



GRADUATE PROGRAM APPLIED NUTRITION & DIETETICS

CALIFORNIA STATE UNIVERSITY, LONG BEACH

GP Information Session

July 9, 2024

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AGENDA

- Introductions
- About CSULB and Long Beach - A Student Perspective (Sophie & Emily)
- Intro to the GP@CSULB (Dr. Blaine)
- A Day in the Life of a GP Student (Dr. Moore)
- Open Q&A Time



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Life at the Beach

- #1 most-applied-to campus in the Cal State System
- Google: CSULB campus resources to see the complete list
- Lots of unique spots and entertainment on campus
- 300+ student organizations including the Student Dietetic Association, Students Active in Community Health, and the Food Science Club
- Close knit community and staff that prioritizes student success

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Commuting/Life by the Beach

- Maintaining my job
- Save money
- Being close to friends
- Carpooling
- Multiple routes
- 10 minutes from Seal Beach
- Aquarium of the Pacific
- Long Beach Convention Center
- Whale watching
- Swan boat riding



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WHAT'S A GP?

- ACEND accredited “Graduate Program/GP” - a new option in place of the “Dietetic Internship/DI”
- Results in a M.S. in Applied Nutrition and Dietetics and readiness to take the RDN exam
- More integrated approach to training RDNs



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GP vs DI+MS Differences

- No DPD Verification Statement required
- Set pre-reqs required for all applicants (DPD or not)
- Graduate coursework integrated with supervised learning hours
- Competency-based training
- Accelerated pace
- No one is an “intern” – all are “graduate students”



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GP vs DI+MS Similarities

- Complete at least 1,000+ supervised hours across clinical, community, food service, and other nutrition settings
- Grads must achieve competency across various practice areas
- Grads receive a Master's degree and readiness for RDN exam



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Careers



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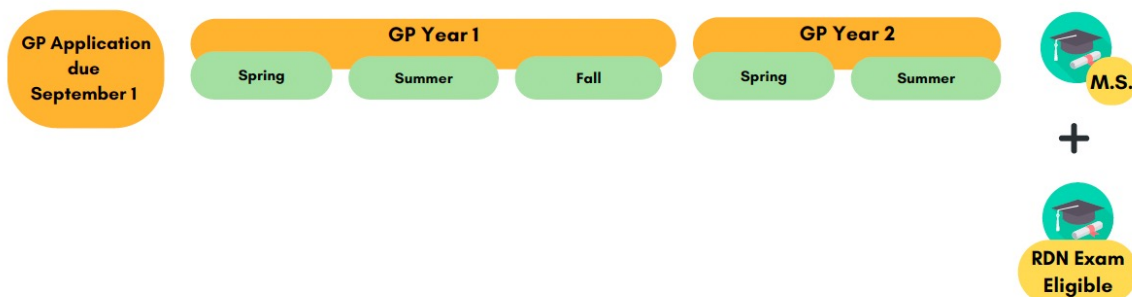
GP@CSULB Mission

To train graduates for **evidence-based practice** as registered dietitian nutritionists equipped to **solve problems**, serve diverse populations with **cultural humility**, and **advocate for good** in their workplaces and communities.

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Curriculum Summary

- Full-time, 19-months
- Start in January, ends in August of Year 2



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Year 1

In-Seat Classes

Spring

Summer

Fall

- Nutrition Assessment
- Evidence-Based Practice and Research Methods
- Community Nutrition Programs and Policies
- Foodservice for a Diverse Population

- Medical Nutrition Therapy I
- Culturally Sensitive Nutrition Counseling and Education
- Career Success Strategies for Nutrition Professionals (1 unit)
- Eating for the Planet: Sustainability and Food Systems (1 unit)

- Elective course for special emphasis
- Managing People, Budgets, and Problems in Food and Nutrition Settings
- Medical Nutrition Therapy II
- Supervised Experiential Learning - Community Nutrition Settings (Tues-Friday)



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Year 2

Distance option in Year 2


Spring

Summer

- Dreams to Dollars: Marketing, Entrepreneurship, and Grant Writing for Nutrition
- Practice Applications: Nutritional Genomics, Pharmacology, and Supplements
- Capstone project or thesis course
- Supervised Experiential Learning - Clinical A (Tues-Friday)

- Supervised Experiential Learning - Clinical B, Food Systems Management, Special Emphasis (Monday-Friday)

All Year 2 courses online and experiential learning can occur anywhere in California



