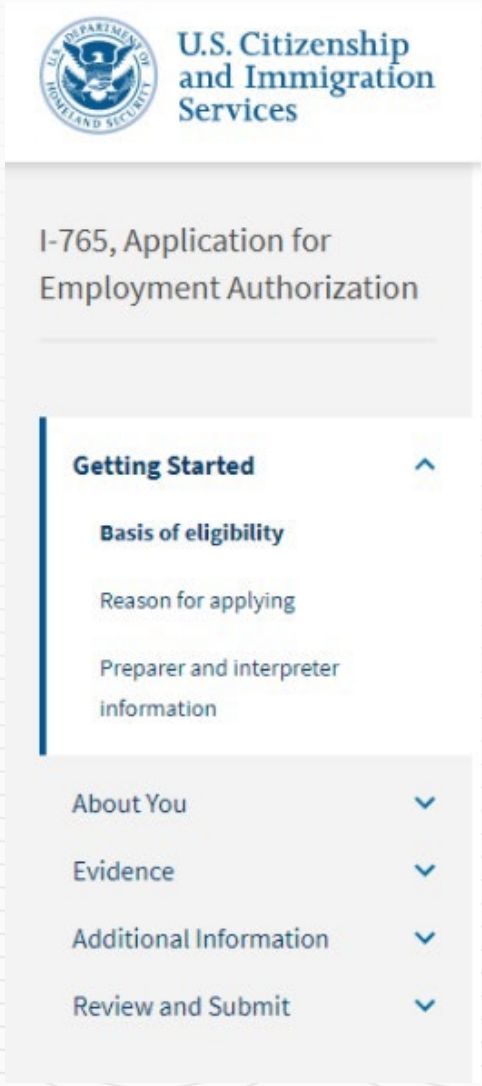
USCIS Account

Create your USCIS account.

- Go to USCIS Sign Up page to create your USCIS Online account.
- Review How to Create a USCIS Online Account for specific instructions



GETTING STARTED



Basis of Eligibility

- What is your eligibility category?
  - Select “Post-completion OPT, (c)(3)(B)”

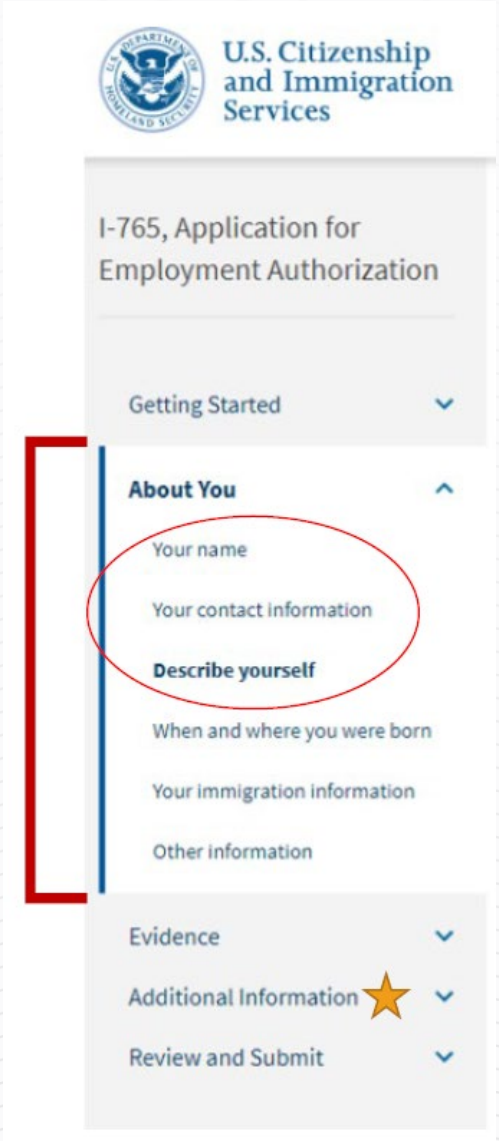
Reason for Applying

- What is your reason for applying?
  - Select Initial permission to accept employment

- **Have you previously filed Form I-765?**
  - Select No if you have not previously applied for work authorization with an I-765
  - Select Yes if you have previously filed an I-765 (provide proof in the “Evidence” section)

Preparer and Interpreter Information

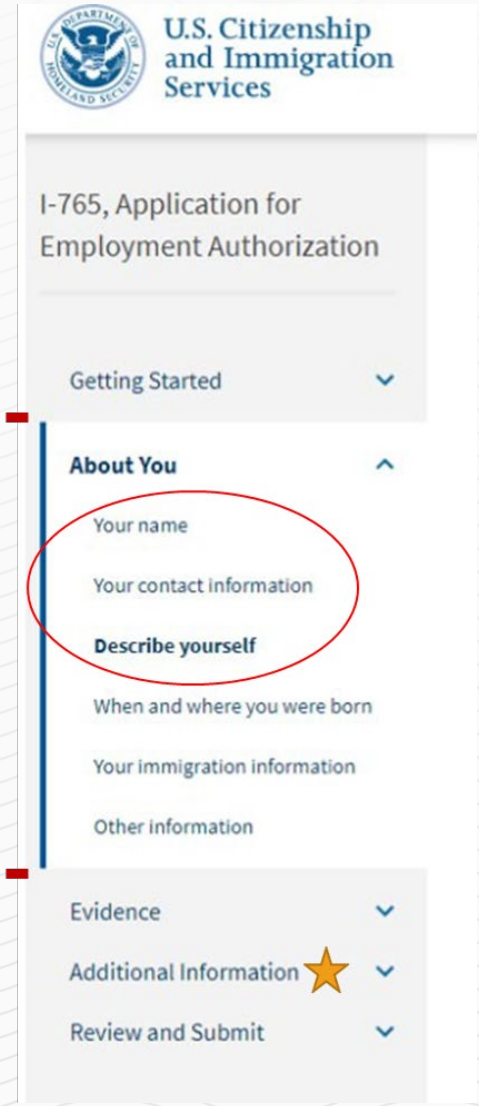
- Is someone assisting you with completing this application?
  - Select No



ABOUT YOU

Your Name

- **What is your current legal name?**
  - Enter your full name as it appears on your passport. If your full name does not fit in the spaces provided, use the Additional Information section to list your full name.
- **Have you used any other names since birth:**
  - You can use this section if you have ever changed your name OR if your name appears differently on different legal documents.
    - If this does not apply to you, select "No".



