Envisioning the Future

BEACH WOMEN IN ENGINEERING CONFERENCE

How to Find Internships

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100+ Women Strong

CSULB COLLEGE OF ENGINEERING

Why it matters that I am here….
that we are here together

- A little bit about me…
- My first internship
- Why am I here
- Favorite food and one word to describe me

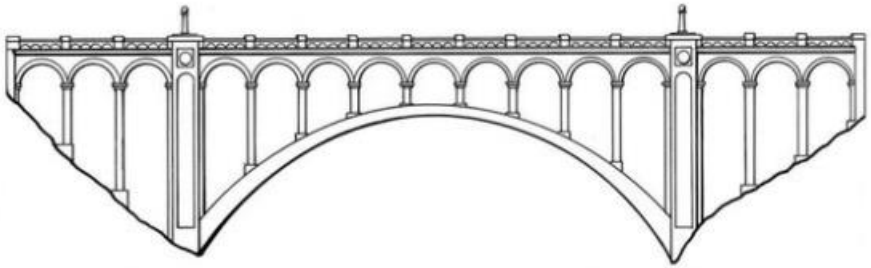
NOW ABOUT YOU!

- Name, major or intended major
- Why are YOU here
- Favorite food and one word to describe you

What are Internships?

Internships act as a bridge between School and Work Force

School



Work World

Internships help prepare students for successful careers

Internships are Important

- An internship isn't required to get a job, however, 95% of employers prefer graduates with experience.
- Competitive versus non-competitive internships
- Identify your own goals:
  - Learn more about the industry you think you want to enter after graduation.
  - Gain new skills
  - Gain experience for resume
  - Earn money to pay for college
  - **Professional connections/contacts**

The Ultimate Guide to Internships
https://www.bestcolleges.com/resources/ultimate-guide-internships/

Preparation for Internships

Research Career Opportunities
Organizations and Clubs
Professionals, Personal, Faculty

Resume and Interviews
Resume to date
Career Center Support

Schedule Time
Meet with Counselors/Faculty
Create Linked In Profile

Network and Outreach
Organizations and Clubs
Personal, Faculty, Professional
Linked In Profile

Build Your Top 10 List
Completive / Non Competitive
Career Center
Websites

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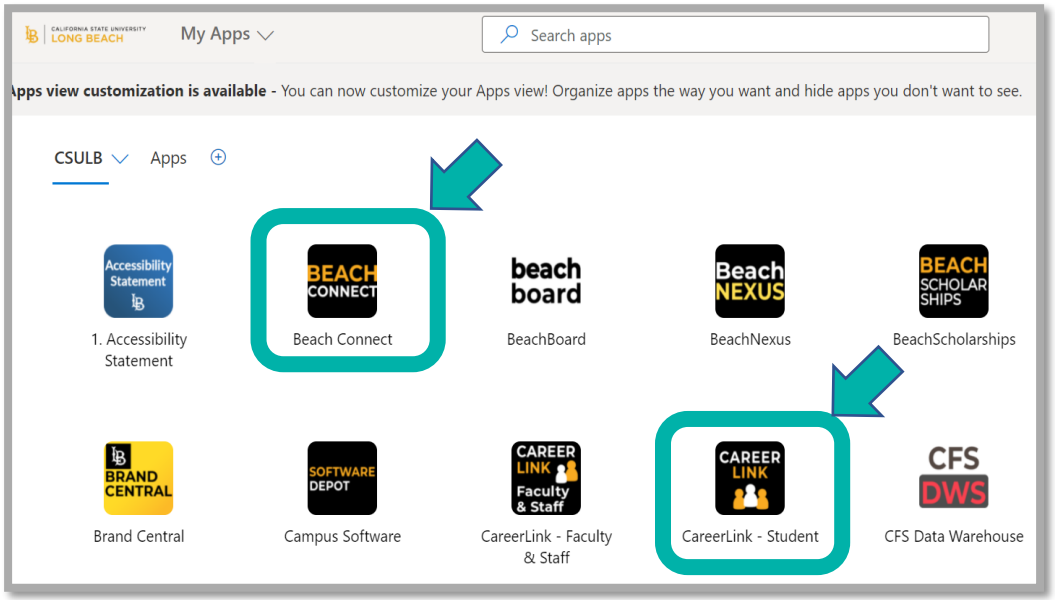
Networking Exercise

