

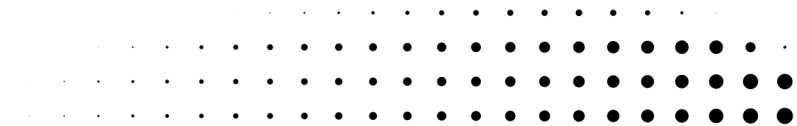


GRADUATE PROGRAM APPLIED NUTRITION & DIETETICS

CALIFORNIA STATE UNIVERSITY, LONG BEACH

GP Information Session
March 18, 2025

Dr. Rachel Blaine, DSc, MPH, RDN
Mr. James Childers MS, RD





AGENDA

- Introductions
- About CSULB and Long Beach (Mr. Childers)
- Intro to the GP@CSULB (Dr. Blaine)
- A Day in the Life of a GP Student (Mr. Childers)
- Open Q&A Time



Life at the Beach



- #1 most-applied-to campus in the Cal State System
- Google: CSULB campus resources to see the complete list
- Lots of unique spots and entertainment on campus
- 300+ student organizations including the Student Dietetic Association, Students Active in Community Health, and the Food Science Club
- Close knit community and staff that prioritizes student success

GO BEACH



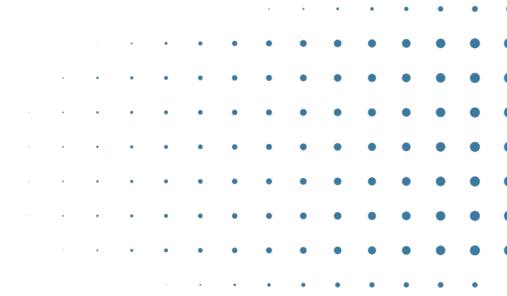
Commuting/Life by the Beach

- Maintaining my job
- Save money
- Being close to friends
- Carpooling
- Multiple routes
- 10 minutes from Seal Beach
- Aquarium of the Pacific
- Long Beach Convention Center
- Whale watching
- Swan boat riding





WHAT'S A GP?

- ACEND accredited “Graduate Program/GP” - a new option in place of the “Dietetic Internship/DI”
 - Results in a M.S. in Applied Nutrition and Dietetics and readiness to take the RDN exam
 - More integrated approach to training RDNs
- 





GP vs DI+MS Differences

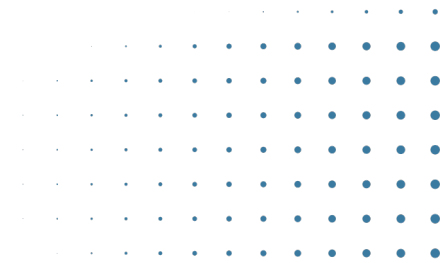
- No DPD Verification Statement required
- Set pre-reqs required for all applicants (DPD or not)
- Graduate coursework integrated with supervised learning hours
- Competency-based training
- Accelerated pace
- No one is an “intern” – all are “graduate students”





GP vs DI+MS Similarities

- Complete at least 1,000+ supervised hours across clinical, community, food service, and other nutrition settings
- Grads must achieve competency across various practice areas
- Grads receive a Master's degree and readiness for RDN exam