ABOUT YOU (continued)

Your Contact Information

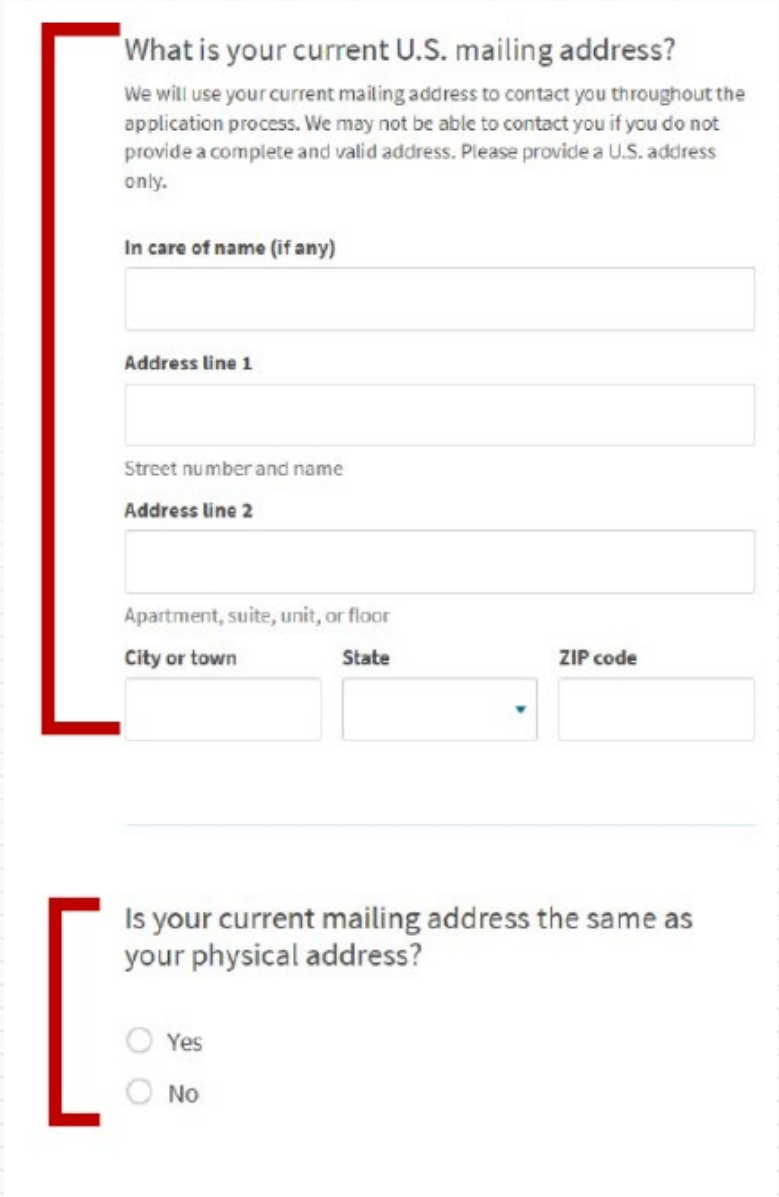
- **How may we contact you?**
  - § Daytime telephone number
  - § Email address (do not use a "u.rochester.edu" email address; it is invalid in the online form)
  - § What is your current U.S. mailing address? (see next page)
  - § Is your current mailing address the same as your physical address? (see next page)

Describe Yourself

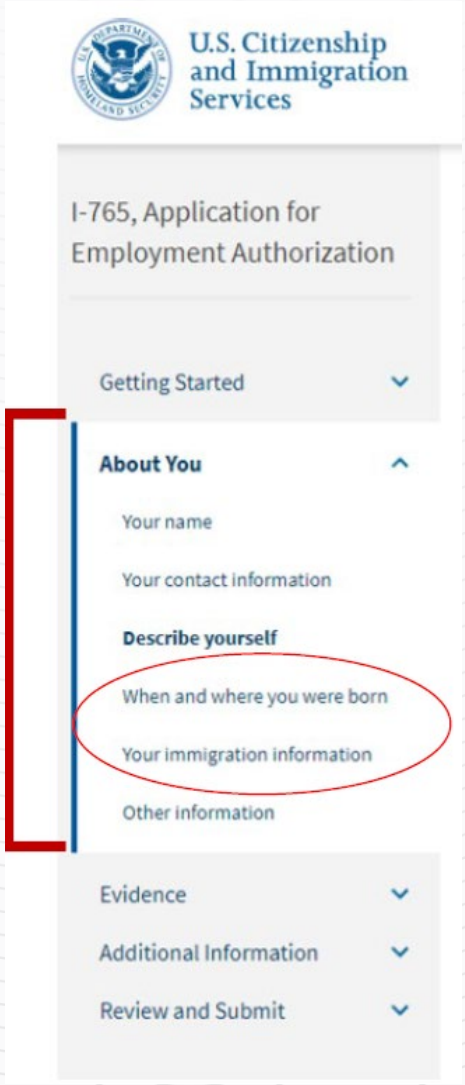
- What is your gender?
  - § Mark the box that best describes you.
- What is your marital status?
  - § Mark the box that best describes you.

US Mailing Address:

- The address you enter here is where your EAD card and any other notices from USCIS will be mailed. This should be an address where you can securely receive mail for the next 6 months.
- If the mailing address you are using is different from where you live, select “No”.
  - You will be prompted to list your current residential address.
  - If the mailing address you are using is the same as your physical address, select “Yes”.



ABOUT YOU (Continued)



When and Where You Were Born

- What is your city/town/village, state/province, and country of birth?
- What is your date of birth? Enter your date of birth in MONTH/DAY/YEAR format.

Your Immigration Information

- What is your country of citizenship or nationality?
  - If you are a citizen or national of more than one country, select + Add Country to add all the countries where you hold citizenship.
  - What is your Form I-94 Arrival-Departure Record Number?
    - You can find this on your I-94 record, when you select Get Most Recent I-94.

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Your Immigration Information (cont)

When did you last arrive in the United States?

- Date of Arrival: You can find this on your I-94 record.
- Place of arrival (Port of Entry): Click on the Travel History button on your I94 record to access this information.
- Status at last arrival: Select F-1 Student

What is the passport number of your most recently issued passport?

What is your travel document number (if any)? You can leave this blank unless you have a travel document other than a passport.

What is the expiration date of your passport or travel document?

