

Gerontology Newsletter

Department of Family and Consumer Sciences
Spring 2019 Volume 12

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Gerontology Research Report

By: Dr. Mary Marshall

Gerontology students have been busy this year working on research at the university. Research projects with a Gerontological focus are happening across a variety of programs and colleges, and luckily our students are taking on the opportunity to learn about working with older adults in a new way! Here are a few highlighted projects from our very own students.

Kathy Harrell, a graduate student in Gerontology, has spent the past year working on a research collaboration between the departments of Kinesiology, Recreational Therapy, and Gerontology. The Connecting Seniors to their Community through Walking (CSCW) program hosted 8 walks for residents of the Gold Star Manor community throughout Long Beach. Kathy describes her involvement, "I started off doing all kinds of administrative tasks preparing for what would need to happen quickly after gaining IRB approval. I volunteered to find places where we could take the group to walk. A few members of the research team would join me in testing bus routes, mapping walks, identifying community connections, and piloting all walks before leading qualified residents the first Friday of each month. I worked with Long Beach Transit's Senior Outreach manager trying to build their newly launched Connected Seniors program." This research project provided an opportunity for a number of professors and students to work together to meet the needs of the community while also collecting important data to help progress the field. The research team worked with older adults to collect data about how age-friendly the community was through taking photos and completing focus groups. This information will be published as well as presented to the city of Long Beach. Kathy expressed many benefits from the experience, "While residents were connecting with one another while being introduced to new areas of their community, I got an awesome chance to connect with an interdisciplinary group of CSULB students and professors researching the implications and benefits of physical and social activities among a proud group of awesome older adults. Now in the final weeks of the program, we are working with interested residents to create a sustainable new walking group. In addition, I advanced my research skills and helped advance Long Beach's effort to become an age-friendly city."

Nicole Lunde, is a university honors student majoring in Health Science with an option in Community Health Education and a minor in Gerontology. Nicole has been a research intern for the CSCW walking study, but she has also been conducting her own research at the Osher Lifelong Learning Institute (OLLI) on campus. She has had the unique opportunity to work on a thesis as an undergraduate student as part of the honors program. Nicole is exploring relationships between lifelong learning and volunteerism on levels of hope. She reports, "I have completed the first two chapters of my thesis and am currently working on revisions for my IRB application. I will be conducting my data collection in Fall 2019. Analyses will be performed on participants' scores from a questionnaire composed of a demographics survey and the Adult Hope Scale. Professor Goeller has been a tremendous positive influence in my undergraduate studies. He helped me discover my love for Gerontology and has since helped me succeed in developing a thesis on this subject." Nicole is continually excited about being in the gerontology program and the possibilities in her future because of this degree, "Minoring in Gerontology has been so rewarding and connected me to some amazing people of all ages. I am so thankful for the opportunities I have been granted as a result of my decision of minoring in this amazing field."

Gerontology Research Report Continued

Alexandra Wilkinson, a graduate student in Gerontology, just successfully passed her thesis defense and deposit and will be graduating this spring. Besides working on the CSCW walking study, Alex spent her final year designing, collecting, and analysis original data for her thesis. Her research focused on companion animal attachment and perceived informal care partner stress of someone caring for a loved one with dementia. Alex reflected, “I absolutely loved researching my topic because it was a very selfish thesis as I am a care partner and I am highly attached to my dog. Reading the literature and writing up my results was the best part because I could see the power and meaning of my research in my everyday life.” While Alex enjoyed the topic and it was very personal to her, it was still very challenging to complete the entire research project from start to finish! Alex notes, “The process was not without difficulty, especially in recruiting participants. I chose to recruit online (social media, websites) which I believed would easier than doing in person, but this was not the case. Eventually after a few months of fear and all the holidays passed people began to participate. Analyzing the data was simple because I created my surveys in Qualtrics. All I had to do was push a button and my data was in SPSS. Once it is in SPSS it did not take very long to run my tests and review my results. It