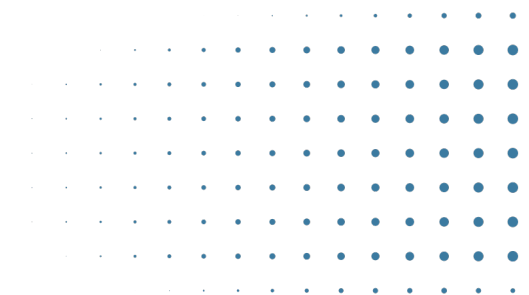
Careers





GP@CSULB Mission

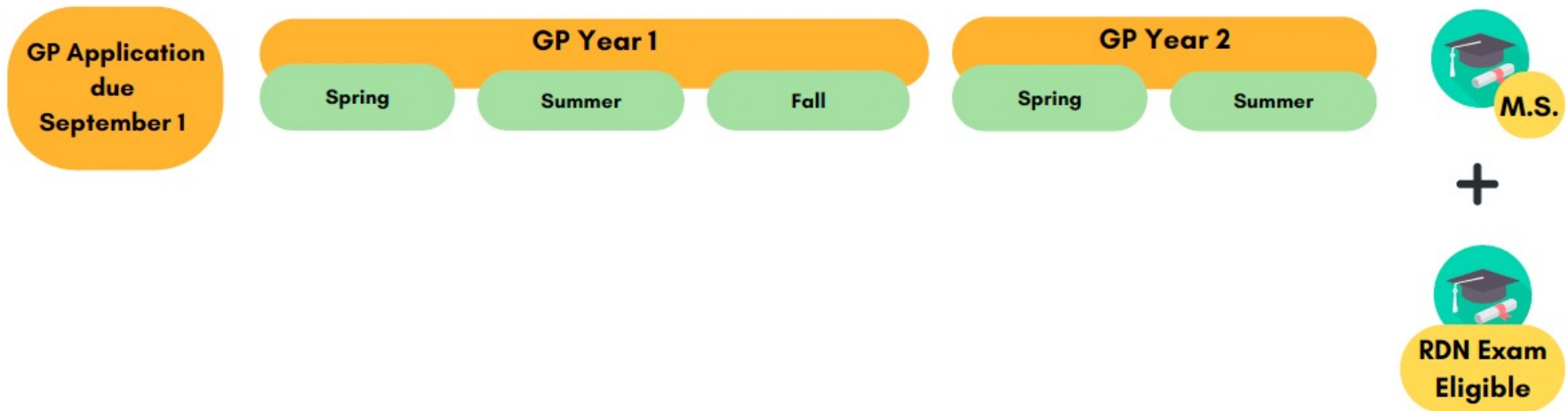
To train graduates for **evidence-based practice** as registered dietitian nutritionists equipped to **solve problems**, serve diverse populations with **cultural humility**, and **advocate for good** in their workplaces and communities.





Curriculum Summary

- Full-time, 19-months
- Start in January, ends in August of Year 2



Year 1

In-Seat Classes

Spring

- **Nutrition Assessment**
- **Evidence-Based Practice and Research Methods**
- **Community Nutrition Programs and Policies**
- **Foodservice for a Diverse Population**



Summer

- **Medical Nutrition Therapy I**
- **Culturally Sensitive Nutrition Counseling and Education**
- **Career Success Strategies for Nutrition Professionals (1 unit)**
- **Eating for the Planet: Sustainability and Food Systems (1 unit)**

Fall

- **Elective course for special emphasis**
- **Managing People, Budgets, and Problems in Food and Nutrition Settings**
- **Medical Nutrition Therapy II**
- **Supervised Experiential Learning - Community Nutrition Settings (Tues-Friday)**

Year 2

Spring

- **Dreams to Dollars: Marketing, Entrepreneurship, and Grant Writing for Nutrition**
- **Practice Applications: Nutritional Genomics, Pharmacology, and Supplements**
- **Capstone project or thesis course**
- **Supervised Experiential Learning - Clinical A (Tues-Friday)**

Summer

- **Supervised Experiential Learning - Clinical B, Food Systems Management, Special Emphasis (Monday-Friday)**

Distance option in Year 2

All Year 2 courses online and experiential learning can occur anywhere in California



V 6-1-24

Sample Schedule

Year 1

Spring:

- Classes only
- 2-3 full days/week in person

Summer:

- Classes only
- 2-3 full days/week in person

Fall:

- Mondays: Class all day/into evening
- Wednesday: Night class possible
- Tues-Fri: 20 hours/week supervised learning (Community)

Year 2

Spring:

- Monday: Online classes all day
- Wednesday: Online night class
- Tues-Fri: 32 hours/week supervised learning (Clinical)

Summer

- Monday: Online classes all day
- 32 hours/week supervised learning (Clinical, Food Service, Other Rotations)



Admissions

APPLICATION TRACK #1: TRADITIONAL Bachelor's Degree + Prerequisites



Bachelor's Degree from U.S. institutional accredited college or university awarded by December



Evidence of prerequisite courses with a "C" or better

- College algebra or higher (MATH 113)
- Introductory nutrition (NUTR 132) †
- Intro to food preparation (HM 176)
- Food science (FSCI 232)
- Statistics (PSY 110/STAT 118)
- Psychology (PSY 100, SOC 330)
- General chemistry + lab (CHEM 111A)
- Organic chemistry + lab (CHEM 227)
- Microbiology (BIOL 201)
- Anatomy (BIOL 208)
- Physiology + lab (BIOL 207)
- Life course nutrition (NUTR 331)* †
- Advanced nutrition (macro and micronutrient metabolism) or equivalent, typically covered across 1-2 course series (NUTR 436A/B)* †

* These courses are less likely to be found at a community college

† Preferred to have taken at least one nutrition course within the last 5 years.

