



CALIFORNIA STATE UNIVERSITY LONG BEACH



Campus Resources

For assisting distressed or disruptive students

Call 911 for any violence or threats of violence

University Police Department (24/7)

Call 911 if you require immediate assistance, when there is an imminent risk to self or others

P: 562.985.4101 (non-emergency line) or **911** (text-to-911 is also available if you cannot safely place a call)

www.csulb.edu/police

Counseling & Psychological Services (CAPS)

Contact for short-term counseling for individuals, group counseling, referral services, and crisis intervention

P: 562.985.4001

www.csulb.edu/caps

CARES Team

Contact the CARES Team to facilitate early intervention for at-risk students who are exhibiting concerning behaviors in relation to their personal, physical, and emotional wellbeing

P: 562.985.8670

www.csulb.edu/divisions/students/cares

Bob Murphy Access Center (formerly DSS)

Contact for support services for disabled students including career resources, use of access equipment/devices, disability related counseling, and academic advising

P: 562.985.5401

www.csulb.edu/divisions/students/dss

Office of Equity & Diversity

Contact to report allegations of discrimination, harassment, retaliation, and sexual misconduct as they relate to protected status at CSULB

P: 562.985.8256

www.csulb.edu/equity-diversity

Student Health Services

Contact to speak to ATOD (alcohol/tobacco/other drugs) / Violence Prevention & Sexual Misconduct Counselor or YWCA Sexual Assault Victim's Advocate

P: 562.985.4771

www.csulb.edu/shs

Title IX Coordinator

Contact if you experience, witness, or have knowledge of sexual harassment, sexual misconduct, dating and domestic violence, or stalking

P: 562.985.5587

www.csulb.edu/titleix

Veterans Services

Contact if support services or referrals are needed for service members, veterans, or eligible dependents

P: 562.985.5115

www.csulb.edu/divisions/students/veterans_university/

Women's & Gender Equity Center

Contact to provide support and resources related to pregnant and parenting students, sexual assault victim advocacy, and support groups related to women's issues

P: 562.985.8576

www.csulb.edu/wrc



 **Off-Campus Resources**

Crisis Text Line

Text: CONNECT to 741741

Interval House (local crisis shelter)

P: 562.594.4555

Long Beach Trauma Recovery Center

P: 562.491.7977

National Sexual Assault Hotline

P: 800.656.4673

National Suicide Prevention Lifeline

P: 800.273.8255

Su Casa (local domestic violence support)

P: 562.402.4888

The LGBTQ Center Long Beach

P: 562.434.4455

Veterans Crisis Line

P: 800.273.8255 (Press 1)

Text: 838255

WomenShelter of Long Beach (24/7 crisis hotline)

P: 562.437.4663

If a student is causing a disruption but does not pose a threat:

- Ensure your safety in the environment
- Use a calm, non-confrontational approach to de-escalate the situation
- Set limits by explaining how the behavior is inappropriate
- If the disruptive behavior persists, notify the student that disciplinary action may be taken. Ask the student to leave. Inform them that refusal to leave may be a separate violation subject to discipline
- Immediately report the incident to the appropriate resource and consult with your department chair/supervisor

If at any time you feel there is a safety risk, contact the University Police at **562.985.4101** or **911**.