CURRICULUM VITAE

Amanda J. Young, PhD, CAPE
[Contact info redacted for online publication]
www.amandayoungape.com

Education

Doctor of Philosophy	May 2017	Kinesiology Adapted Physical Education Minor: Special Education	Texas Woman's University
Master of Science	May 2012	Kinesiology Adapted Physical Education	Texas Woman's University
Bachelor of Science	May 2009	Kinesiology Physical Education All Level	Texas Christian University

Professional Certifications and Licensures

First Aid and Cardiopulmonary Resuscitation	2000 – present
Nationally Certified Adapted Physical Educator	2012 – present
Texas Physical Education Teacher (K-12)	2009 – present
California Physical Education Teacher (K-12)	2009 – 2014

Academic Employment

Assistant Professor, Adapted Physical Activity, Physical and Health Education, Slippery Rock University (2019-present), Pennsylvania.

Adjunct Faculty, Department of Kinesiology, Texas Woman's University (2017-2019), Denton, Texas.

Teaching Assistant, Department of Kinesiology, Texas Woman's University (2012-2015), Denton, Texas.

Non-Academic Employment

Adapted Physical Educator, Starpoint & KinderFrogs Laboratory Schools, Texas Christian University (2010-2019), Fort Worth, Texas.

Substitute Teacher, Poway Unified School District (2009-2010), California

TEACHING

Courses Taught as Assistant Professor Faculty (Slippery Rock University)

Undergraduate Level:
Introduction to Adapted Physical Activity (PE 227)
Adapted Physical Activity and Health Through the Lifespan (PE 353)
University Seminar – Disability Sports (PE 139)

Masters Level:
Application of Research for Practicing APA Specialists (PE 740)
Selected Topics in APA (PE 698)

Courses Taught as Adjunct Faculty (Texas Woman's University)

Masters Level:
Assessment in Adapted Physical Education (KINS 5853)
Growth and Perceptual Motor Development (KINS 5603)

Courses Taught as Graduate Teaching Assistant (Texas Woman's University)

Masters Level:
Pedagogy in Adapted Physical Education (KINS 5863)
Enhancing Behavior and Performance of Students with Disabilities in Physical Education and Sport (KINS 5793)
Assessment in Adapted Physical Education (KINS 5853)

Guest Lecture

Masters Level:
Developmental Disabilities (EDSP 5103), Texas Woman's University
Growth and Perceptual Motor Development (KINS 5603), Texas Woman's University
Seminar on Communication Disorders (COSD 60390), Texas Christian University

Undergraduate Level:
Physical Activity and Disability (KINE 30833), Texas Christian University
Physical Education for Elementary School Children (KINE 20403), Texas Christian University
Motor Development (KINE 30423), Texas Christian University

SCHOLARSHIP

Readings

Young, A. (2016). Yoga and music for participants with intellectual disabilities. In Lavay, B., Henderson, H., & French, R. Positive Behavior Management in Physical Activity Settings (3rd ed.) Human Kinetics.

Accepted Articles in Journals

Refereed

Young, A., Silliman-French, L., Nichols, D., & Kyzar, K. (2020) Effect of adapted physical education and homework on gross motor development for young children with down syndrome. *Education and Training in Autism and Developmental Disabilities Journal. 55*(2), 228-242.

Lund, E., **Young, A**., & Yarbrough, R. L. (2019). The effects of co-treatment on concept development in children with Down syndrome. *Communication Disorders Quarterly*. doi: 10.1177/1525740119827264

Young, A., Silliman-French, L., & Crawford, L. (2017). Yoga for young children with Down syndrome. *Palaestra*. *31*(3) 18-25.

Young, A., Kyzar, K., Tolbert, M., & Huckaby, F. (2016). After school recreation and families of children with Down syndrome: A qualitative study. *Palaestra*. *30*(4) 9-19. https://js.sagamorepub.com/palaestra/article/view/8036

Smart, B., **Young, A**., Kim, K., & French, R. (2016). Strategies for implementing bug-in-the-ear devices for students with disabilities in physical education. *Texas Association of Health Physical Education Recreation and Dance Journal. 84*(3) 8-11.