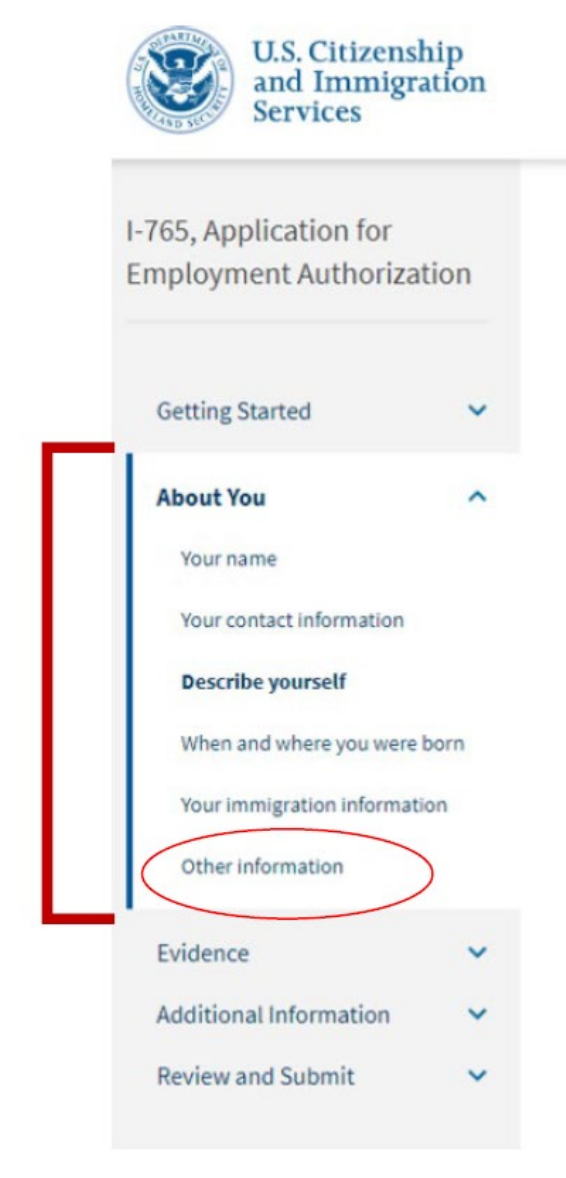
What country issued your passport or travel document?

What is your current immigration status or category?

- Select F-1 Student

What is your Student and Exchange Visitor Information System (SEVIS) Number?

- You can find your SEVIS ID number on your I-20.



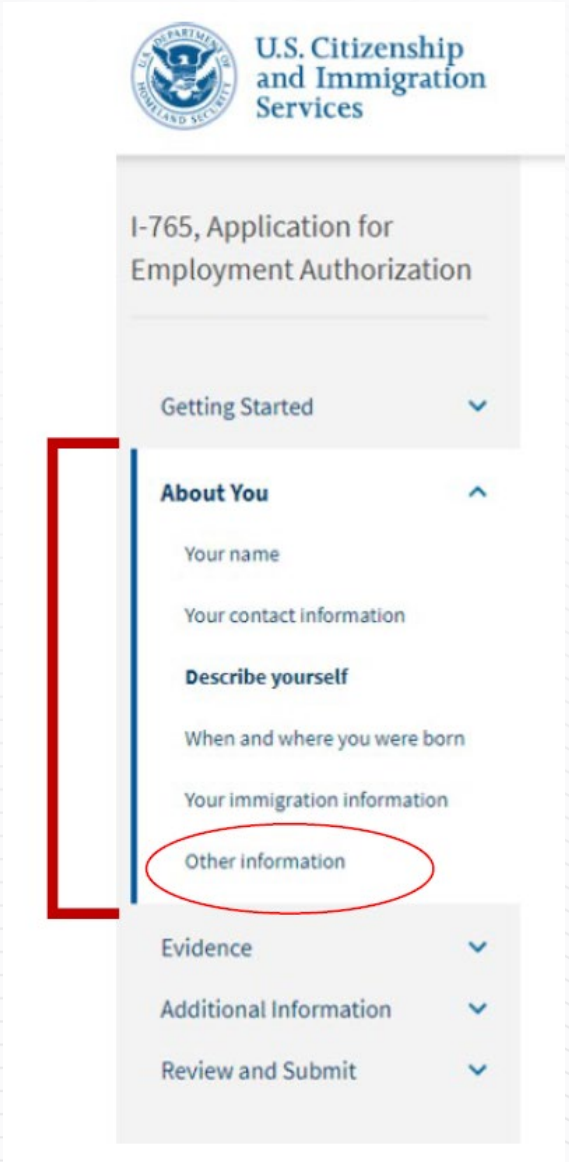
ABOUT YOU

Other Information

- **What is your A-number?**
  - If you have previously applied for OPT, you can enter the 9 -digit “USCIS #” on your current EAD card as your “A - Number”.
  - Otherwise, select “I do not have or know my A-Number.”

- **What is your USCIS Online Account Number?**
  - Select “I do not have or know my USCIS Online Account Number” if applicable.

- **Has the Social Security Administration (SSA) ever officially issued a Social Security Card to you**
  - Select Yes or No.

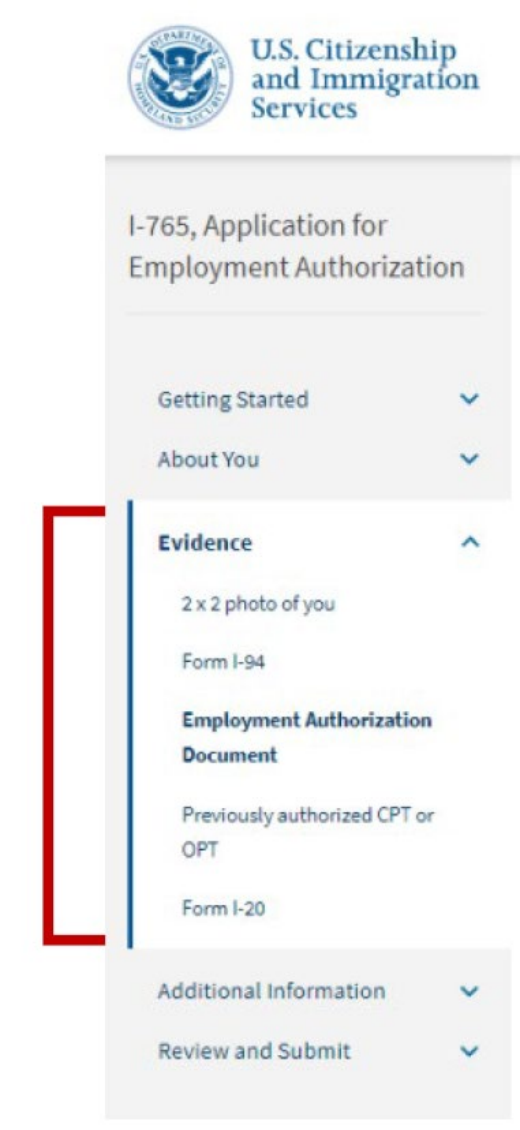


ABOUT YOU (Cont.)

