



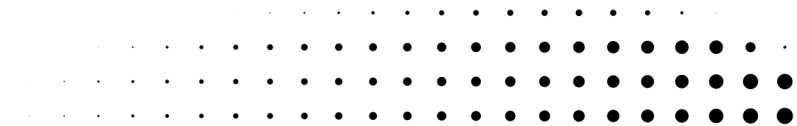
GRADUATE PROGRAM

APPLIED NUTRITION & DIETETICS

CALIFORNIA STATE UNIVERSITY, LONG BEACH

GP Information Session
Focus on: Blended Track (BS-to-MS)
March 21, 2025

Dr. Rachel Blaine, DSc, MPH, RDN
Mr. James Childers MS, RD





AGENDA

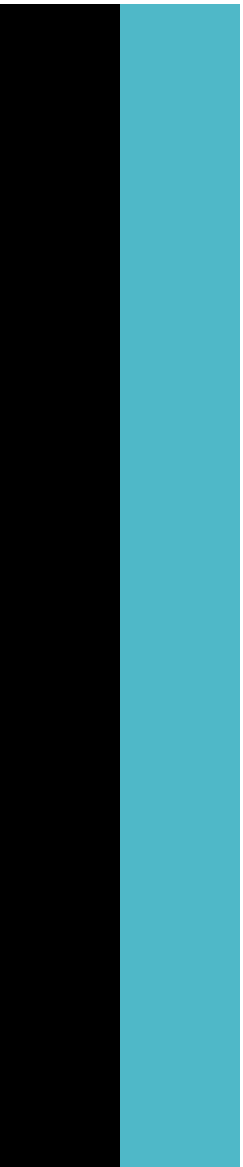
- Introductions
- Intro to the GP@CSULB (Dr. Blaine)
- A Day in the Life of a GP Student (Mr. Childers)
- DICAS Application Tips (Dr. Blaine)
- Open Q&A Time



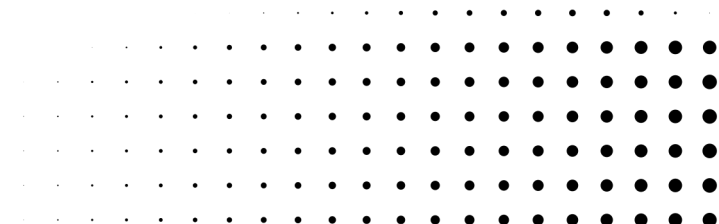


INTRODUCTIONS



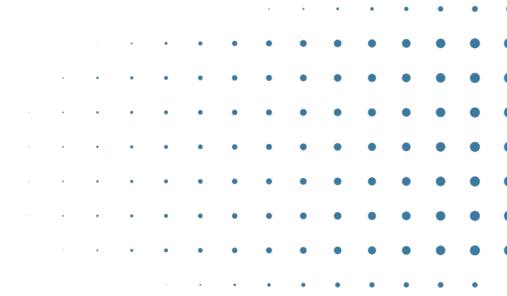


ABOUT THE GP@CSULB





WHAT'S A GP?

- ACEND accredited “Graduate Program/GP” - a new option in place of the “Dietetic Internship/DI”
 - Results in a M.S. in Applied Nutrition and Dietetics and readiness to take the RDN exam
 - More integrated approach to training RDNs
- 





GP vs DI+MS Differences

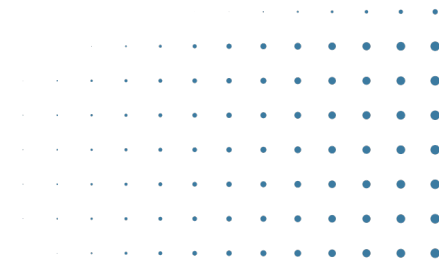
- No DPD Verification Statement required
- Set pre-reqs required for all applicants (DPD or not)
- Graduate coursework integrated with supervised learning hours
- Competency-based training
- Accelerated pace
- No one is an “intern” – all are “graduate students”