Invitation

Young, A. (2018). Practitioner spotlight – Adapted physical education. *Texas Division for Early Childhood of the Council for Exceptional Children Newsletter*.

Conference Presentations

Workshops

Bittner, M., **Young, A**., & Silliman-French, L. (2020, *August*). *The APE's are here: Don't forget u*s. Riverside Insights [Status: Presented]

Hall-Wirth, J. & **Young, A**. (2020, July). *A flip into the new reality: Using flipgrid for student engagement.* Slippery Rock University, Best Practices for Education and Training Dealing with New Normal [Status: Presented]

Leight, J. & **Young, A**. (2019, October). *Using technology to enhance physical activity and wellness.* Slippery Rock University, Professional Development in School Wellness [Status: Presented]

Young, A. & Abrahamson, K. (2019, October). *Physical activity opportunities for all students*. Slippery Rock University, Professional Development in School Wellness. [Status: Presented]

Young, A. (2018, September). *Adapted physical education.* Texas Christian University, Lab School Advisory Committee, Fort Worth. [Status: Presented]

Yarbrough, L. & **Young, A**. (2018, September). *There's no place like home*. Texas Christian University, KinderFrogs Teacher/Parent Association, Fort Worth. [Status: Presented]

Young, A. (2017, August). *Team building*. Texas Christian University, Starpoint, Fort Worth. [Status: Presented]

Young, A. (2017, August). *Team building*. Texas Christian University, KinderFrogs, Fort Worth. [Status: Presented]

Young, A. (2016, August). *PE in Texas*. Texas Christian University, Starpoint, Fort Worth. [Status: Presented]

Young, A. (2017, August). *Team building*. Texas Christian University, KinderFrogs, Fort Worth. [Status: Presented]

Young, A. (2016, August). *Dissertation research.* Texas Christian University, KinderFrogs, Fort Worth. [Status: Presented]

Young, A. (2016, August). *Academic games*. Texas Christian University, Starpoint, Fort Worth. [Status: Presented]

Young, A. (2016, August). *APE at kinderfrogs.* Texas Christian University, KinderFrogs, Fort Worth. [Status: Presented]

Young, A. (2015, August). *Inclusive PE and APE*. Cleburne ISD Elementary Physical Education Teachers, Fort Worth, Texas. [Status: Presented]

Yarbrough, L., Mathews, S., & **Young, A**. (2015, August). *Working together at kinderfrogs: Speech therapy, occupational therapy, and adapted physical education*. Texas Christian University, KinderFrogs Teacher/Parent Association, Fort Worth. [Status: Presented]

Young, A. (2015, August). *Team building*. Texas Christian University, Starpoint, Fort Worth. [Status: Presented]

Young, A. (2015, August). *Team building*. Texas Christian University, KinderFrogs, Fort Worth. [Status: Presented]

Young, A. (2014, August). *Team building*. Texas Christian University, Starpoint, Fort Worth. [Status: Presented]

Young, A. (2014, August). *Team building*. Texas Christian University, KinderFrogs, Fort Worth. [Status: Presented]

Young, A. (2013, August). *Team building*. Texas Christian University, Starpoint, Fort Worth. [Status: Presented]

Young, A. (2013, August). *Team building* Texas Christian University, KinderFrogs, Fort Worth. [Status: Presented]

Young, A. (2012, August). *Team building*. Texas Christian University, Starpoint, Fort Worth. [Status: Presented]

Young, A. (2012, August). *Team building*. Texas Christian University, KinderFrogs, Fort Worth. [Status: Presented]

Podium (Refereed)

Ambrosius, H. & **Young, A**. (2019, November). *Everything preschool: Law, assessment, service delivery, best practices, and activity ideas.* National Adapted Physical Education Conference. Garden Grove, California. [Status: Presented]

Bruno, L. & **Young, A**. (2019, April). *Students with ASD in APE: Understand how the pieces fit.* SHAPE America National Convention. Tampa, Florida. [Status: Presented]

Young, A. & Thomas, M. (2019, March). *Academic games: Jazzing up core curriculum. international association of laboratory schools.* Fort Worth, Texas. [Status: Presented]