Kathy, Nicole, and Alex pictured with participants and fellow researchers for the Connecting Seniors to the Community

makes everything worth it when you see that one number $p < .001$ to make it all worth it!” Luckily, Alex’s hard work paid off because she is now working on publishing her results to a peer-reviewed journal, and has found her experiences helpful in her work at the VA Hospital, “It seems strange still, but now that I have completed my thesis, I can see its value as a research assistant at the VA hospital of Long Beach. The VA research may be a little more extensive because we are testing mental health medications but the research skills transfer. The way it has transferred most is a bit surprising. Most of our research participants are older veterans, but not all, however no matter their age they are required to have a care partner with them during the entire duration of the study. We never enroll just one person. It is always a participant and a care partner. Most research even sets it as inclusion criteria that they must have a stable care partner for at least 3 months. What I have learned about dementia specific care partners transfer to people with other mental health concerns as well. Caring for a loved one is a rewarding identity for people to take on, but it is not without stress. Being a research assistant has inspired me to do future research with other types of care partners in the future because all care partners deserve to find ways to relieve their stress.”

CSULB Faculty Working towards an Age-Friendly Long Beach

By: Dr. Iveris Martinez

The Long Beach Age-Friendly Steering Committee was launched in September 2018 in response to the growing needs of the aging population in Long Beach. The committee is comprised of 27 members representing broad sectors of the Long Beach community. The goal of the Committee is to propose an action plan for aging in the city. There are four workgroups working independently to inform the broader committee around four key areas – Transportation, Health, Safety, and Quality of Life. These areas were identified through a gap analysis which was presented in May of 2018 at the Aging Reimagined 2.0 event held at El Dorado Park. The Draft Action Plan will be available in November 2019, with a 3 to 5-year implementation strategy. These efforts, led by the City Health Department, is part of the worldwide age-friendly movement which is supported in the United States by AARP.

Long Beach State University's College of Health and Human Services are key participants in this initiative. Dr. Barbara White (Director of the Osher Lifelong Learning Institute - OLLI), Patti La Place (Recreational Therapy), Dina Berg (Public Policy and Heart of Ida), and Dr. Iveris Martinez (Director of the Center for Successful Aging and Archstone Foundation Endowed Chair in Gerontology), all serve on the Committee. Dina Berg is co-leading the Safety in Home and Community workgroup. Patti La Place is co-leading the Quality of Life workgroup.

Dr. Martinez is co-chair of the Health Workgroup along with Denise Likar, Vice President of SCAN Independence at Home. The Health Workgroup is focusing on addressing the fragmentation and gaps in medical, behavioral, and overall health services, as well as ensuring access across cultural and language groups.

Additional needs for the aging population identified include the growing number of homeless older adults. Currently, twenty-nine percent of the Long Beach homeless population are older adults. Some of these homeless older adults have aged within homelessness. Others are finding themselves at risk of homelessness because they are precariously housed. Seniors may be at risk because of poor health, limited income, and social isolation. Currently homeless services are not equipped to assist older adults. A workgroup will launch Fall 2019 to address to provide expertise and recommendations to the "Everyone Home Long Beach," a city-wide plan to address the homelessness crisis.

The age-friendly Long Beach initiative is an opportunity to build upon the resources of the university to better serve the aging population. Some initial ideas that have been discussed include leveraging translation services and language abilities, raising awareness among students on the signs of elder abuse and neglect, and incorporating intergenerational programs to promote social connectivity. Through these efforts opportunities may emerge to bridge university resources on aging with the Long Beach community.



