



OUR STORY

As a partnership between California State University Long Beach and St. Mary Medical Center, the LBTRC was founded to address barriers to mental health services in diverse communities. We seek to improve the daily lives of people affected by violence, crime, and trauma by providing them with comprehensive services.

LBTRC

LONG BEACH TRAUMA RECOVERY CENTER

Monday-Friday
8:30 am - 5:00 pm
www.ced.csulb.edu/LBTRC



/CSULBLBTRC



@LBTRC

Contact Us For More Info



562-985-1366



1250 N Bellflower Blvd
Long Beach, CA 90840
Building ED-2, Room 155



LBTRC@csulb.edu



562-985-1366

LONG BEACH TRAUMA RECOVERY CENTER

A BRIDGE TO HEALING

Mental health services for survivors
of trauma and crime.



1250 N Bellflower Blvd.
Long Beach, CA 90840
562-985-1366

WHAT WE DO

We provide mental health and case management services to people who have experienced a traumatic event, are a victim of a crime, and/or are family members of a victim. Our services are provided at no cost and can be provided in Spanish.

TRAUMATIC EVENTS MAY INCLUDE:

- Sexual assault
- Domestic violence
- Human trafficking
- Shooting
- Stabbing
- Physical assault
- Community violence
- Death of a loved one
- Motor vehicle assault
- Natural disaster
- Childhood abuse
- Elder abuse

OUR SERVICES

- 01 Individual therapy
Group therapy
- 02 Psychiatric medication referral
- 03 Case management: Shelter, food, housing, assistance with applying for CalVCB
- 04 Outreach, education, and trainings



OUR MISSION

To create a better quality of life by bringing mental health care, advocacy, outreach, education, and evidence-based services to diverse victims of trauma and their families.

OUR PARTNERS

The LBTRC works with several organizations in the community who are committed to our success:

- California Victim Compensation Board
 - California Endowment Fund
 - St. Mary Medical Center Foundation
 - Long Beach Police Department
 - Long Beach City Prosecutor's Office
 - Long Beach City Manager's Office
 - Los Angeles District Attorney's Office
 - Women Shelter of Long Beach
 - CAST LA
-