- **Do you want the SSA to issue you a Social Security card?**
  - Select No IF you already have an SSN card.
  - Select Yes IF you do not have an SSN or have lost your card. You will be prompted to complete additional information so SSA can issue you a social security card.

Being approved for OPT automatically makes you eligible for a Social Security Number, so you can apply for one along with your OPT application. Your Social Security Card will be sent to the mailing address used for this application.

Evidence



2x2 Photo of you:

- Upload a passport photo that meets USCIS specifications. Local convenience stores (such as CVS) may provide digital passport photos. Use the photo tool to upload your photo and ensure it meets the photo requirements.

Form I-94:

- Upload a COPY of your I-94 record. You can look up your most recent I-94 online.

Employment Authorization Document:

- Upload a COPY of your Passport ID page
- Upload a front-and-back COPY of any previous/current EAD(s) (if applicable)

Evidence (Cont.)

Previously authorized CPT or OPT:

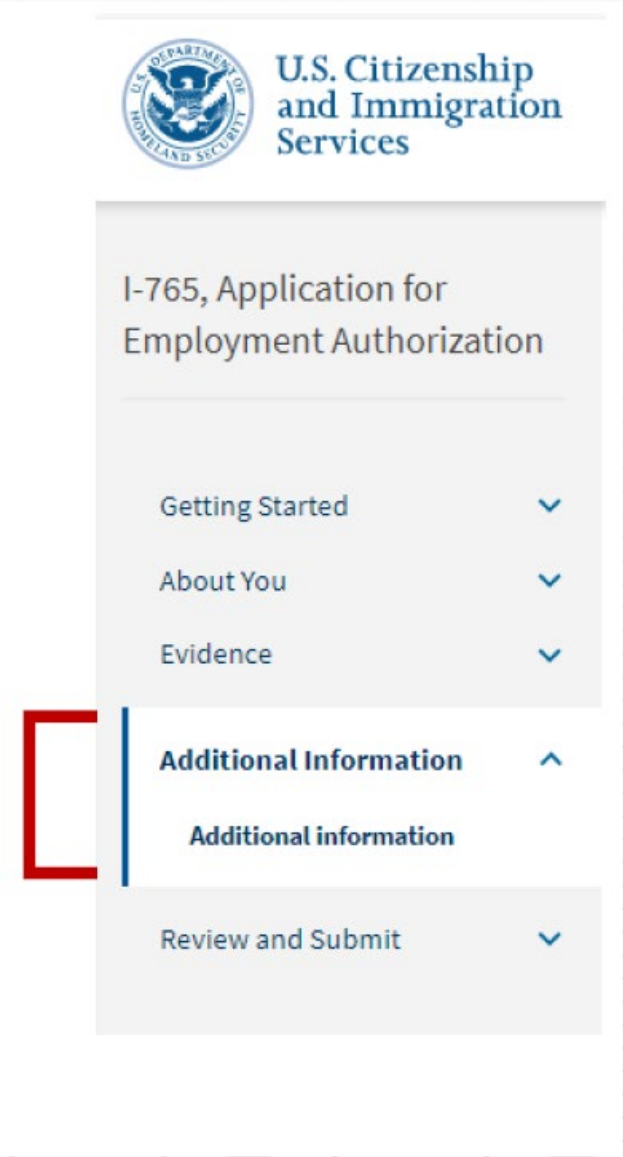
- Upload a COPY of previous I-20s with CPT or OPT information (if applicable)

Form I-20:

- Upload a COPY of your OPT Recommendation(after you have printed and signed/dated the I-20 in blue ink)

Tips for Uploading Evidence

- **Make sure each image is clear and that all text is readable.**
- **You can upload multiple files in each section, if needed.**
- **Files must not be larger than 6MB.**
- **Files must be in one of these formats: PDF, JPG, or JPEG. For some forms, USCIS also accepts files in TIF or TIFF format.**
- **Do not encrypt or password protect your files.**



Additional Information

(as applicable to your situation)

USE THIS SECTION IF:

- Your full name could not fit in the *About You section*.
  - Example: Complete legal name: Last name:____, First name: _____, Middle Name: _____
- Your I-94 record does not list your most recent entry.
  - Example explanation: Public I-94 record system was not updated after most recent travel to Canada. The I-94 record uploaded in the "Evidence" section does not reflect my most recent entry to the United States referenced in the "About You- Your Immigration Information" section.

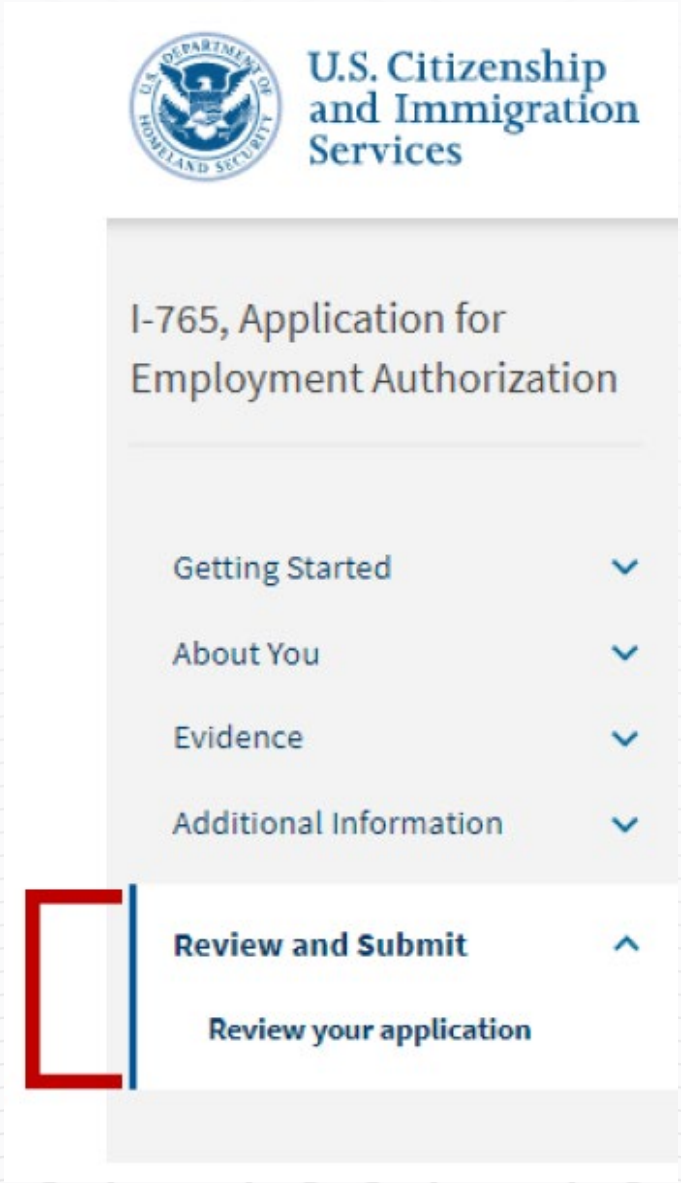
Additional Information (Cont)

(as applicable to your situation)

- You've had any previous SEVIS ID Numbers:
  - Section: About You, Page: Your Immigration Information

  Additional Information: List your previous SEVIS ID number and the degree level (High School, Bachelor's Master's, etc.) associated with that SEVIS ID.