Gerontology Honor Society: Spring 2019 Highlights

By: Elena Ionescu, MSG

With the end of the semester approaching, we're looking back and naming some of our Spring 2019 semester's favorite moments. Although each semester seems to be a marathon effort, by the time we reach the end of it, we feel quite exhausted but proud of our accomplishments. For some of us this semester may have gone too fast, while others may be glad that we are (almost) done... This semester had rough patches and challenges along the way, but I feel that we, the Gerontology Honor Society active members, have succeeded to meet our agenda. We've recapped our semester highlights below:



We were present at the Week of Welcome: We made our presence felt during the first week of Spring 2019 semester by letting students know about the importance of gerontology and how they can select careers in aging based on their chosen major. It's not the first (or the last) time when we had to explain what gerontology stands for; in fact, we think it's cool we get to tell others that gerontology is not the science of earth, or that geriatrics is not one and the same as gerontology, as many might think!



“Dementia: Simply the facts!” was the name of our presentation for the National Student Speech Language and Hearing Association’s (NSSLHA) February meeting. NSSLHA asked for our help on how students, who are majoring in communication sciences with an emphasis on communication disorders and audiology, can better serve the needs of older adults diagnosed with dementia.

Patrick’s Day Celebration. Patrick’s Day was celebrated at El Dorado Senior Center. We accessorized our attire based on the required color and enjoyed the Irish music while laughing at the Irish jokes some seniors shared with us. Our requested activity was bingo with a twist specific to the occasion – instead of the regular numbers, the St. Patrick’s Day bingo board displayed pictures that needed to be matched. Seniors loved the competition with a dash of luck and awesome prizes!

Gerontology Honor Society Continued

Busy April: During the month of April, we connected with other gerontologists at two important events: the USC Leonard Davis School of Gerontology one day conference “What’s Hot in Aging Research” on April 1st, 2019 and at the California Council on Gerontology and Geriatrics 39th Annual Meeting on April 12th, 2019. In addition, we connected with Redondo Beach community through the Activity Club for persons having early to mid-stage dementia.

Attending conferences is one of the best things one could do for his career! We gained a lot of new information, inspiration, and contacts. After finding out about the gerontological industry’s trends, we were invited to learn stress management skills with our Activity Club seniors. The taught stress management technique was demonstrated based on indoor gardening. We planted succulent plants in small pots while listening to old songs, sharing good laughs, and reminiscing. By the way, did you know that studies have shown that indoor plants clean the air by removing 87 percent of airborne toxins in 24 hours, and can make people more relaxed? (Dennis, 2010).



Organization of the Year! Our chosen path as gerontologists is based on passion -- we feel joy when we get involved with the community, rewarded based on the connections we establish with our older adults, and we also feel proud on our accomplishments. Therefore, we are thrilled to announce you that Sigma Phi Omega – Delta Eta Chapter, which is known at CSULB as The Gerontology Honor Society, was nominated and selected as this year’s Student Life and Development Organization of the Year – we truly feel honored as we know that such recognition would be impossible to receive if it wasn’t for the combined efforts and hard work of our members! Our organization’s achievements will be recognized at the 2019 Celebration of Leadership on May 10th, 2019 (USU from 3-5PM).



2019 UCLA Annual Research Conference on Aging. There is one more interesting event, which we plan to attend and at which we hope you will be able to join us – UCLA Annual Research Conference on Aging on May 29th, 2019. This half-day conference organized by the UCLA David Geffen School of Medicine provides us the opportunity to network and find out about the latest research across a broad range of topics within the gerontology field. For more information about this conference visit our BeachBoard site or email Elena Ionescu at Elena.Ionescu@csulb.edu.

No matter how crazy things may get over a semester, each time I sit down to write all that our student organization has been involved with over the semester, I remember why I love gerontology. I enjoy serving the community, I enjoy spreading the good news about gerontology, I enjoy being mentored by our older adults, and I enjoy the energy students bring to our field. I am incredibly grateful for all the experiences our field exposes us to and am greatly looking forward to our next academic year. Meanwhile, have a fun and productive summer!