APPLICATION TRACK #2: BLENDED CSULB BS-to-MS



Enrolled in the B.S. in Nutrition & Food Science at CSULB



Be in good academic standing, "C" or better in all coursework

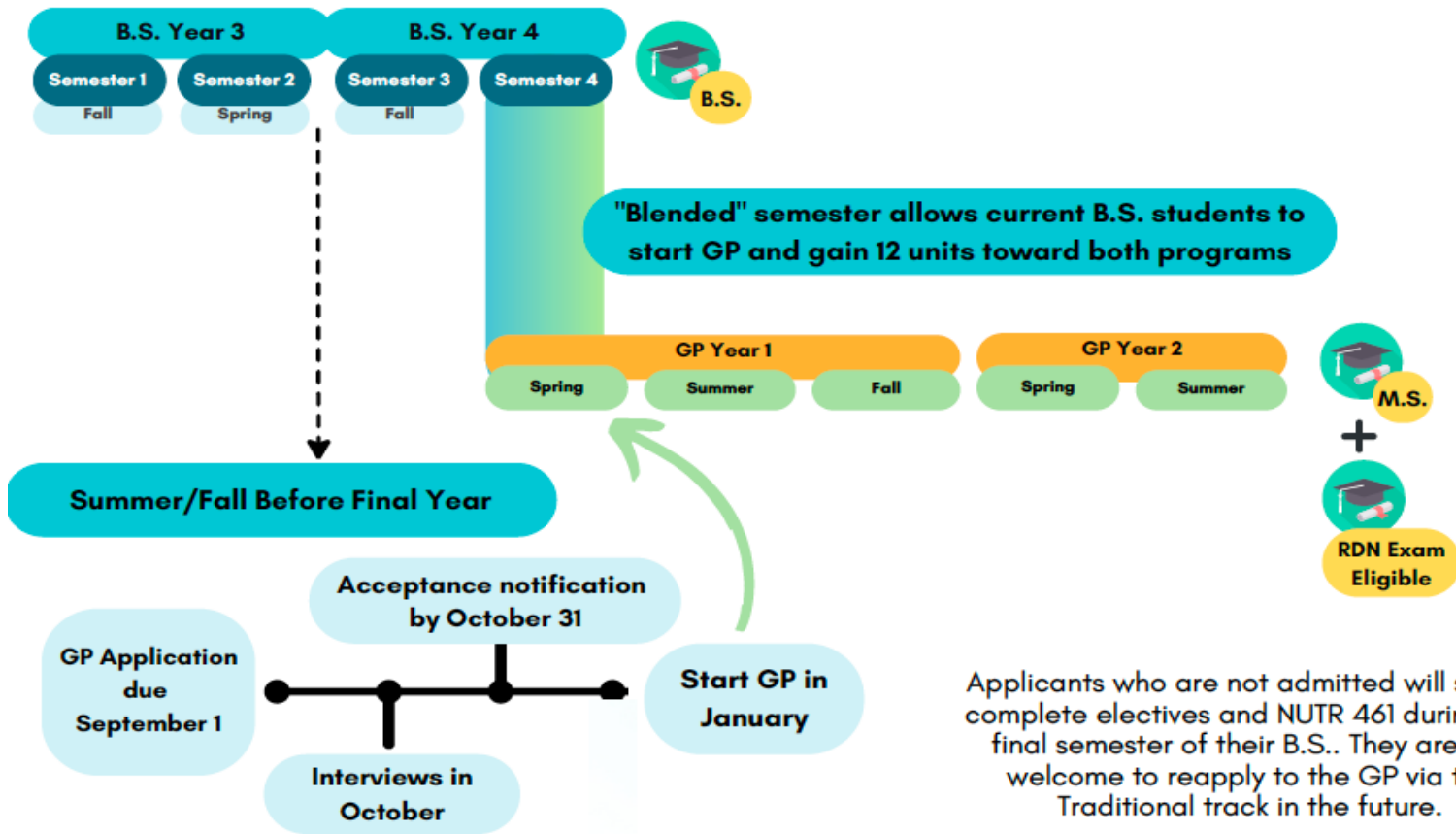


Ready for a spring graduation



First track opens only to applicants graduating in **SPRING 2026**, with applications due in **September 2025**

First Blended track opens only for CSULB students graduating in Spring 2026





Applying

- **Applications due September 1, 2025**
- Cal State Apply opens on August 1, 2025
- DICAS portal opens on August 5, 2025

Refer to GP website for details!



Applying



Welcome to The California State University

Thank you for your interest in The California State University. You can apply for the 2024-2025 cycle here, including Fall 2024, Winter 2025, Spring 2025, and Summer 2025. [Click here to apply to the 2023-2024 cycle.](#)

You can apply for the Summer Arts 2024 program here.

To determine the exact deadline for your desired program, visit the [Application Dates & Deadlines](#) page.

Refer to the [Applicant Help Center](#) for additional information, including [browser requirements](#). Here, you can chat with us for live support.