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Sample Schedule

Year 1			Year 2	
Spring: <ul style="list-style-type: none"> • Classes only • 2-3 full days/week in person 	Summer: <ul style="list-style-type: none"> • Classes only • 2-3 full days/week in person 	Fall: <ul style="list-style-type: none"> • Mondays: Class all day/into evening • Wednesday: Night class possible • Tues-Fri: 20 hours/week supervised learning (Community) 	Spring: <ul style="list-style-type: none"> • Monday: Online classes all day • Wednesday: Online night class • Tues-Fri: 32 hours/week supervised learning (Clinical) 	Summer <ul style="list-style-type: none"> • Monday: Online classes all day • 32 hours/week supervised learning (Clinical, Food Service, Other Rotations)

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Admissions

APPLICATION TRACK #1: TRADITIONAL Bachelor's Degree + Prerequisites



Bachelor's Degree from U.S. institutional accredited college or university awarded by December



Evidence of prerequisite courses with a "C" or better

- College algebra or higher (MATH 115)
- Introductory nutrition (NUTR 152) †
- Intro to food preparation (HM 176)
- Food science (FSCI 232)
- Statistics (PSY 110/STAT 118)
- Psychology (PSY 100, SOC 350)
- General chemistry + lab (CHEM 111A)
- Organic chemistry + lab (CHEM 227)
- Microbiology (BIOL 201)
- Anatomy (BIOL 208)
- Physiology + lab (BIOL 207)
- Life course nutrition (NUTR 351)* †
- Advanced nutrition (macro and micronutrient metabolism) or equivalent, typically covered across 1-2 course series (NUTR 436A/B)* †

* These courses are less likely to be found at a community college
 † Preferred to have taken at least one nutrition course within the last 5 years.

APPLICATION TRACK #2: BLENDED CSULB BS-to-MS



Enrolled in the B.S. in Nutrition & Food Science at CSULB



Be in good academic standing, "C" or better in all coursework



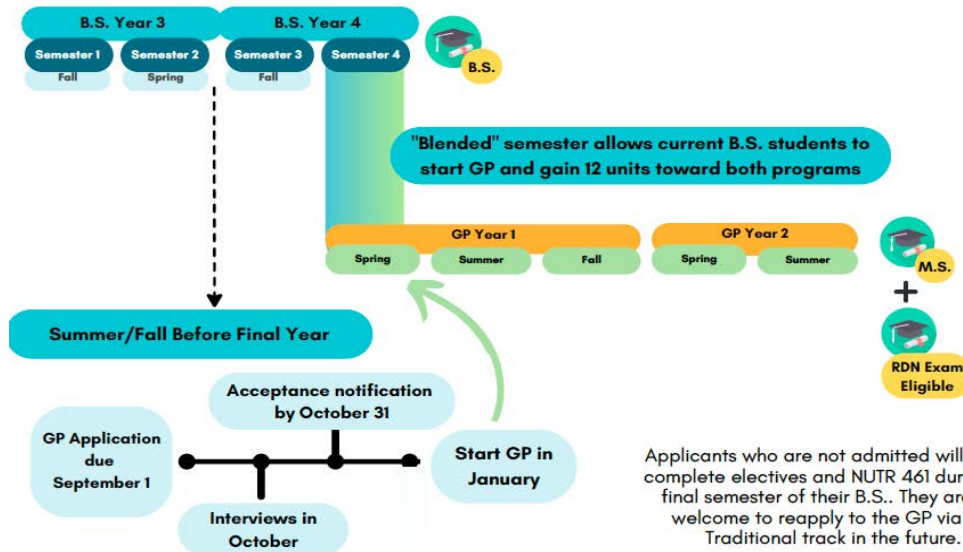
Ready for a spring graduation



First track opens only to applicants graduating in **SPRING 2026**, with applications due in **September 2025**

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First Blended track opens only for CSULB students graduating in Spring 2026