“Women & Aging: Lessons from the Golden Girls” Course Gets Media Attention

“Women & Aging: Lessons from the Golden Girls,” an interdisciplinary, inter professional and intergenerational course co-instructed by Drs. Claver (Gerontology) and Wang (Nutrition & Dietetics) received a fair amount of media attention during the Spring 2019 semester (the second time the course has been taught). Developed by Claver and Wang to highlight issues pertinent to aging and older women, the course aims to allow exploration of topics not often discussed for this population: sexuality, addiction, HIV/AIDS, and age discrimination. It includes the participation of community professionals and older adults in the Greater Long Beach area, such as members of the Osher Lifelong Learning Institute on CSULB’s campus.

The course was featured by several media outlets including NBC4News, the Long Beach Post, the Long Beach Telegram, Spectrum 1 News and Q Voice News. It



was exciting to get the coverage, but the most important part of the publicity was giving attention to the field of gerontology and the importance of our field. Drs. Claver and Wang presented posters at two professional conferences to further share their work.

A highlight of the semester was a visit from a very special guest, Golden Girls Producer Marsha Posner Williams, who spoke about her personal experiences with menopause and brought one of her Golden Globes for students to hold and pose with for photos.

Lastly, paperwork to make this course a permanent offering (rather than a “special topics course” as it was these first two offerings) was approved, so it will become an official entry in the CSULB course catalog and offered regularly.



By: Dr. Maria Claver

Pathways Partners with CSULB Gerontology Program

By: **Cindy Skovgard**

Pathways, a community based organization, joined forces with the CSULB Gerontology Program to launch the Pathways Life Legacy Program (PLL) in 2015. Today, after three years of this successful partnership, students continue to be part of this amazing program that supports the notion that an older adult's life history is worthy of keeping intact and that after a long and varied life they have wisdoms to share & advice to give. In fact, it is important to underscore that this program should

not be viewed simply as, "what one leaves behind" but rather, how one lived their life and chooses to be remembered.

Students pair up and are assigned a client by Pathways' Program Manager Tammie Ottenad. Over the course of several visits, the students interview their client, gather mementos, photos and other special items and create a "Life Legacy" scrapbook as a gift to their family. Such a

personal item will be the reflection of the client for generations to come. Every PLL item will be as unique as the person writing and/or creating it. It's a "love letter" to family, friends and/or loved ones.

Research shows that this loving and historical "Life Legacy" custom has resonated with families and their loved ones dating back to as early as the 12th century. What was started as a father writing their son(s) parting letters of wisdom and advice, now reaches even beyond the family to include friends and loved ones, alike. Pathways' frail/elderly, terminally ill and hospice patients/clients are the ideal population for this program as they often want to communicate their stories, experiences and values to their descendants and loved ones. It's their way of making sure that their life brought purpose and value to those they care about.

For more information about the Pathway Life Legacy Program please contact Tammie Ottenad at tammie@pathwayshospice.org.



Cynthia's Surf Report

Spring 2019

By: Cynthia Schlesinger, MSG

Spring is a great time to start something new and a time for potential renewal! And what better thing to do than getting involved in the community and giving back. Opportunities are available everywhere. Even if you don't have the time to actually go to a destination in real time, there are plenty of things we can do from the comfort of our own home wearing our favorite bunny slippers! Here are several sites that offer opportunities to participate and volunteer to enrich the lives of older adults.

Do you want to teach a senior class over the phone? DOROT's University Without Wall Programs in New York offers a volunteer opportunity to facilitate a teleconference course for older adults based on your interests and expertise- <http://www.dorotusa.org/site/PageServer?pagename=homepage> DOROT

The program allows older adults to take a class simply by calling in. The goal of this program is to provide a platform to reduce social isolation and build friendships.

How about participating in the Music & Memory Service Project by starting your own program in the community? Check out the website <https://musicandmemory.org/> to find out how you can host an iPod donation drive to collect iPods and get them into the hands of those with dementia and Alzheimer's. The research results have found that participants receiving iPods are happier and more social, has improved their relationship with family and staff, and has been found to create a calmer social environment. Don't have time to start a project? You can still impact the life of someone with dementia by going through your closets and donating your old iPod today!!