Young, A., Thomas, M., & Silliman-French, L. (2019, February). *Academic games: Jazzing up core curriculum. learning disability association conference*. Fort Worth, Texas. [Status: Presented]

Young, A., Silliman-French, L., Young, J., & Morales, M. (2018, November). *Let's iron out the assessment bugs.* National Adapted Physical Education Conference. San Diego, California. [Status: Presented]

McCullick, J. & **Young, A**. (2018, October). *Making inclusion work in elementary pe*. North Texas APE Conference, Denton, Texas. [Status: Presented]

Staples, K.L., Colling, K., **Young, A**., & Esposito, P. (2018, October). *Motor skill competence and trajectories of development among pre-school aged children with and without Down syndrome.* North American Federation of Adapted Physical Activity Symposium, Corvallis, Oregon. [Status: Presented]

Baquera, R., **Young, A**. & TCU Scholars (2017, December). *Purple people movers: A motor development collaborative project.* Texas Association for Health, Physical Education, Recreation, and Dance, Dallas, Texas. [Status: Presented]

Young, A., Silliman-French, L., & TWU Scholars (2017, November). *The kinderfrogs are coming.* Texas Association for Health, Physical Education, Recreation, and Dance, Dallas, Texas. [Status: Presented]

Lund, E., **Young, A**. & Yarbrough, R. (2017, February). *SLP and PE: Is co-treatment more effective for preschoolers with Down syndrome?* Texas Speech-Language-Hearing Association Convention. Austin, Texas. [Status: Presented]

Young, A. & Young, J. (2016, November). *Jumpin' and jivin' with pre-k.* National Adapted Physical Education Conference (NAPEC). Los Angeles, California. [Status: Presented]

Young, A. & Young, J. (2015, November). *Movin' and groovin' with pre-k.* National Adapted Physical Education Conference, Garden Grove, California. [Status: Presented]

Young, A. & Young, J. (2015, October). *Inclusion support for students with ASD*. North Texas Adapted Physical Education Conference. Denton, TX. [Status: Presented]

Adams, K. & **Young, A**. (2015, June). *LEAP into inclusion.* Texas Council for Exceptional Children, Fort Worth, Texas. [Status: Presented]

Young, A., Silliman-French, L., Morales, M., Bittner, M., & Johnson, G. (2015, June). *Collaborate with the APEs.* Texas Council for Exceptional Children, Fort Worth, Texas. [Status: Presented]

Silliman-French, L., Davis, R., Foederer, R., **Young, A**., & Morales, M. (2014, November). *APE assessments: project MOBILITEE and regional 10 functional assessments.* National Adapted Physical Education Conference, Burlingame, California. [Status: Presented]

Young, A., Morales, M., & Silliman-French, L. (2013, December). *Lookout, the kinderfrogs are coming.* Texas Association for Health, Physical Education, Recreation, and Dance, Dallas, Texas. [Status: Presented]

Young, A., Morales, M., Young, J., & Silliman-French, L. (2013, November). *Assessment: There is more out there.* National Adapted Physical Education Conference. Irvine, California. [Status: Presented]

Adams, K., Guerra, L., Middleton, E., Yarborough, R., **Young, A**. (2013, June). *Technology in action: bringing innovation to an early intervention program.* Texas Computer Education Association Tots and Technology Summer Conference, Galveston, Texas. [Status: Presented]

Young, A. & Silliman-French, L. (2012, November). *Yoga for kinderfrogs*. National Adapted Physical Education Conference, Sonoma, California. [Status: Presented]

Poster (Refereed)

Stevens, K. & **Young, A**. (2020) *Overcoming the fear of the deep end: Swimming lessons for an individual with epilepsy.* Journal of Scholarly Endeavor: Symposium for Student Research, Scholarship, and Creative Activity. Slippery Rock University (Symposium cancelled due to COVID-19)

Keener, E., Yang, Q., **Young, A**., & Silliman-French, L. (2019) *Perceptions of typically developing children in physical education inclusionary settings.* Texas Woman's University Student Creative Arts and Research Symposium, Denton, TX. [Status: Presented]