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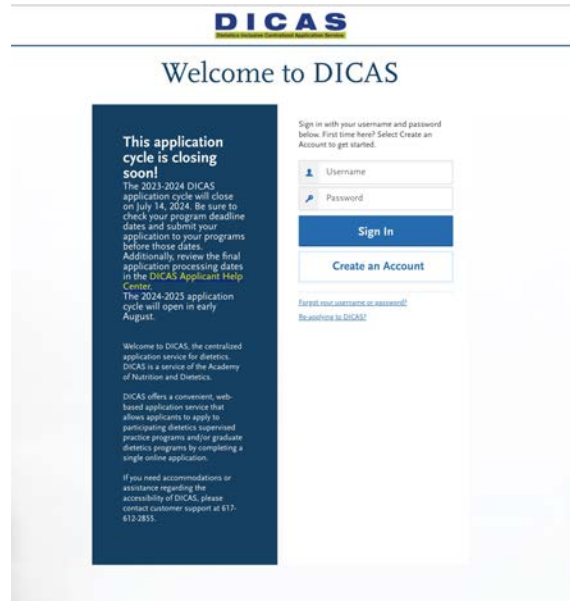
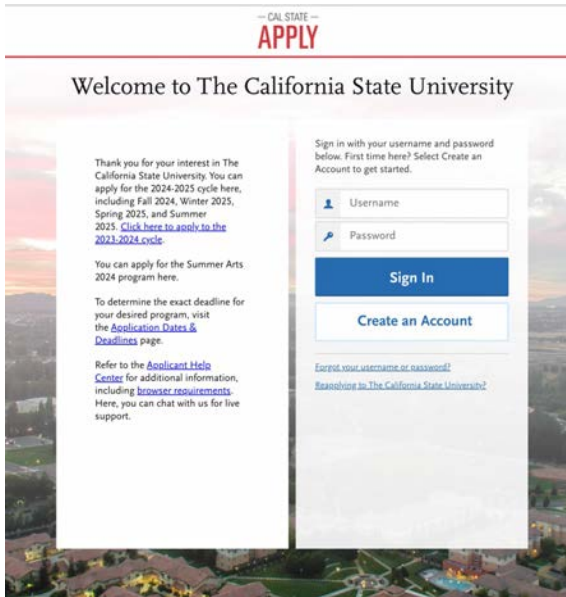
Applying

- **Applications due September 1, 2024**
- Cal State Apply opens on August 1, 2024
- DICAS portal opens on August 5, 2024

Refer to GP website for details!

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Applying



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Application Checklist

Submit to BOTH Application Portals

- Official Transcripts
- Contact info for 3 references
 - One (1) reference from a professor or faculty member
 - One (1) reference from a supervisor.
 - One (1) reference letter of applicant's choice
- Personal statement
- Resume/CV

Cal State Apply

- \$70 application fee
- Complete their application (basic information)
- Demonstration of Writing Proficiency (GRE or writing sample – see website)

DICAS

- \$50 application fee
- Complete the DICAS application (enter your coursework, experience, and answer questions)
- Answer 6 short-answer questions for the GP

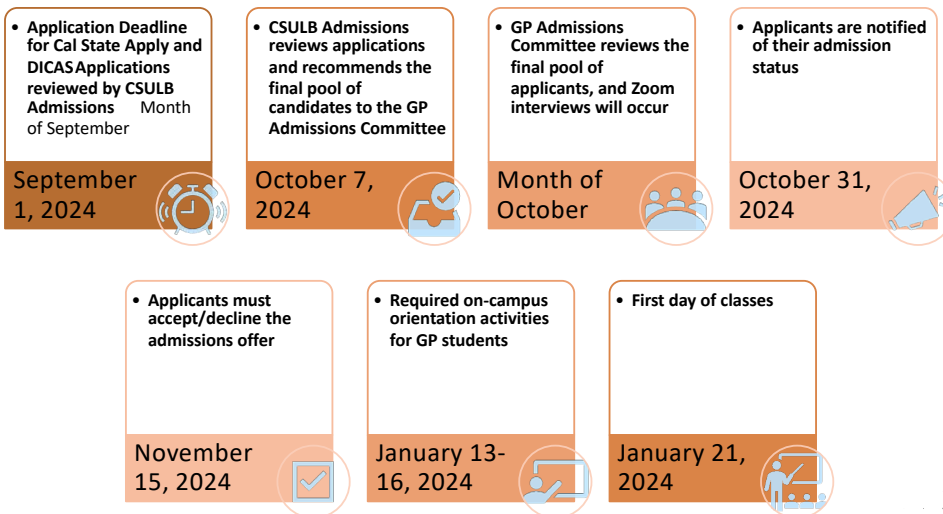
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Tips

- Find references now and inform them of your timeline
- As soon as applications open:
 - Order transcripts to send to CSU Apply and DICAS
 - Enter your reference email addresses so they receive the links to upload letters to CSU Apply and DICAS. Letters can be the same.

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Timeline



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Costs

- Rough estimate of total tuition/fees for a California resident: \$18,558
- Other expenses (see [web for breakdown](#))
 - Housing/food
 - Books/supplies
 - Transportation (must have a working car)
 - Drug testing/liability insurance/background checks
 - Membership in AND



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Stay Updated!

IG: @CSULBnutritionGP

Get on the GP Email list:

1. Email this address: LISTSERV@list.csulb.edu
2. With no subject
3. Body text reading: SUBSCRIBE CHHS-FCS-GPAND
4. Accept via a confirmation email



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