Another great site available on the web is: L.A.Works @ <https://www.laworks.com>. This is a nonprofit, volunteer action center that creates and implements hands-on community service projects throughout the greater Los Angeles area. L.A. Works has many opportunities for our CSULB students to volunteer with older populations such as fighting hunger, senior support and services, yuletide caroling, as well as many Internship possibilities around LA County. There are volunteer and donation opportunities for every age group, so search for a cause you want to support!

Before I Die...

By: Kalyn Smith

The Before I Die project began when Candy Chang from New Orleans was grieving the loss of a loved one and turned to art to connect with others. On an abandoned house, Chang painted the words “Before I die I want to _____” allowing people to fill in the blank with their dreams and aspirations. This led to a popular artistic conversation starter about death that has spread to over 5,000 cities in 78 countries and 36 languages.



On April 22nd and 23rd, we brought the “Before I Die”

chalk walls to campus. This event jumpstarted the National Healthcare Decisions Week at the Beach, a week full of various events to raise awareness about end-of-life care and issues. We coordinated with various on- and off-campus organizations including Osher Lifelong Learning Institute, Institute for Human Caring at Providence St. Joseph Health, MemorialCare Long Beach Medical Center, and the CSULB DreamCatchers club.

The purpose of these walls was to begin conversations on what really matters in life and to consider advance directives, which we provided among other flyers and information on tables nearby. Over the two days, we had an estimated 600 participants, many of whom we had fruitful conversations with. Our event also received media attention, including being covered in the University’s media, the Long Beach Press-Telegram, and Spectrum News.



We're Live! The Gerontology Program Alumni Network (GPAN)

I think back to when I finished up my MSG and I had no idea how I was going to get into the field. I was 5 years into a different career and positioned to move up the ladder in a job I had no desire to pursue. I knew the MSG would carry weight in getting my foot in the door somewhere, but where and how without the direct experience – that was the question. My fieldwork internship had limited opportunity at the time and life's responsibilities required me to stick it out at the firm where I held a leadership position.

Then I got that email. It was noticed from an employee where I completed my internship they were leaving the company. A subsequent call to the Executive Director landed an opportunity for me to work as a consultant with the nonprofit on a part-time basis. After 6 months, I was again presented with the opportunity to join the nonprofit full time and roll out a new project. Three years after graduation, I finally got the job I set out to get in pursuit of the MSG degree at Long Beach State.

The importance of this story is, like many others, getting our foot in the door is the single most important step we can take in starting our career. Over the past year, a group of us Gerontology Alumni committed ourselves to create an alumni network that would bring alumni, students, and industry professionals together in order to create professional opportunities for CSULB Gerontology students and alumni. What we created is the Gerontology Program Alumni Network or GPAN for short.

Not only is GPAN committed to creating a network for current students and alumni, but we also committed ourselves to establish an Endowment for the CSULB Gerontology Program – our goal is to raise \$25,000 in 5 five years. The Endowment will provide scholarships for CSULB Gerontology students and further cement the Gerontology program's presence on campus. This is a major goal for GPAN in support of the CSULB Gerontology Program, and we hope you'll join us on our mission.

Find us on LinkedIn (Long Beach State Gerontology Program Alumni Network) and connect with us as we'll share updates on events, industry information, and opportunities for students and alumni alike. It's just the beginning, but we thought we'd get you involved now as pioneers for GPAN! GO BEACH!

By: John Fay, MSG





G P A N

*Meet and
Mingle*

with
**Gerontology
Professionals**

06.08.19 @ 1PM

BROUWERJI WEST

110 E 22nd Street, San Pedro, CA 90731

Gerontology 400 Students Learn at the El Dorado Senior Center

I think back to when I finished up my MSG and I had no idea how I was going to get into the field. I was 5 years into a different career and positioned to move up the ladder in a job I had no desire to pursue. I knew the MSG would carry weight in getting my foot in the door somewhere, but where and how without the direct experience – that was the question. My fieldwork internship had limited opportunity at the time and life’s responsibilities required me to stick it out at the firm where I held a leadership position.