Young, A., Silliman-French, L., Nichols, D., Kyzar, K., & Dillon, S. (2018, October). *Effect of adapted physical education and homework on gross motor development for young children with down syndrome.* North American Federation of Adapted Physical Activity Symposium, Corvallis, Oregon. [Status: Presented]

Collins, K., **Young, A**., & Esposito, P. (2018, October). *Postural control and functional mobility in individuals with intellectual and developmental disabilities.* North American Federation of Adapted Physical Activity Symposium, Corvallis, Oregon. [Status: Presented]

Oh, J., Craddock, C., & **Young, A**. (2018) *Longitudinal study: the effect of ape service on motor development of students with down syndrome.* Texas Woman's University Student Creative Arts & Research Symposium, Denton, Texas. [Status: Presented]

Collins, K., **Young, A**., Esposito, P. (2017) *New criteria for assessing body composition among children with down syndrome.* International Symposium of Adapted Physical Activity, Daegu, South Korea. [Status: Presented]

Aliber, J., Salas, C., Siegers, H., **Young, A**., & Esposito, P. (2016). *Nintendo Wii balance training in children with and without Down syndrome.* American Physical Therapy Association Combined Sections Meeting, Anaheim, California. [Status: Presented]

Young, A., & Crawford, L. (2015, April) *Using activity monitoring devices to increase physical activity levels in children with attention deficit hyperactivity disorder & learning disabilities.* Texas Christian University College of Education Research and Pedagogy Festival, Fort Worth, Texas. [Status: Presented]

Martel, R., Fugler, J., Yarbrough, K., Wheeler, A., Salem, Y., Liu, H., & **Young, A**. (2015) *Use of yoga in children with autism: A systematic review of literature.* University of North Texas Health Science Center Research Appreciation Day. [Status: Presented]

Jones, S., **Young, A**., & Esposito, P. (2015) *Motor skills and adaptive skills in preschoolers with Down syndrome.* Society of Health & Physical Educators National Convention, Seattle, Washington. [Status: Prepared]

Fugler, J., Martel, R., Wheeler, A., Yarbrough, K., **Young, A**., Liu, H., & Salem, Y. (2015, February). *Use of yoga in children with autism: a systematic review of literature.* The Combined Sections Meeting of the American Physical Therapy Association. Indianapolis, Indiana. [Status: Presented]

Yarbrough, K., Fugler, J., Martel, R., Wheeler, A., Liu, H., Salem, Y., & **Young, A**. (2014, October) *Use of yoga in children with autism: a systematic review of literature.* Texas Physical Therapy Association Conference, Galveston, Texas. [Status: Presented]

Young, A. & Silliman-French, L. (2014, April). *Use of behavior management strategies to increase time-on-task of children with Down syndrome during yoga activities.* Texas Woman's University Student Creative Arts & Research Symposium, Denton, Texas. [Status: Presented]

Smart, B., & **Young, A**. (2014, April). *Influence of the bug-in-the-ear device on the off-task behavior time on a student with a learning disability.* Texas Woman's University Student Creative Arts & Research Symposium, Denton, Texas. [Status: Presented] [Refereed]

Young, A. & Huckaby, M. F. (2014, April). *A qualitative investigation of after school activities for families with a child with Down syndrome*. Texas Christian University College of Education Research and Pedagogy Festival, Fort Worth, Texas. [Status: Presented]

Bouquet, J., **Young, A**., & Esposito, P. (2014). *Daily adapted physical education and fundamental motor skills in children with Down syndrome*. North American Federation of Adapted Physical Activity Symposium, Ann Arbor, Michigan. [Status: Presented]

Barron, S., Baumgardner, J., **Young, A**., Tolbert, M., & Esposito, P. (2013). *Body composition in preschool children with Down syndrome.* International Symposium for Adapted Physical Activity, Istanbul, Turkey. [Status: Presented]

Young, A. & Silliman-French, L. (2013, April). *The critical shortage of adapted physical educators in the state of Texas.* Texas Woman's University Student Creative Arts & Research Symposium, Denton, Texas. [Status: Presented]

Grants

US Department of Education, Office of Special Education Programs. Jackson, D. (Director), **Young, A.** (Co-Director). Special Educators and Certified Adapted Physical Educators Training in an Interdisciplinary Model for Education Project. Period August 2020-August 2024. External Grant for the amount of $1,250,000 (Under review).

