

BA in Recreation
Major Requirements Worksheet
2024-2025 Catalog

Name: _____ Student ID: _____

Grade	Course Number & Title (units)	Prerequisites†
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Complete ALL of the following core courses:

	REC 141: Introduction to Leisure Services (3) GE Area: D3	one GE foundation course (corequisite)
	REC 225: Programming Recreation Activities (3)	open to pre-REC majors; Fall Only
	REC 341: Evaluation & Research in Leisure Services (3)	a 'C' or better in REC 141 or 225; not open to Pre-REC majors
	REC 351: Foundations of Inclusive Recreation & Recreation Therapy (3)	a 'C' or better in REC 141 or 225; not open to Pre-REC majors
	REC 480: Philosophy of Recreation & Leisure (3)	a 'C' or better in REC 341, 351, and in three 300/400-level REC courses; department consent; grad check from CHHS Advising required; must be taken the semester prior to REC 498
	REC 498: Internship in Leisure Services (6-12)	completion of all major requirements; REC 485 or 1000 hours of verified paid or volunteer leadership experience approved by faculty advisor; consent of internship coordinator

Complete ALL of the following upper division courses:

	REC 201: Teamwork & Group Dynamics (3) GE Area: E	one GE foundation course (corequisite)
	REC 210: Health & Wellness in Park, Recreation, & Tourism (3)	none; Fall Only
	REC 321: Leadership in Recreation & Leisure Studies (3)	none; Spring Only
	REC 326: Fundamentals of Digital & Online Media Strategies in Parks, Rec & Tourism (3)	none; Fall Only
	REC 421: Supervisory & Administrative Practices (3)	a 'C' or better in REC 141 or 225; Spring Only
	REC 437: Equity & Access of Recreation & Leisure (3)	none; Periodically Offered

Complete ONE of the following support courses:

	ONE (1) of the following: <ul style="list-style-type: none"> <input type="checkbox"/> ANTH 120: Introduction to Cultural Anthropology (3) GE Area: D3 <input type="checkbox"/> CDFS 211: Principles & Practices of Teaching Young Children (3) <input type="checkbox"/> HDEV 180: Lifespan Human Development (3) GE Area: D3 or E <input type="checkbox"/> PSY 100: General Psychology (3) GE Area: D3 <input type="checkbox"/> SOC 100: Principles of Sociology (3) GE Area: D3 	ANTH 120: none CDFS 211: a 'C' or better in CDFS 111 or PSY 100 or SOC 100; CDFS & FLE majors and pre-majors only HDEV 180: none PSY 100: GE composition ready or a 'C' or better in one of the following AFRS 100A, ASAM 100A, CHLS 104A, ENGL 100A, or ALI 150 or equivalent SOC 100: one GE foundation course (corequisite)
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Complete all requirements in ONE of the following concentrations:

Parks & Recreation Management

	REC 323: Park & Recreation Facility Operations (3)	declared majors only; a "C" or better in REC 141 or REC 225; Fall Only
	REC 325: Advanced Program & Event Management (3)	a "C" or better in REC 141 or REC 225; Typically Spring Only
	REC 425: Financing Leisure Studies (3)	none; Fall Only
_____	TWO (2) of the following: <ul style="list-style-type: none"> <input type="checkbox"/> REC 322: Recreational Sports Supervision (3) <input type="checkbox"/> REC 416: Aquatic Facility Management (3) <input type="checkbox"/> REC 428: Principles of Nonprofit/Volunteer Management (3) <input type="checkbox"/> REC 433: Management of Organized Camps (3) <input type="checkbox"/> REC 473: Aging & Leisure (3) 	REC 322: none; Periodically Offered REC 416: none; Spring Only REC 428: none; Fall Only REC 433: none; Periodically Offered REC 473: none; Fall/Summer Only

Tourism Management

	REC 168: Introduction to Travel & Tourism (3) GE Area: D3	one GE foundation course (corequisite); Fall Only
	REC 462: Travel, Tourism, & Resort Recreation Management (3)	a "C" or better in REC 168; Spring Only
	REC 465: Convention & Conference Planning (3)	a "C" or better in REC 168; Fall Only
	REC 468: Sustainable Tourism Planning & Development (3)	a "C" or better in REC 168; Spring Only
	REC upper division elective: _____ (3)	varies; see catalog

Outdoor Recreation and Adventure Leadership

	REC 331: Dynamics of Outdoor Recreation (3)	none; Spring Only
	REC 430: Recreation in the Ocean Environment (3)	instructor consent; Summer Only
_____	THREE (3) of the following: <ul style="list-style-type: none"> <input type="checkbox"/> REC 337: Outdoor Education & Interpretation (3) <input type="checkbox"/> REC 431: Recreation Resource Management (3) <input type="checkbox"/> REC 433: Management of Organized Camps (3) <input type="checkbox"/> REC 434: Adventure Education Programming & Leadership (3) <input type="checkbox"/> REC 435: Human Dimensions & Management in Experiential Education (3) 	REC 337: none; Fall Only REC 431: a "C" or better in REC 141 or REC 225; Fall Only REC 433: none; Spring Only REC 434: one GE foundation course; Spring Only REC 435: one GE foundation course; Fall Only

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓ A 'C' or better is required in all courses

✓ GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at <https://www.csulb.edu/general-education-requirements>

✓ Total units required for REC major: 57-63