GP vs DI+MS Similarities

- Complete at least 1,000+ supervised hours across clinical, community, food service, and other nutrition settings
- Grads must achieve competency across various practice areas
- Grads receive a Master's degree and readiness for RDN exam



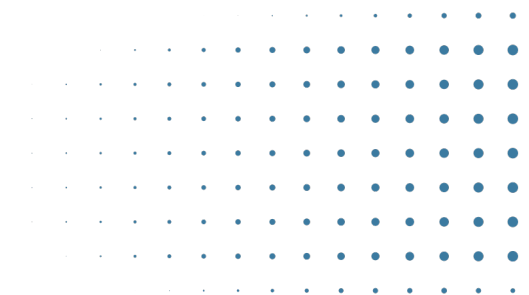
Careers





GP@CSULB Mission

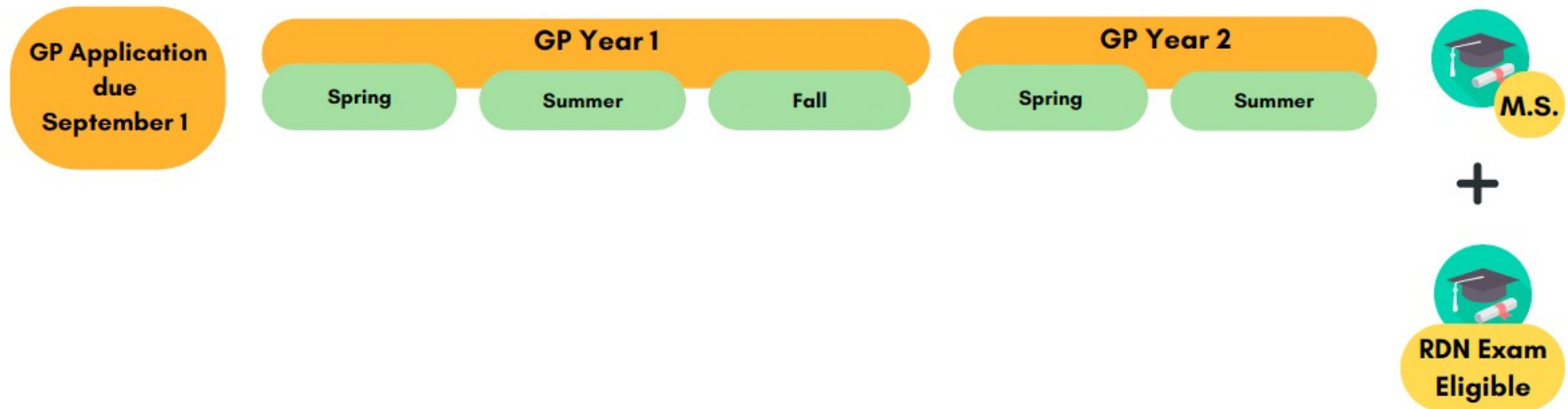
To train graduates for **evidence-based practice** as registered dietitian nutritionists equipped to **solve problems**, serve diverse populations with **cultural humility**, and **advocate for good** in their workplaces and communities.





Curriculum Summary

- Full-time, 19-months
- Start in January, ends in August of Year 2
- n=24 students





Admissions

APPLICATION TRACK #1: TRADITIONAL Bachelor's Degree + Prerequisites



Bachelor's Degree from U.S. institutional accredited college or university awarded by December



Evidence of prerequisite courses with a "C" or better

- College algebra or higher (MATH 113)
- Introductory nutrition (NUTR 132) †
- Intro to food preparation (HM 176)
- Food science (FSCI 232)
- Statistics (PSY 110/STAT 118)
- Psychology (PSY 100, SOC 330)
- General chemistry + lab (CHEM 111A)
- Organic chemistry + lab (CHEM 227)
- Microbiology (BIOL 201)
- Anatomy (BIOL 208)
- Physiology + lab (BIOL 207)
- Life course nutrition (NUTR 331)* †
- Advanced nutrition (macro and micronutrient metabolism) or equivalent, typically covered across 1-2 course series (NUTR 436A/B)* †

* These courses are less likely to be found at a community college

† Preferred to have taken at least one nutrition course within the last 5 years.