Honors/Awards

Nominated

2019: President's Award for Excellence in Teaching – Slippery Rock University

2018: TAHPERD APE Teacher of the Year

2017: Pioneering Spirit Award – Outstanding Doctoral Student

Received

2017- Present: Phi Kappa Phi Member

2016: Outstanding Academic Achievement; Phi Kappa Phi

2015: Outstanding Academic Achievement; Phi Kappa Phi

2015: A+ Educators of 2015 – *Fort Worth Magazine*, Fort Worth, Texas.

2014: Phi Kappa Phi: Certificate of Merit – Texas Woman's University

2012: Distinguished Adapted Physical Education Teacher – Texas Woman's University

SERVICE

Service to the University

2020 – Present: Physical and Health Education Social Committee Chair, Slippery Rock University

2020 – Present: Physical and Health Education Scholarship and Awards Committee, Slippery Rock University

2020 – Present: Physical and Health Education Curriculum Committee, Slippery Rock University

2020 – Present: Transitions Program Advisory Committee, Slippery Rock University

2020 – Present: College of Education Professor Protégé Project, Slippery Rock University

2020 – Present: Office of Disability Services Faculty Advisory Board, Slippery Rock University

2020 – Present: President's Commission for Disability Issues, Slippery Rock University

2020 - Present: Rock Studies Committee, Slippery Rock University

2019 – Present: University Forum, Slippery Rock University

2019 – Present: School Wellness Education Faculty Team, Slippery Rock University

2019 – Present: Physical and Health Education Social Committee, Slippery Rock University

2019 – Present: Adapted Physical Activity Minor Coordinator, Slippery Rock University

2019 – Present: Adapted Physical Activity Club Faculty Advisor, Slippery Rock University

2019 – Present: Physical and Health Education Department Student Advisor

2018: Master's Thesis Committee Member, Kinesiology Department, Texas Christian University

2014 – 2018: Senior Honors Thesis Committee Member, Kinesiology Department, Texas Christian University

2014: Lab School Search Committee: Teachers Assistant, Texas Christian University

2014: Student Research Symposium: Graduate Student Panel, Texas Woman's University

Service to the Profession

2020 – Present: SHAPE America Research Reviewer

2020 – Present: NCPEID Board of Directors: Member at Large

2020 – Present: Manuscript Reviewer for Physical Education and Sport Pedagogy

2019 – Present: NCPEID Membership Subcommittee

2018 – Present: Manuscript Reviewer for Adapted Physical Activity Quarterly

2018: Routledge Textbook Reviewer: Case Studies in Adapted Physical Education: Empowering Critical Thinking, 2nd edition.

2015 – 2017: Adapted Physical Activity Committee Member - Texas Association of Health Physical Education Recreation and Dance

2014 – Present: Palaestra Manuscript Reviewer

Professional Memberships

The National Consortium for Physical Education for Individuals with Disabilities

SHAPE America

Texas Association for Health, Physical Education, Recreation & Dance

National Down Syndrome Congress

Down Syndrome Partnership of North Texas

Professional Service to the Community

2020 – present: Special Olympics Unified Fitness – Program Coordinator

2019 – 2020: Rock Stars; Special Olympics Young Athletes Program – Program Coordinator

2019 – present: ENVISION Blind Sports – Volunteer

2018: DSPNT Step Up for Down Syndrome Walk – Chair

2017 – 2019: Down Syndrome Partnership of North Texas – Board Member

2017: Strider Bike Cup Race – Special Needs Trainer

2013 – 2019: Special Olympics Texas – Young Athletes Program Coach

2016 – 2018: Cook Children's Tri My Best Triathlon –Athlete Buddy

2012 – 2014: iCan Bike Camp – Volunteer

2012: Learning through Sun, Sand and SURF – Volunteer