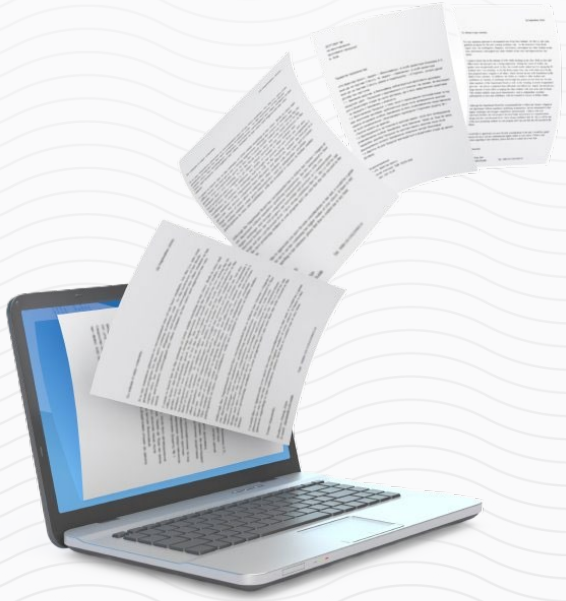
- You've had previously authorized CPT or OPT and do not have former I-20's with these details.
  - **Section** Evidence Page: Previously authorized CPT or OPT **Additional Information:** List the type of previously authorized practical training (CPT, OPT, etc.), the dates of previously authorized practical training, the degree Level (Bachelor's, Master's, PhD, etc.), the application status (approved, denied, or withdrawn), and the Receipt or Card Number (if applicable and known).



Review & Submit

- **Review your application:** CIE recommends that you review your application before submitting to USCIS.
- **Read and agree to the "Applicant's Statement"**.
- **Digitally sign**
- **Pay the application fee:** The system will direct you to Pay.gov, a US government payment site, to pay the required I-765 application fee. You will be able to pay using a US credit / debit card or through an ACH transfer (direct withdrawal) from your US checking account.

Review & Submit (Cont)



- **Submit your application!** After submission, your application will automatically be assigned a USCIS receipt number. You can print out an electronic receipt from your myUSCIS account portal. A paper receipt notice will follow in the mail a few weeks later.

IMPORTANT: Once you submit your payment information and the payment is successfully received, USCIS considers your application OFFICIALLY SUBMITTED. You cannot change or edit your I-765 application responses after payment has been submitted

Common Mistakes to Avoid

1. Application is not submitted within the timeframe.
2. Application is incomplete/missing the OPT I-20.
3. Payment issues: i.e. money not available, wrong fee amount, etc.
4. Pictures do not follow requirements. Review the picture requirement here or on our website.
5. Failure to respond to the an RFE by the given deadline.
   - *What is a Request for further Evidence (RFE)?*
     - v An RFE is a formal notice sent by the immigration adjudicator reviewing your OPT application for: missing documents, better pictures, clarification of information
     - v Must respond within 60 days