	Name of Faculty, Family, Friend
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

How to find Internships

- University Career Centers
  - Job Fairs
  - Information Sessions
  - Cover Letter and Resume
  - Mock Interviews
- College
  - Academic departments
  - Faculty
  - Student Organizations
- CSULB
  - Graduate Student Success Center
  - Professional Development & Internships
  - Associated Eng. Student Body
  - Eng. Student Success Center
  - Career Development Center
  - Graduate Studies Resource Center

- Other Resources
  - Company websites
  - Professional Associations
  - Social Networks



Online Search Engines

Don't hesitate to contact interesting companies regarding internships even though they don't specifically have an internship program.

Per Forbes Magazine

1. Linked In
2. Glassdoor
3. Handshake
4. Google
5. Interships.com
6. Internmatch.com
7. YouTern
8. Idealist
9. Global Experience
10. CoolWorks

Internships & Jobs

https://www.linkedin.com/
https://www.glassdoor.com/index.htm
https://joinhandshake.com/
https://www.internships.com/
https://internmatch.io/
https://www.youtern.com/
https://www.idealist.org/en/?type=job
https://www.globalexperiences.com/
https://www.coolworks.com/
https://www.wayup.com/
https://www.internshipfinder.com/
https://www.goinglobal.com/internships
https://www.indeed.com/
https://www.internqueen.com/
https://www.simplyhired.com/
https://www.usajobs.gov/
https://www.internjobs.com/
https://www.aftercollege.com/
https://www.engineerjobs.com/
https://engcen.com/
https://www.engineering.com/jobs/
https://www.careerbuilder.com/
http://www.engineer-jobs.com/
https://www.monster.com/

Create a Linked In Profile

- Job applicants who include a link to their comprehensive LinkedIn profile on their resume received a callback rate of 13.5%, which is 71% higher than the 7.9% callback rate of job applicants who did not have a LinkedIn profile at all.
- On Linked In, search and connect with:
  - Companies, to follow their technology and opportunities
  - Individuals, to build your network and seek information & support

- LinkedIn Course: https://www.linkedin.com/learning-linkedin-for-students/linkedin-versus-a-resume

Internship Timeline

1 YEAR BEFORE

- Begin researching opportunities ,make note of those you find appealing and their deadlines
- Get involved in activities that can boost your resume
- Step up your networking, attend events and put yourself out there
- Polish a resume and cover letter with support from a professional