APPLICATION TRACK #2: BLENDED CSULB BS-to-MS



Enrolled in the B.S. in Nutrition & Food Science at CSULB



Be in good academic standing, "C" or better in all coursework



Ready for a spring graduation



First track opens only to applicants graduating in **SPRING 2026**, with applications due in **September 2025**

Blended Application

— CAL STATE —
APPLY

Welcome to The California State University

Sign in with your username and password below.

You can create a new account.

To determine if you are eligible for your desired program, please refer to the [Application Deadlines](#) page.

Refer to the [Center for International Students](#) for more information.

Not required!!

Create an Account

DICAS
Dietetics Inclusive Centralized Application Service

Welcome to DICAS

This application cycle is closing soon!

The 2023-2024 DICAS application cycle will close on July 14, 2024. Be sure to check your program deadline dates and submit your application to your programs before those dates. Additionally, review the final application processing dates in the [DICAS Applicant Help Center](#).

The 2024-2025 application cycle will open in early August.

Welcome to DICAS, the centralized application service for dietetics. DICAS is a service of the Academy of Nutrition and Dietetics.

DICAS offers a convenient, web-based application service that allows applicants to apply to participating dietetics supervised practice programs and/or graduate dietetics programs by completing a single online application.

If you need accommodations or assistance regarding the accessibility of DICAS, please contact customer support at 617-612-2855.

Sign in with your username and password below. First time here? Select Create an Account to get started.

Username

Password

Sign In

Create an Account

[Forgot your username or password?](#)

[Re-applying to DICAS?](#)



Applying

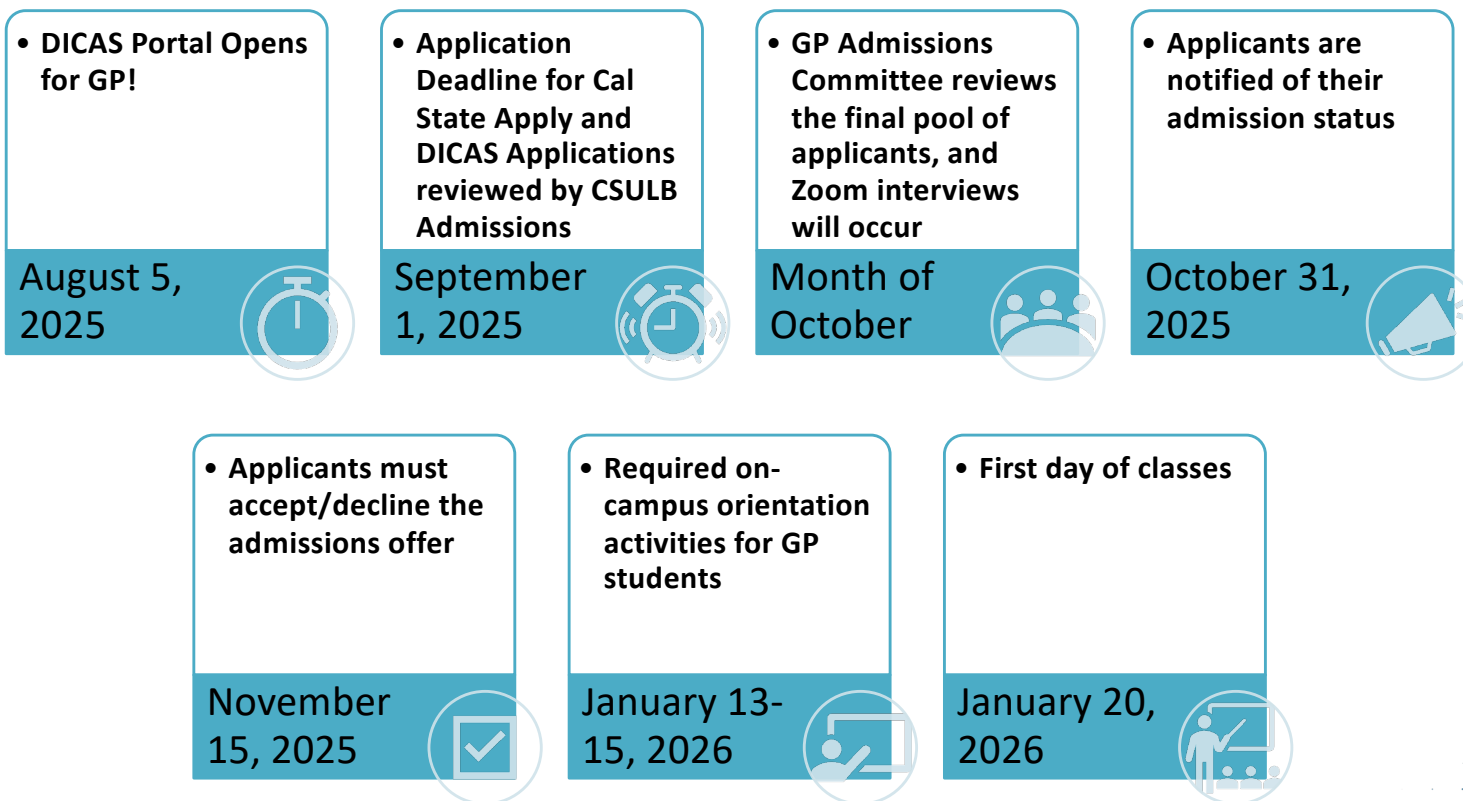
- DICAS portal opens on August 5, 2025
- **Applications due September 1, 2025**

