

*Center for Successful Aging*  
**ANNUAL REPORT**  
**2021-2022**



**LONG BEACH**

STATE UNIVERSITY

College of Health & Human Services

**[CSULB.EDU/AGING](https://www.csulb.edu/aging)**

## MISSION

Our Mission is to bring together faculty, students, and community partners to develop creative solutions for diverse aging populations through education and research.

## VISION

The vision of the Center is to serve as a leader in community engagement, workforce development, and applied research to address disparities and promote quality of life in aging in Long Beach and beyond.



## Age Friendly University

**The California State University joined the AFU Network consisting of higher education institutions around the globe who have endorsed and are committed to becoming more age-friendly in their programs and curriculum. CSULB is the third university in California to be recognized as a committed age-friendly institution.**

## MILESTONES THIS YEAR!



**10 Students Received SCAN Scholarship of \$5000 each**



**4613 Website Hits**



**Departmental Collaboration initiated with College of Engineering to improve older**

**adult interface with technology**



**Research Internships offered to talented students**



# COMMUNITY ENGAGEMENT

## PRESENTATIONS



### "WORKING TOWARDS MEANINGFUL CHANGE IN OUR COMMUNITIES"

October 14, 2021- Diversity, Equity & Inclusion workshop for  
Association of Retiree Organizations in Higher Education  
[www.arohe.org](http://www.arohe.org)



### "CONNECTING THE DOTS" PODCAST

January 19, 2022 - "Health Care and the Anthropologist"  
March 23, 2022 - "On the Aging Population"



### CUIDO60

April 18 -25, 2022 - Contributed to diploma "Ageing, Care and Rights  
in Cuba. Analysis and Tools for Social Intervention"  
[www.cuido60.com](http://www.cuido60.com)



# LB AGING SERVICES COLLABORATIVE

- Dr. Martinez elected Chair Summer 2022 of the collaborative.
- The Center for Successful Aging is providing ongoing technical and website support.



## ACCOMPLISHMENTS



- 27 guest speakers to on available resources including elder abuse, digital inclusion, transportation and more.
- Addressed food insecurity issues,
- Maintained updates on health protocols,
- Advocated for vaccine equity and strategized to reach older adults that were home-bound, digitally excluded, or were vaccine hesitant.
- Advocated for ADA accessibility and housing issues.
- Partnered with city on education campaign to keep older adults safe during heatwaves.





**OVER THE LAST 3 YEARS THE CENTER HAS HIRED 19 TALENTED STUDENTS AS INTERNS.**

## **INTERN EXPERIENCE**



**"During my internship I learned about the issues affecting the older adult population in Long Beach as well as the organizations that are working to support the community. Understanding the collective effort of all of these organizations involved in the collaborative gave me a new perspective."**

**-CHRISTINE NGUYEN (Graduate 2022)**



**"From the start I was exposed to what grant writing is about and had the opportunity to collaborate on different parts of a National Science Foundation grant. I have always been very passionate about helping others specifically senior older adults and this time at the Center for Success Aging has helped me."**

**- GERSON LEON CRUZ (Graduate 2022)**



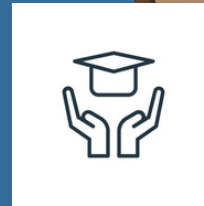
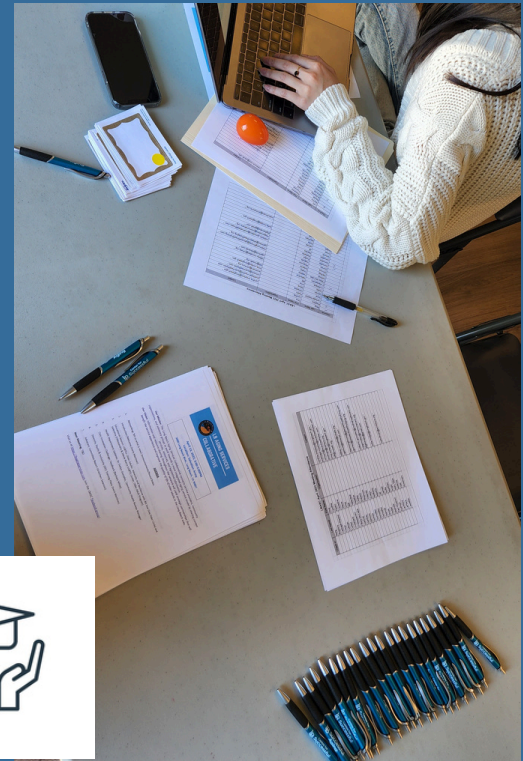
**"My internship at the CSA allowed me to use the concepts and theories I learn in the classroom and apply it to real-life projects. I was able to also improve my data analysis skills as well as be able to present those findings professionally. My experience at the CSA opened up a whole new side of the healthcare field and I now understand that many factors are incorporated in ensuring that everyone is healthy."**