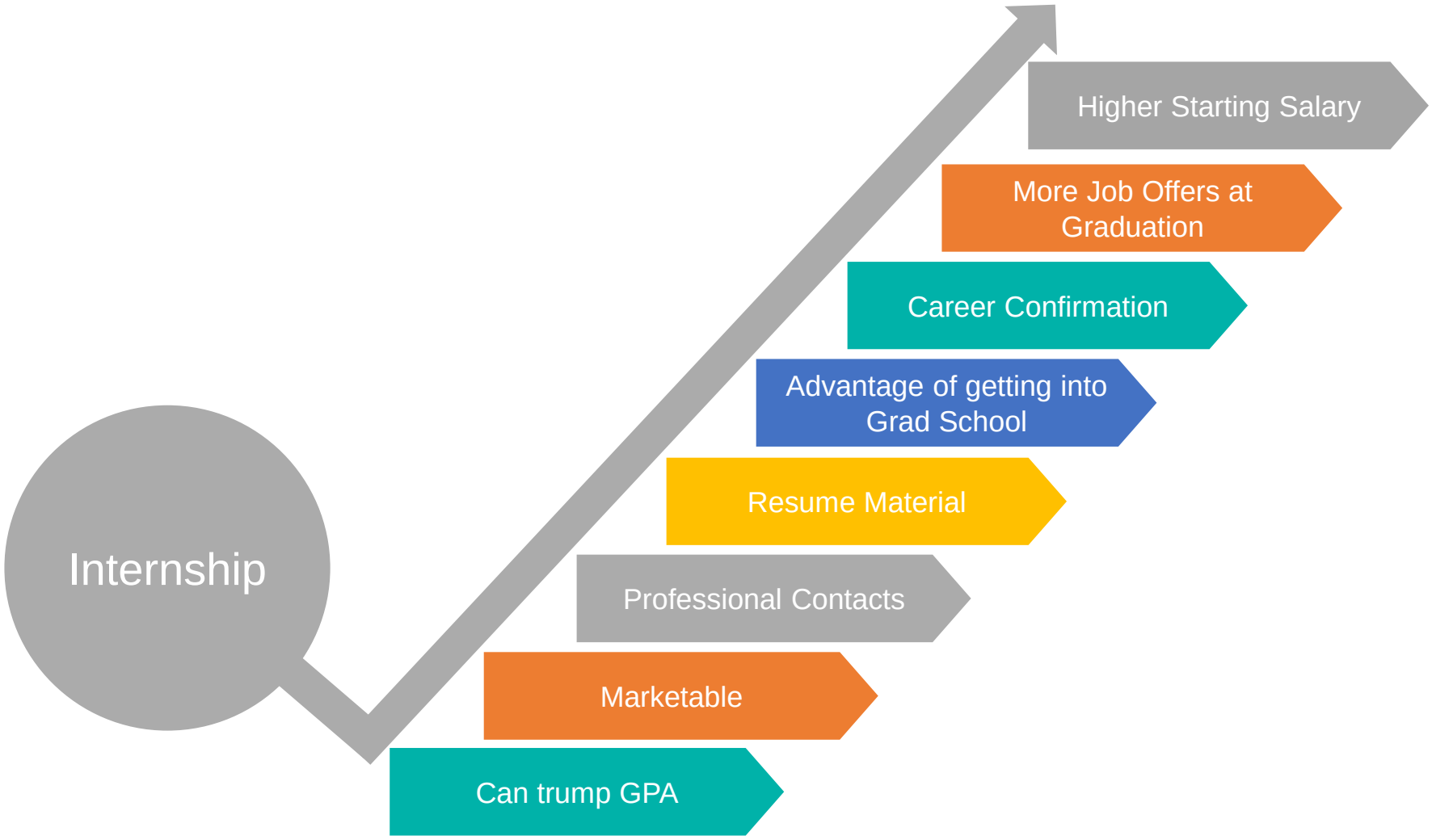
6 – 8 MONTHS BEFORE

- Identify potential references, seek out professors, current/past supervisors, and others
- Build a list of target companies you are interested in working for
- Attend professional development events/seminars

3 – 6 MONTHS BEFORE

- Gather and organize materials
  - Resume and Cover Letter
  - Portfolio, Transcripts
  - References and recommendation letters
- Research each company you are applying for beforehand
- Prepare for an interview, practice questions you might get asked
- APPLY!

My Internship Goals



How can 100+ Women Strong support you? Let us know – we are seeking your input!

Brainstorm career choices for my engineering major

Learn from one another

How to build and maintain professional networks

Find Industry contacts in my career path

What to expect when starting a new job

Share current struggles and concerns

How to find Internships

Improve my resume and social media presence

100+ Women Strong want to thank you for attending

Building & Maintaining a Network

"The journey of a thousand miles begins with one step."
Take a step today!

Lao Tzu

Make a Connection Today
Introduce yourself & exchange information, ask questions.
Connect with speakers on Whova App

Powerful Information
Review all CC Slide Decks:
https://www.csulb.edu/college-of-engineering/coaching-circles-0

Create a Journal
Write down lessons learned, goals, next steps & timeline.
Grow & maintain your network

Post Event Survey
We want your feedback.
Survey on Whova App

Join Us Again
Attend our next event--watch this space:
https://www.csulb.edu/college-of-engineering/100-women-strong

Get Support
Be a member of 100+ Women Strong
https://www.csulb.edu/college-of-engineering/100-women-strong-steering-committee

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BEACH WOMEN IN ENGINEERING CONFERENCE
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