Refer to GP website for details!

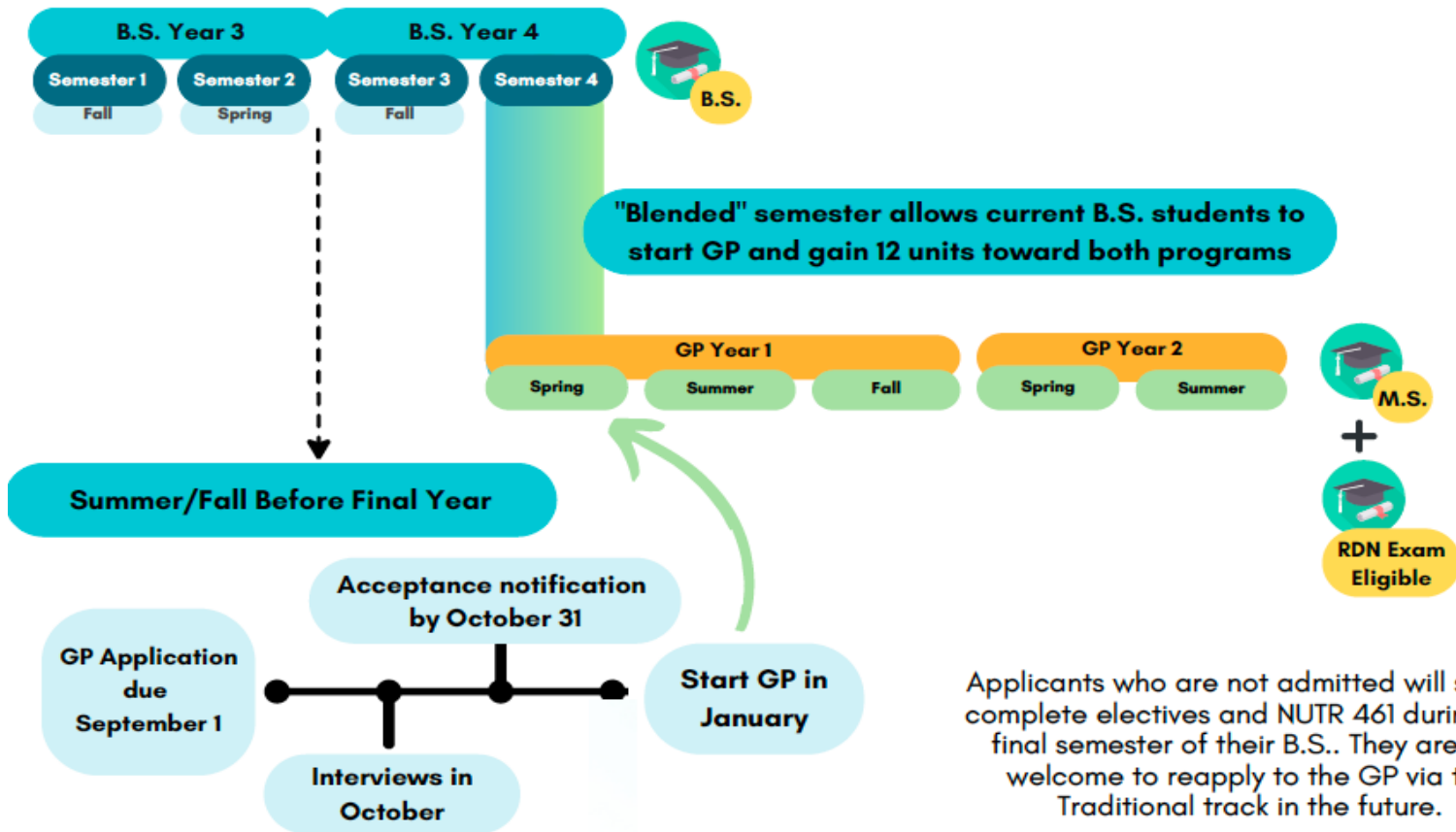




Admissions Timeline



First Blended track opens only for CSULB students graduating in Spring 2026



Year 1

In-Seat Classes

Spring

- **Nutrition Assessment**
- **Evidence-Based Practice and Research Methods**
- **Community Nutrition Programs and Policies**
- **Foodservice for a Diverse Population**



Summer

- **Medical Nutrition Therapy I**
- **Culturally Sensitive Nutrition Counseling and Education**
- **Career Success Strategies for Nutrition Professionals (1 unit)**
- **Eating for the Planet: Sustainability and Food Systems (1 unit)**

Fall

- **Elective course for special emphasis**
- **Managing People, Budgets, and Problems in Food and Nutrition Settings**
- **Medical Nutrition Therapy II**
- **Supervised Experiential Learning - Community Nutrition Settings (Tues-Friday)**

Year 2

Spring

- **Dreams to Dollars: Marketing, Entrepreneurship, and Grant Writing for Nutrition**
- **Practice Applications: Nutritional Genomics, Pharmacology, and Supplements**
- **Capstone project or thesis course**
- **Supervised Experiential Learning - Clinical A (Tues-Friday)**