**- SIMRAN RANJIT (Graduate 2022)**

# EDUCATION AND RESEARCH

## The SCAN Health Plan Scholarship for the Health and Independence of Seniors

WITH THE SUPPORT OF SCAN FOUNDATION, 10 STUDENTS WERE AWARDED \$5000 EACH TO WORK IN VARIOUS FIELDS OF HEALTH CARE FOR AGING POPULATIONS. RECIPIENTS INCLUDE GERONTOLOGY, SOCIAL WORK, SPEECH LANGUAGE PATHOLOGY STUDENTS.



## STUDENT ENGAGED RESEARCH

Intern Simran Ranjit presented SOMAD study findings at the **American Public Health Association Annual Meeting** held online on October 26, 2021.

The presentation "**Recent Trends in Proper Mask Adherence in Long Beach: An Observational Study in the time of COVID-19**" was co-authored by numerous center interns, including **Juliette Hurtado, Jana Merrifield, Lauren Pitchford, and Esmeralda Roman** under **Dr. Martinez'** guidance

## FACULTY-LED RESEARCH PRESENTATIONS

- **Martinez IL** and **Wiedman D** (organizers). **Workshop on Effective Teaching In Medical Schools: Translating Anthropological Knowledge to Practice.** Annual Meeting of the Society for Applied Anthropology. Salt Lake City, Utah, March 25, 2022.
- **Martinez IL.** **Workshop Presentation on "Strategies for teaching Cultural humility and racial health disparities."** Annual Meeting of the Society for Applied Anthropology. Salt Lake City, Utah, March 25, 2022.
- **Garcia E.** **Presentation on Hearing Aids and Headphones: Development of a Spanish Health Literacy Survey** at the **American Academy of Audiology(AAA) National Conference** April 2022

## PUBLICATIONS

Association of Masking Policies with Mask Adherence and Distancing during the SARS-COV-2 Pandemic. American Journal of Infection Control. May 2022.

Puttock, E. J., Marquez, J., Young, D. R., Shirley, A. M., Han, B., McKenzie, T. L.,...Martinez IL,... & Cohen, D. A. (2022).

Care v. Caring: Obligation, duty, & love among Latino Alzheimer's Caregivers. Journal of Applied Gerontology First published online: April 28, 2022. Martinez IL, Acosta Gonzalez E.

The Experience of Alzheimer's Disease Family Caregivers in a Latino Community: Expectations and incongruences in support services, The Journals of Gerontology: Series B, 2021

Martinez IL, Acosta Gonzalez E, Quintero C, Vania MJ

Supporting aging in communities through university-community collaborations. Martinez IL

## GRANTS PROPOSALS

- ▶ **NATIONAL SCIENCE FOUNDATION CIVIC INNOVATION CHALLENGE**
- ▶ **ORANGE COUNTY DEMENTIA CAPABILITY ENHANCEMENT INITIATIVE**
- ▶ **NATIONAL INSTITUTE FOR AGING**  
on "Developing a culturally-informed model of support for Latino Caregivers of Persons with Dementia"

Center for  
**Successful  
Aging**

**6300 State University Drive Ste.150  
Long Beach, CA 90815  
(562)985-2079**