• Application Progress & Status Updates

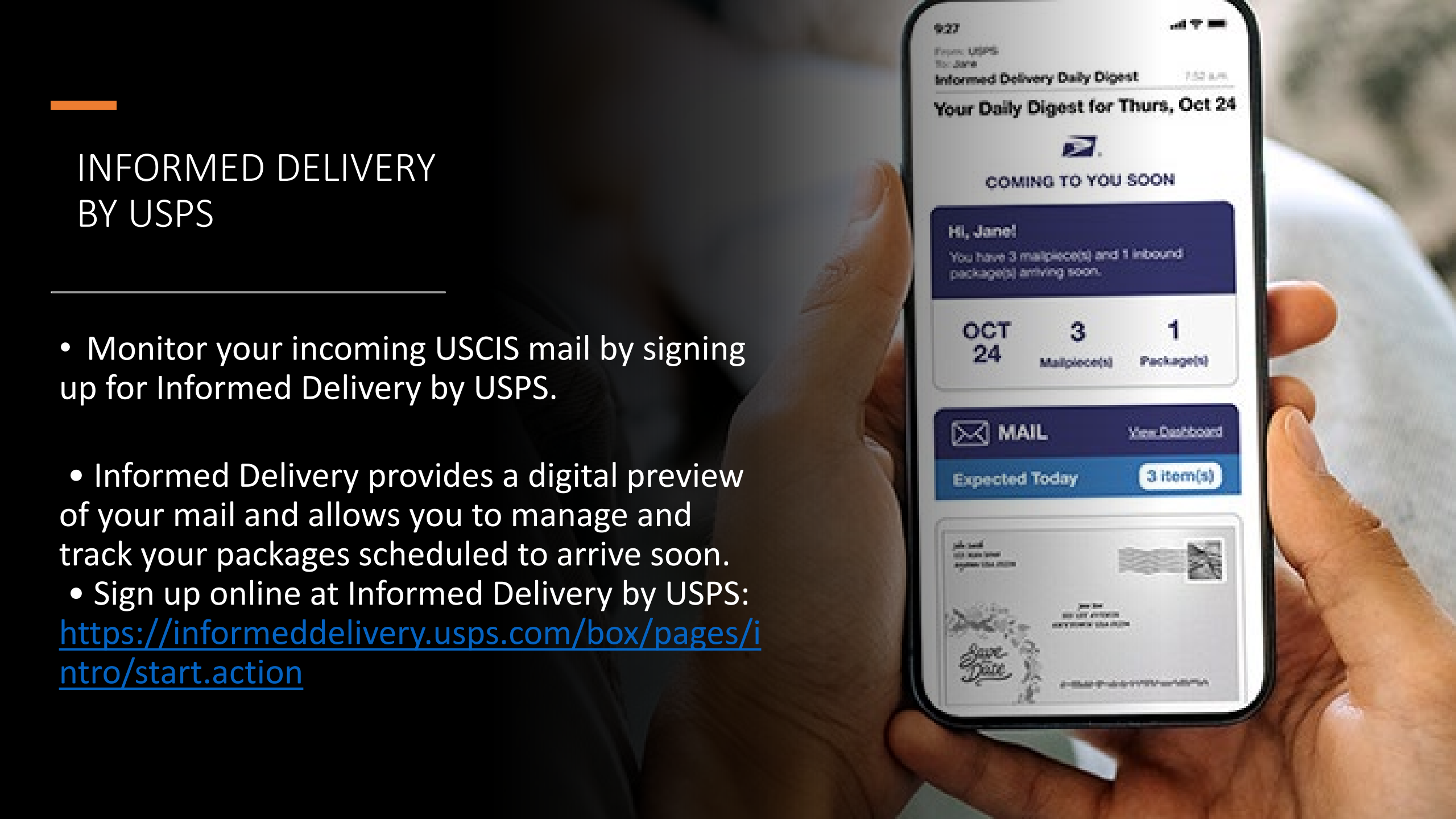
USCIS Contact Center
Dial 800-375-5283

- ❑ You will have the receipt notice (Form I-797) immediately after completing the online filing.
- ❑ Use the case number to check the status of your application online and case correspondence. at https://egov.uscis.gov/casestatus/landing.do
- ❑ Use the online tools to submit inquiries to USCIS about your application.
- ❑ You should expect your **Employment Authorization Document (EAD)** to arrive by mail. The Social Security card will follow afterwards, only if you requested one.
- ❑ Notify USCIS immediately if you notice mistakes in form I-797.

INFORMED DELIVERY BY USPS

- Monitor your incoming USCIS mail by signing up for Informed Delivery by USPS.

- Informed Delivery provides a digital preview of your mail and allows you to manage and track your packages scheduled to arrive soon.
- Sign up online at Informed Delivery by USPS: https://informeddelivery.usps.com/box/pages/intro/start.action



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Maintain F-1 Status while Completing Post-Completion OPT

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Employment

•Begin Training

- ❑ Verify the Information in your EAD is correct
- ❑ You can start your employment on the Valid Date printed on the EAD.

- ❑ You will receive your Social Security Card in the mail shortly after your OPT approval, for questions go to **www.ssa.gov**

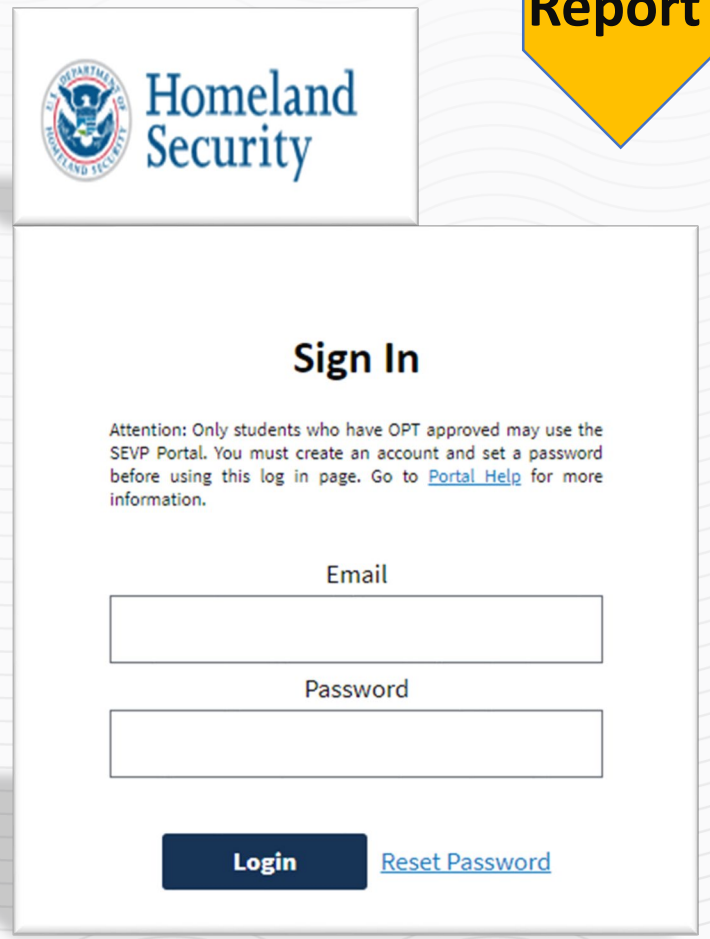
Employment

• Train within your field of study

- ❑ All training opportunities must be related to your major. For assistance with this requirement, use these resources:
  - https://bigfuture.collegeboard.org/majors-careers
  - https://www.onetonline.org
  - https://nces.ed.gov/ipeds/cipcode/Oefault.aspx?y=55
- ❑ You begin your employment only on the EAD start date & end employment on the EAD expiration date.
- ❑ You must train a minimum of 20 hours per week.
- ❑ You must not be unemployed more than 90 days for the duration of your OPT approved period.
- ❑ Your SEVIS record will automatically **terminate** when you accumulate 90 cumulative unemployment days.

Valid Employment Categories

- Regular paid employment
- Single full-time, or multiple part-time jobs
- Multiple, short-term employers
- Work for hire / independent contractor
- Self-employed business owner
- Employment through an agency
- Volunteer / Unpaid internship
  (where Labor Regulations are not in violation)



Report

- Report updates within 10 days from the change

- ❑ Your SEVP Portal will help you update your record accordingly.
- ❑ The SEVP Portal will be accessible to you only **after** OPT is approved.
- ❑ You will receive an email to set up your individual SEVP Portal from **do-not-reply.sevp@ice.dhs.gov** on day 1 of your approved OPT period.