Summer

- **Supervised Experiential Learning - Clinical B, Food Systems Management, Special Emphasis (Monday-Friday)**

Distance option in Year 2

All Year 2 courses online and experiential learning can occur anywhere in California



V 6-1-24

Sample Schedule

Year 1

Spring:

- Classes only
- 2-3 full days/week in person

Summer:

- Classes only
- 2-3 full days/week in person

Fall:

- Mondays: Class all day/into evening
- Wednesday: Night class possible
- Tues-Fri: 20 hours/week supervised learning (Community)

Year 2

Spring:

- Monday: Online classes all day
- Wednesday: Online night class
- Tues-Fri: 32 hours/week supervised learning (Clinical)

Summer

- Monday: Online classes all day
- 32 hours/week supervised learning (Clinical, Food Service, Other Rotations)



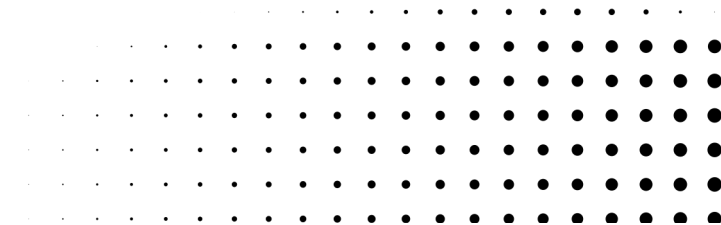
Costs

- Rough estimate of total tuition/fees for a California resident: \$18,558 (*entire program*)
- Other expenses (see [web for breakdown](#))
 - Housing/food
 - Books/supplies
 - Transportation (must have a working car)
 - Drug testing/liability insurance/background checks
 - Membership in AND





