

BS in Kinesiology - *Option in Exercise Science*  
Lower Division Worksheet  
2024-2025 Catalog

→ You must have a minimum **3.0 overall GPA** in order to declare the Exercise Science option.

→ **Highlighted** courses must be completed with a **minimum 2.5 GPA**.

Grade	Course Number & Title (units)	Prerequisites†
-------	-------------------------------	----------------

**ALL Major Specific Requirements need to be completed by 60 credits in order to declare major:**

	Any GE Foundation A1: Oral Communication course (3)	none
	Any GE Foundation A2: Written Communication course (3)	appropriate English placement
	Any GE Foundation A3: Critical Thinking course (3)	see catalog
	<b>ONE (1) of the following options:*</b> <input type="checkbox"/> MATH 113 (or higher): Precalculus Algebra (3) GE AREA: B4 - foundation <b>OR</b> <input type="checkbox"/> MATH 112A: Essential Algebra A (3) GE AREA: B4 - foundation <b>AND</b> <input type="checkbox"/> MATH 112B: Essential Algebra B (3)	<b>113:</b> Appropriate math placement  <b>112A:</b> Appropriate math placement or concurrent enrollment in MATH 92A <b>112B:</b> a 'C' or better in MATH 112A
	<b>KIN 201: Introduction to Kinesiology</b> (3)*	open to KIN and Pre-KIN majors only
	<b>BIOL 207: Human Physiology</b> (4)* GE AREA: B2/B3	GE B4 & at least one GE A category (A1 or A2 or A3)
	<b>BIOL 208: Human Anatomy</b> (4)*	a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, DANC 261, or MICR 200
	<b>ONE (1) of the following options:*</b> <input type="checkbox"/> CHEM 111A: General Chemistry (5) GE AREA: B1/B3 <b>OR</b> <input type="checkbox"/> PHYS 100A: General Physics (4) GE AREA: B1/B3	<b>111A:</b> MATH 112B or higher (can be taken concurrently) and one of the following: CHEM 90 or CHEM 102 or CHEM 140 or AP CHEM score of 2 or 3 or department approved measures for CHEM Placement <b>100A:</b> MATH 109 or 111 or 112A or 113 or 115 or 119A or 122

**Optional Lower Division Major courses that can be taken as a pre-major:**

	PSY 100: General Psychology (3) GE AREA: D3	GE composition ready
	NUTR 132: Introductory Nutrition (3) GE AREA: B2 or E	one GE foundation course (corequisite)
	KIN 263: Techniques of Physical Fitness (2)	open to KIN and Pre-KIN majors only

†Prerequisites are subject to change; consult the University Catalog ([www.csulb.edu/catalog](http://www.csulb.edu/catalog)) for the most recent updates

\*Courses must be completed with a minimum 2.5 GPA

✓ GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at [csulb.edu/fall-2021-general-education-requirements](http://csulb.edu/fall-2021-general-education-requirements)

✓ A 'C' or better is required in all courses