- ❑ Use the SEVP Portal to report the following information *except email*:
  * **Physical home address.**
  * **Mailing address.**
  * **Telephone numbers.**
  * **Employment information, including unemployment periods.**

- ❑ After you set up your SEVP Portal you can access it at https://sevp.ice.gov/opt
- ❑ For help with the SEVP Portal visit SEVP PORTAL HELP or contact an International Student Advisor/DSO.
- ❑ You are encouraged to use Request Documents or Signatures | California State University Long Beach (csulb.edu) to summit changes to your preferred email address or a request to reset your SEVP portal

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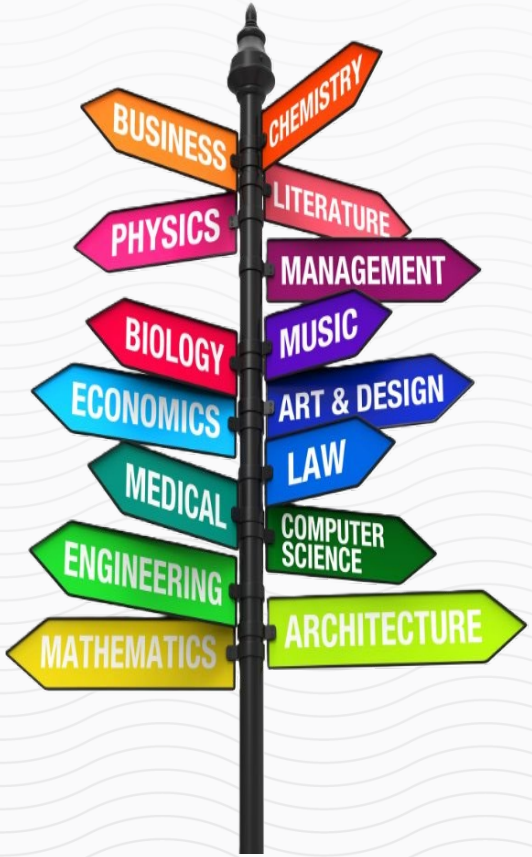

Is your job related to your major?
Sample Descriptions for the SEVP Portal

- Bachelor's degree in Electrical Engineering: I work full time as an Electrical Engineer at ABC Corp., a government contractor. In my job, I analyze client requirements for electrical systems and provide them with cost estimates of such systems. My work requires understanding of electrical circuit theory, which I studied in-depth at the University of ABC.
- Bachelor's degree in Business: I work full time as a Loan Officer at a mortgage company, Happy Homes, where I meet with clients and evaluate, authorize and recommend approval of loan applications. On a daily basis, I use the knowledge I gained in my credit analysis, sales and marketing classes that I took as part of my major program of study.
- Master's degree in Music: I am working at a hospital playing the harp in patient rooms. I also conduct hands-on harp beginner workshops for long-term patients. On average, I work at the hospital 35 hours a week. My duties directly utilize the skills and knowledge I acquired from my coursework and degree in music therapy.

Travel & Insurance requirements

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TRAVEL

- Travel is **NEVER** recommended when your application is pending AFTER your academic program already ended.
- Travel may be ok before program end date under certain circumstances but always ask an International Student Advisor first!

How to Re-Enter Safely

- ❑ Valid Passport
- ❑ Valid F-1 Visa Stamp
- ❑ Freshly Signed OPT I-20
  - Request a travel signature online [Request Documents or Signatures | California State University Long Beach (csulb.edu)]
- ❑ EAD Card
- ❑ Letter from your Employer
- ❑ Contact information for the designated school official (DSO) at your school

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INSURANCE

- Purchasing Health Insurance is not required but ABSOLUTELY recommended!

https://jcbins.com/

OPT Students may enroll in the **JCB Plan** on a voluntary basis.

- ❑ OPT students may purchase a maximum of 12 consecutive months of coverage from the OPT effective date.
- ❑ OPT extension coverage beyond 12 months is not allowed.
- ❑ Enrollment must be completed **within 30 days** of the expiration of prior coverage on the schools' student health insurance plan. A gap in coverage is not allowed.
- ❑ A copy of a valid EAD or OPT application or receipt (I-765 or I-797c) is required to enroll.
- ❑Inquired with ISS Advisor about ***alternative insurance providers*** for OPT students.

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Ending Post-Completion OPT

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End of OPT

You have a 60 Day Grace Period **but only if you have been maintaining F1 status through OPT.** Below are your options.

1. Depart the U.S.

2. Complete a transfer to another college/university to study full-time again

3. Complete a change of program level here at CSULB (i.e. B.A., M.A.)

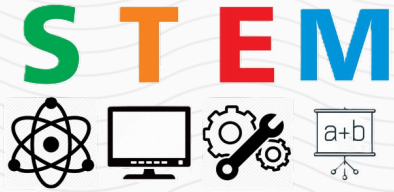
4. Seek a Change of Status to a different visa type

Cap Gap

- Students who are eligible for a Cap-Gap extension of post-completion OPT employment and F1-status may request an updated I-20 from a DSO.

24 Month STEM OPT Extension

- Students who are eligible MUST apply 90 days before OPT expires.



Helpful Resources

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Career Development Center (CDC) Resources

College Job and Internship feeds

College of Business Job & Internship Feed

College of Education Job & Internship Feed

College of Engineering Job & Internship Feed

College of Health & Human Services Job & Internship Feed

College of Liberal Arts Job & Internship Feed

College of Natural Sciences & Mathematics Job & Internship Feed

College of The Arts Job & Internship Feed

Job Search Club | Virtual

Every Tuesday, 12:00 P.M. - 1:00 P.M. , July 16 - August 6

If you are an alumnus and need some motivation in your job search, join this weekly virtual meeting of fellow CSULB job seekers. Share your struggles and successes with others who know what you're going through; you don't have to go through the job search process alone!