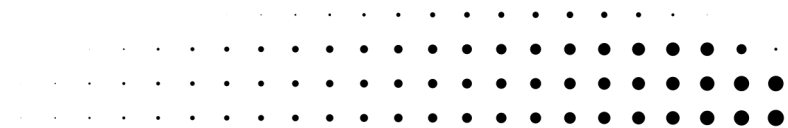
A DAY IN THE LIFE OF A GP STUDENT





Thoughts from Mr. Childers ...

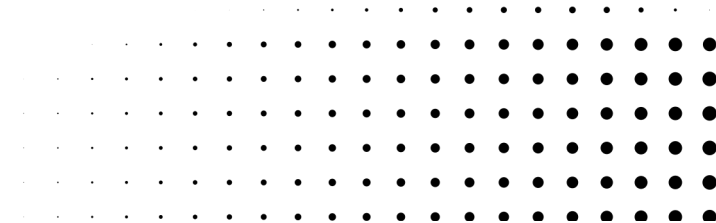
- Supervised practice
 - What it is like
 - Types of sites
 - Distance option in Year 2
- Special emphases
- Capstone project






DICAS

APPLICATION TIPS





Application Checklist

- \$50 Application Fee
 - Form from CHHS Advising (indicating you are ready to apply)
 - Complete the DICAS application (enter coursework, experience, and answer questions)
 - Answer 6 short-answer questions
 - Send all official transcripts from any university you've ever been to
 - Contact info for 3 references
 - One (1) reference from a professor or faculty member
 - One (1) reference from a supervisor
 - One (1) reference letter of applicant's choice
 - Personal statement
 - Resume/CV
 - Demonstration of Writing Proficiency (GRE or writing sample – see website)
- 

DICAS ESSENTIALS



<https://dicas.liaisoncas.com/>



Each program has its own references, materials, and submission requirements



References must be added to each program



Applicant is responsible for tracking status of all documents/references

Add Programs

[Back to Extended Profile](#)

Use the filters and search bar to find programs. To add programs, click the plus sign next to the program name. To return to your application, click the **My Application** tab.

[Find Program](#) | [View Selected Programs](#)

Search for a Program or Organization [Filters](#)

Showing results for: Available Programs

| Add | Program Name | Start Term | City | State | Program Type | Degree Available | Match Date | DPD Verification Statement | Deadline |
|-------------------------------------|--|------------|-----------------|-----------------|--------------------------|------------------|------------|----------------------------|------------|
| ANDREWS UNIVERSITY | | | | | | | | | |
| + | Clinical Dietetic Internship with Plant-Based Focus (with optional MS) | Spring | Berrien Springs | Multiple States | Dietetic Internship (DI) | Master's | Spring | Required | 02/15/2023 |
| ANNE BREZINA | | | | | | | | | |
| + | Anne Brezina Dietetic Internship Program at the James A. Haley VA Hospital | Fall | Tampa | FL | Dietetic Internship (DI) | None | Spring | Required | 02/15/2023 |
| APPALACHIAN STATE UNIVERSITY | | | | | | | | | |
| + | Appalachian State University MS / DI | Fall | Boone | NC | | | | | |
| ARAMARK DIETETIC INTERNSHIP | | | | | | | | | |
| + | Aramark Dietetic Internship | Fall | Philadelphia | PA | | | | | |
| ARIZONA STATE UNIVERSITY | | | | | | | | | |
| + | Arizona State University MS Dietetic Internship | Fall | Phoenix | AZ | | | | | |
| AUBURN UNIVERSITY | | | | | | | | | |

[Skip for Now](#)

The GP@CSULB will not be visible in DICAS until it “refreshes” and opens in August 2025.

