

Attention Deficit Hyperactivity Disorder Resources

The [Stephen Benson Program](#) (SBP) at California State University, Long Beach (CSULB) is not currently screening students for a diagnosis of Attention Deficit Hyperactivity Disorder (ADHD). Students possessing a diagnosis for ADHD will be accommodated through the Bob Murphy Access Center (BMAC) office. In order to qualify for academic accommodations, students will need [verification of their diagnosis](#) from a qualified professional. Diagnostic guidelines can be found [here](#). Students seeking diagnosis may find the following resources useful. SBP is in no way affiliated with these agencies and provides this listing as only a referral suggestion for outside ADHD testing and diagnosis.

<p>Advances in Mental Health Dr. Ben Stephanoff 562-365-2020 5199 E. PCH, Suite 330N Long Beach, CA 18672 Florida St., Suite 100, Huntington Beach, CA</p>	<p>John Timberlake, Psy.D 562-469-5922 4132 Katella Ave. Suite106 Los Alamitos CA 90808 MHN, Tricare, MediCal & Medicare Cash only is \$400.</p>	<p>Dr. Nancy Lachapelle 310-375-4633 24520 Hawthorne Blvd Ste102 Torrance -Private insurance. Offers telehealth appointments. Can diagnose but does not test.</p>
<p>Apryl Owens, LEP, NCSP Licensed Educational Psychologist #2900 Nationally Certified School Psychologist 213-446-6817 Los Angeles, California 90034 aprylowens1@gmail.com -Offers a discounted rate for students without insurance</p>	<p>Erika Widera, Psy.D. Chase Espinoza, Psy.D. Logical Behavioral Health 949-432-9173 4000 MacArthur Blvd., Suite 600, East Tower Newport Beach, CA 92660 310-894-8893 10940 Wilshire Blvd., Suite 600 Los Angeles, CA 90024</p>	<p>Dr. Duggan and Associates 562-433-7652 4137 East 7th Street Long Beach, CA Rodric B. Rhodes, Ph.D., LCSW 562-618-0451 Also has 2nd office- 7901 S. Painter Ave., Suite. 3 Whittier, CA 90602</p>
<p>Mind Path Health 562-497-1505 4010 Watson Plaza Drive, Suite 285 Lakewood, CA 90712 -Accepts private insurance</p>	<p>Jacob Palm PhD Southern California Center for Collaborative Assessment 562-283-8348 5855 E. Naples Plaza, Suite 206 Long Beach CA 90803 -Flat fee determined after consult</p>	<p>Psych Lab Psychology Center 562-684-1300 3950 Long Beach Blvd., Suite 101 Long Beach, CA 90807 help@psychlab.us -Students who identify as being referred by BMAC will receive a 10% discount.</p>
<p>Health Psychology Associates 562-590-5994 1045 Atlantic Ave., Suite 806 Long Beach CA 90813 -Anthem, MediCare. Ask for Dr. Levine or Dr. Dushenko</p>	<p>Michelle Beakey, PsyD 562-799-6700 6615 E. PCH, Suite 255 Long Beach, CA 90804 -Medicare Cost \$250-350</p>	<p>Karen J. Miller, Ph.D. Clinical Neuro-Psychologist (PSY #16756) 626-583-3228 65 N. Madison Ave, Suite 340 Pasadena, CA 91101 Dr.karenmiller.phd@gmail.com -Sliding Scale available</p>
<p>Dr. Lana Delshadi 714-229-0094 10861 Cherry St, Suite 211 Los Alamitos CA 90720 28281 Crown Valley Pkwy #140 Laguna Niguel CA 949-367-1200 ldneuropsych@gmail.com</p>	<p>Valerie Maxwell, Ph.D. ADD-SOI Testing Center 310-546-8583 Manhattan Beach, CA addsoi@aol.com -Accepts all insurance. No sliding scale</p>	<p>Crossroads Institute for Psychotherapy and Assessment 424-201-1600 Offices in LA and Torrance -Aetna PPO, Anthem (HMO & PPO), Optum, United Healthcare, MediCare. Sliding Scale available. Notify them that you are a BMAC student</p>

<p><u>Ali Zandi, PsyD, MFT</u> ali@sealbeachcounseling 714-797-5445 Locations: Seal Beach & Huntington Beach Accepts most private insurance plans</p>	<p><u>Mackenzie Abraham, Ph.D.</u> 310-363-1136 2200 Pacific Coast Highway, Suite 201 Hermosa Beach, CA 90254 mabraham@drmackenzieabraham.com -Reduced fee: \$100/hr for BMAC students</p>	<p><u>Learning Dynamics, Inc.</u> 310-85-LEARN [855-3276] 22837 Ventura Blvd, Suite 200 Woodland Hills, CA 91364</p>
<p><u>Norooz Clinic Foundation</u> 714-386-9171 1560 Brookhollow, Suite 212 Santa Ana, CA. 92705 info@noroozclinic.com -Psychoeducational Assessments: \$1500-2500. Sliding Scale available</p>	<p><u>UCLA Psychology Clinic: Assessment & Testing</u> 310-825-2305 2191 Franz Hall Box 951563 Los Angeles, 90095-1563 ucla@psychclinic.hush.com -Sliding Scale available</p>	<p>Dr Nicole Enrique Laguna Psychological Services 17621 Irvine Blvd. Ste 214 Tustin, CA 92780 949-414-7034 NEnrique@lagunapsychservices.com \$850-950 for ADHD Evaluation & Report</p>

NATIONAL ASSOCIATIONS & RESOURCES

<p><u>Children and Adults with Attention Deficit Disorder (CHADD)</u> CHADD is a nation-wide, non-profit support group, which maintains chapters across the country to assist parents, educators and health-care professionals in helping individuals with ADHD.</p>	<p><u>ADD WareHouse Inc.</u> The ADD WareHouse catalog contains books, videos, games, assessment products and training programs to assist children and adults with ADD and related problems. Over 150 products are available for parents, educators, and health-care professionals.</p>
<p><u>National Attention Deficit Disorder Association (ADDA)</u></p>	<p><u>ADHD in Adults</u></p>
<p><u>Driven to Distraction (BOOK)</u> Edward M. Hallowell, M.D. and John J. Ratey, M.D. ISBN# 978-0684801285</p>	<p><u>“How Difficult Can This Be?” (Video)</u> <u>F.A.T. City--A Learning Disabilities Workshop</u> - with Richard D. Lavoie www.pbs.org</p>
<p><u>ADDitude: Living Well with Attention Deficit</u></p>	<p><u>“ADD and Loving It!”</u> – documentary featuring Patrick McKenna http://www.totallyadd.com/</p>

If these referrals do not meet your needs, please contact our Case Manager: 562-985-5401