RSVP Here

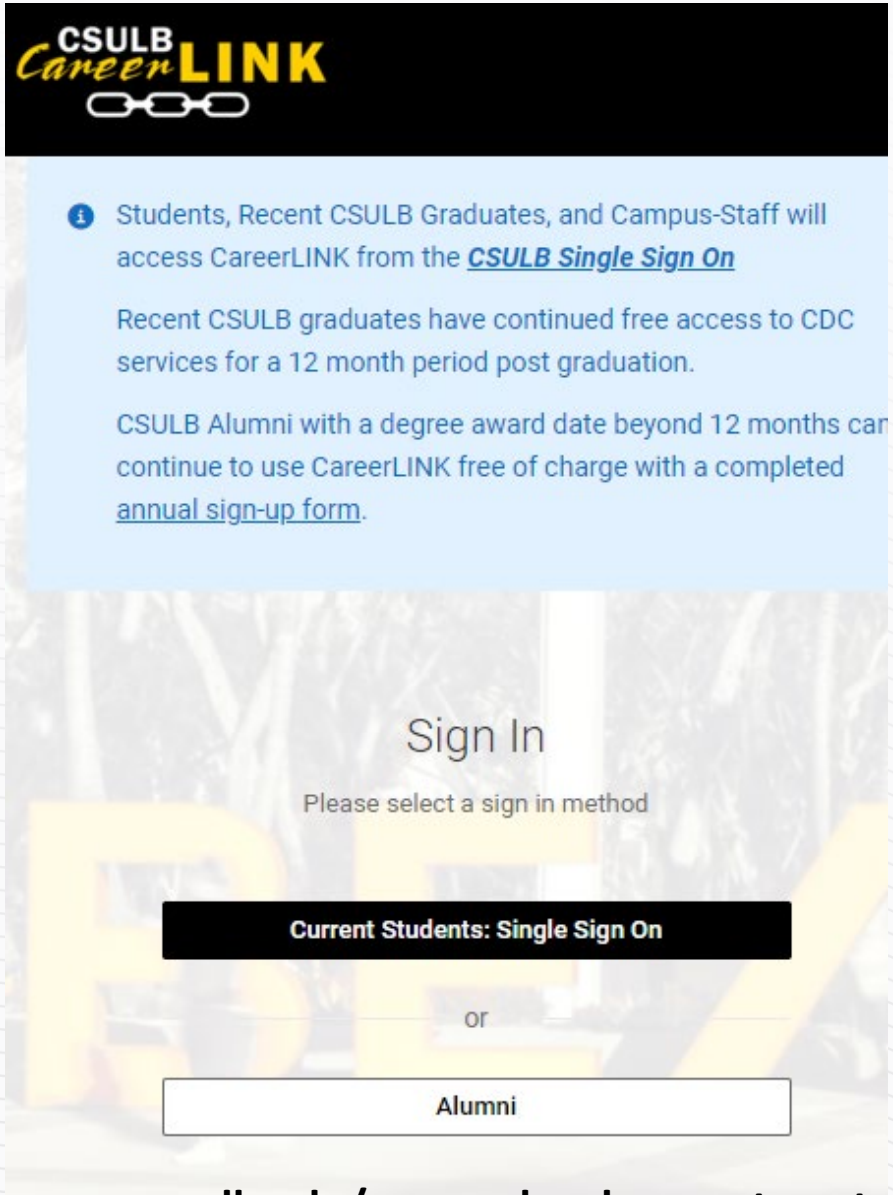
Visit Careerlink here for more events.

Beach Nexus

Beach Nexus is CSULB's exclusive online mentoring and professional network that connects alumni, students and community.

GoinGlobal

International students can find employers who have sponsored in the past (H1B visas).

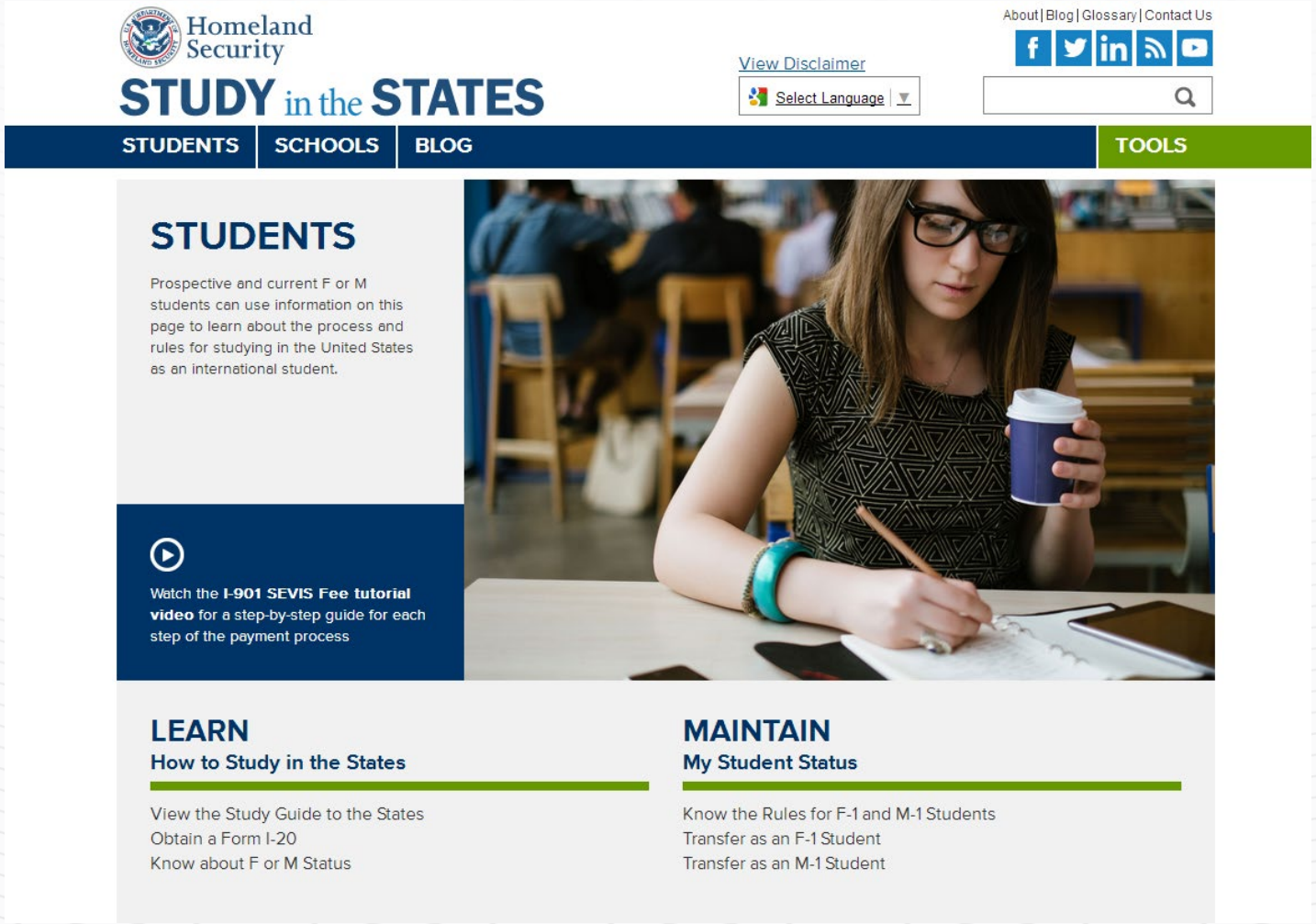


www.csulb.edu/career-development-center

Beach Connect- Advising

- Online: **sso.csulb.edu**
  - Meet with your immigration advisors
  - Access university resources

Visit studyinthestates.dhs.gov/students



Center for International Education
International Student Services

Office Hours:

Monday – Thursday: 9:00 am – 12:00 pm, 1:00 pm to 4:00 pm

Friday, 9:00 am – 3:00 pm

Closed everyday 12:00 pm – 1:00 pm

Location: FND 185B

Email:

- cie-student@csulb.edu

Website and social media:

- International Students and Scholars | California State University Long Beach (csulb.edu)
- **Facebook:** CSULB International Student Services
- **Instagram:** CSULB_ISS