You can still add general things to it now and copy it then!



REUSE PAST APPLICATION INFO


DICAS
DIVERSITY INCLUSIVENESS COMMUNITY AND APPLICATIONS SERVICE

Sign Out


Welcome Back

As a previous applicant to **DICAS**, you can speed up the application process by copying data from your previous application. Whether you submitted an application or started an application but did not complete the application process, this time saving process applies to you.


Confirm Your Profile Information

 Step 1 in the re-applicant process is to confirm your profile information. Make any necessary updates to your Name, Contact Information and Account Information.


Decide if You Want to Copy Application Data

 Step 2 in the re-applicant process is to decide if you want to copy data from a previous application. You will be able to review all of the application sections and decide what you want to copy. Or, you can start with a blank application to clear out all previous application information.

Choose Your Programs

 Once you have updated your profile and decided which application data to copy, you will start your new application. The first step is selecting the programs to which you want to apply.

Review Application Sections

 Every section of the application for which you choose to copy application data will initially be marked with the ! icon. You will need to visit each of these application sections to confirm the data is accurate or make updates.

Ready To Begin?

[Start Reapplication](#)



My Application

This dashboard is your application home providing access to each part of the application you need to complete and a high level overview of your progress.

Latest Notifications

Welcome to the DICAS application (save this email!) Today

[View My Notifications](#)

Personal Information

0/6 Sections Completed

Academic History

0/3 Sections Completed

Supporting Information

0/5 Sections Completed

Program Materials

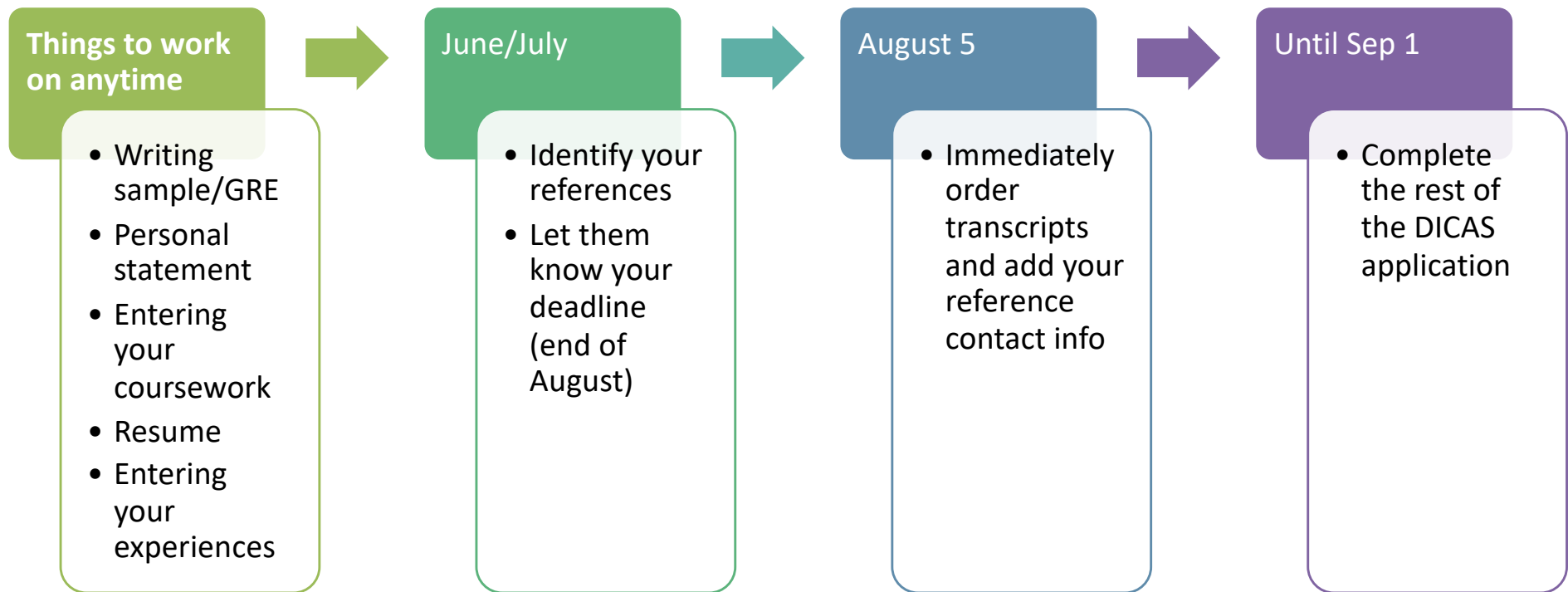
You have not selected any programs to apply to. Add a program to start this section and complete your application.