Sign in with your username and password below. First time here? Select Create an Account to get started.

[Forgot your username or password?](#)

[Reapplying to The California State University?](#)



Welcome to DICAS

This application cycle is closing soon!

The 2023-2024 DICAS application cycle will close on July 14, 2024. Be sure to check your program deadline dates and submit your application to your programs before those dates. Additionally, review the final application processing dates in the [DICAS Applicant Help Center](#). The 2024-2025 application cycle will open in early August.

Welcome to DICAS, the centralized application service for dietetics. DICAS is a service of the Academy of Nutrition and Dietetics.

DICAS offers a convenient, web-based application service that allows applicants to apply to participating dietetics supervised practice programs and/or graduate dietetics programs by completing a single online application.

If you need accommodations or assistance regarding the accessibility of DICAS, please contact customer support at 617-612-2855.

Sign in with your username and password below. First time here? Select Create an Account to get started.

[Forgot your username or password?](#)

[Re-applying to DICAS?](#)



Application Checklist

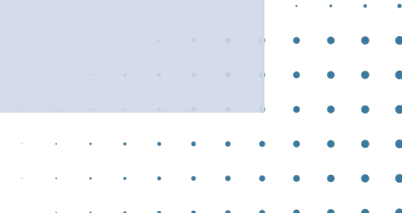
Submit to BOTH Application Portals

- Official Transcripts
- Contact info for 3 references
 - One (1) reference from a professor or faculty member
 - One (1) reference from a supervisor.
 - One (1) reference letter of applicant's choice
- Personal statement
- Resume/CV

Cal State Apply

- \$70 application fee
- Complete their application (basic information)
- Demonstration of Writing Proficiency (GRE or writing sample – see website)

DICAS

- \$50 application fee
 - Complete the DICAS application (enter your coursework, experience, and answer questions)
 - Answer 6 short-answer questions for the GP
- 



Tips

- Find references now and inform them of your timeline
- As soon as applications open:
 - Order transcripts to send to CSU Apply and DICAS
 - Enter your reference email addresses so they receive the links to upload letters to CSU Apply and DICAS. Letters can be the same.



Timeline

- **Application Deadline for Cal State Apply and DICAS Applications reviewed by CSULB Admissions**

September 1, 2025



- **GP Admissions Committee reviews the final pool of applicants, and Zoom interviews will occur**

Month of October



- **Applicants are notified of their admission status**

October 31, 2025



- **Applicants must accept/decline the admissions offer**

November 15, 2025



- **Required on-campus orientation activities for GP students**

January 13-15, 2026



- **First day of classes**

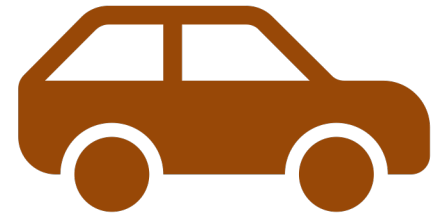
January 20, 2026





Costs

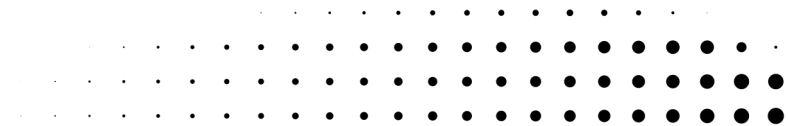
- Rough estimate of total tuition/fees for a California resident: \$18,558
- Other expenses (see [web for breakdown](#))
 - Housing/food
 - Books/supplies
 - Transportation (must have a working car)
 - Drug testing/liability insurance/background checks
 - Membership in AND





Thoughts from Mr. Childers ...

- Supervised practice
 - What it is like
 - Types of sites
 - Distance option in Year 2
- Special emphases
- Capstone project



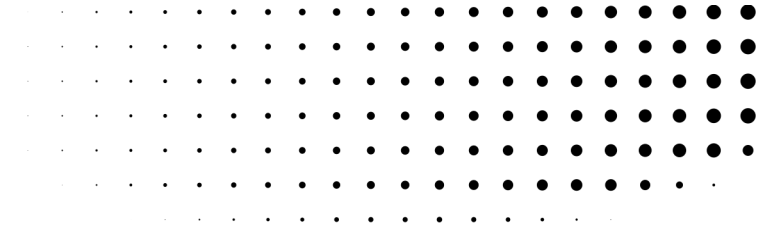


Stay Updated!

Contact Mr. James Childers for questions about admissions/transcripts

Get on the GP Email list:

1. Email this address: LISTSERV@list.csulb.edu
2. With no subject
3. Body text reading: SUBSCRIBE CHHS-FCS-GPAND
4. Accept via a confirmation email



Q&A Time