[Add A Program](#)







Suggested Timeline



SUPPORTING INFORMATION



Supporting Information
6/6 Sections Completed



| | |
|-----------------------------|---|
| Achievements | ✓ |
| Experiences | ✓ |
| Memberships | ✓ |
| Licenses and Certifications | ✓ |
| Documents | ✓ |
| DPD Documents | ✓ |

Submissions here appear the same to ALL programs

Enter and describe relevant experiences post-high school or in past 10 years

COURSEWORK ENTRY

(ENTER YOUR
OWN
TRANSCRIPT)



Must use your transcripts to manually enter every course you've taken at all College Attended



Include future/in progress courses and pre-reqs




Time consuming, but not hard

GETTING
QUESTIONS
ANSWERED

DICAS (excellent
customer service)

- Chat support
- dicasinfo@dicas.org
- 617-612-2855 (6am-2pm PST)
- Best time to call is ~12pm PST

DICAS APPLICANT HELP CENTER



How can we help you?

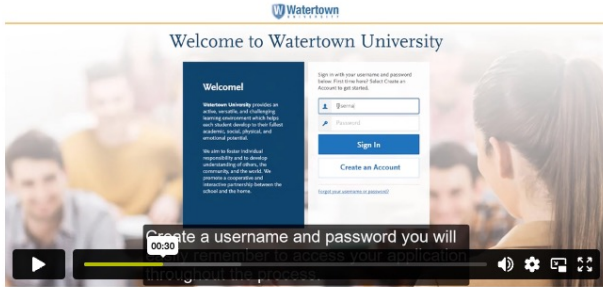
DICAS Applicant Help Center » Starting Your DICAS Application » Getting Started with Your DICAS Application » DICAS Quick Start Guide and ...

DICAS Quick Start Guide and FAQs

What is DICAS?

The Dietetic Inclusive Centralized Application Service (DICAS) simplifies the process of applying to dietetic internship programs. You start by selecting the programs you wish to apply to, then you submit one application that includes all necessary materials. Once received by DICAS, your application and materials go through a verification process before being transmitted to all of your selected programs.

Start your DICAS application.



How long does the application process take?

It's important you apply as early as possible since completing your application can be a lengthy process, and since application processing times vary throughout the cycle. Below is a suggested timeline that includes key actions to keep the application process on track. This timeline may need to be adjusted based on your programs' deadlines and requirements.



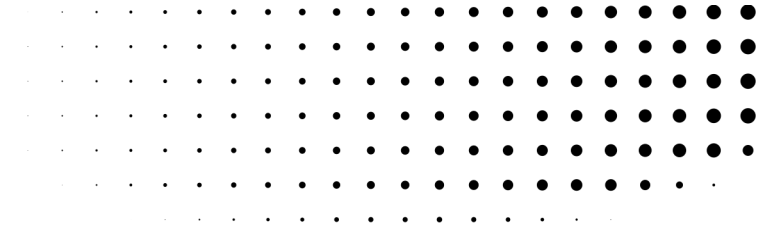


Stay Updated!

Contact Mr. James Childers for questions about admissions/transcripts

Get on the GP Email list:

1. Email this address: LISTSERV@list.csulb.edu
2. With no subject
3. Body text reading: SUBSCRIBE CHHS-FCS-GPAND
4. Accept via a confirmation email



Q&A Time