“Every semester CSULB students enrolled in Gerontology 400: Perspectives on Gerontology, are welcomed and encouraged to complete their Service Learning Projects at the El Dorado Senior Center, a community facility here in Long Beach through the City’s Department of Parks, Recreation & Marine. While completing their Service Learning Projects, students can expect to socialize with older adults by joining them in a card game, taking a fitness class alongside them or even learning how to knit or crochet. Students also assist with an activity or lead an event such as helping bridge the gap between older adults and technology through hosting a Tech-Talk, discovering their “green thumb” in a Flower Arranging Class, or encouraging participants to find their inner Picasso in a Canvas Painting class. Our senior program participants reportedly enjoy their interactions with the students and develop lasting friendships with the hope that students walk away from this experience having gained a deeper appreciation of older adults and a broader understanding of the many ways in which we age.



The El Dorado Senior Program is enhanced tremendously by the involvement of the Gerontology 400 students. The enthusiasm they bring along with the ideas they have from the varying disciplines they are studying provides a unique addition to our existing senior programming. Students can pull from their own interests, skills and fields of study to develop an activity that they feel meets the needs of this population of seniors. Whether it is a student studying music inspired to provide piano lessons for program participants, a nursing student who was able to incorporate a lesson about heart health into an origami craft session, or an English major who used his love of words to host a Scrabble tournament, these students discover the various ways that their field or discipline can intersect with Gerontology. The CSULB students that volunteer at The El Dorado Senior Center continue to impress us and provide life-enriching activities for older adults in their community.

By: Sofia Hodjat

Senior Program Coordinator at the El Dorado Senior Center

Advocacy in Action!

By: Dr. Maria Claver

This semester, as a requirement for Gerontology 550: Social Policy and Aging, two students, Hannah Gay and Sarah Rodriguez, completed an “Advocacy in Action” project. The following are excerpts from their final report:

The purpose of this advocacy project was to fight for the reauthorization of the Older American Act in fiscal year 2019 in order to ensure continued funding provided

from the act to the NCOA’s Falls Free Initiative, which encompasses various types of research-based fall prevention programs throughout the United States.



Through this, our project’s aim is to address the issue of senior falls and to help advocate for continued funding for cost efficient fall prevention programs such as those offered through the NCOA.

Due to the nature of the aging process, people 65 years of age and older are at higher risk for falls. According to the Centers for Disease Control and Prevention, every 20 minutes an older adult dies from a fall in the United States and many more are injured. Senior falls is one of the leading causes for death and rapid health decline.

We had a goal of creating a petition through the Care2 website and obtaining 100 signatures.

By signing our petition, our participants will be agreeing to send an email to a policymaker. You can participate by visiting:

<https://www.thepetitionsite.com/282/786/129/fall-prevention/>



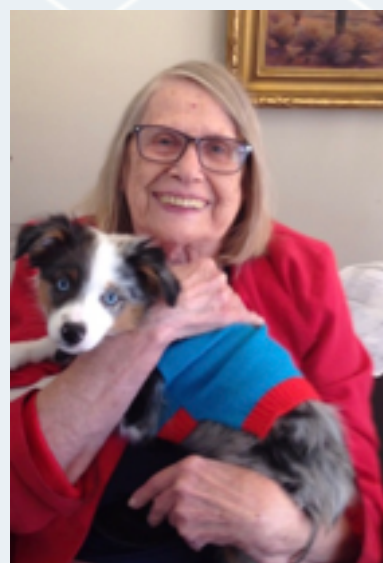
A GA's Farewell

I came to CSULB as a Psychology major in 2014, and although I loved my field I never felt like I was getting enough from the subject, but then I took my first Gerontology class and it was love at first sight. As a care partner of my grandmother (featured right), I knew I had found a subject I was passionate about and was so applicable to my own experience. I thrived in this field — becoming very involved with leadership opportunities and volunteer experiences offered by the program.



In addition to extracurricular involvement I have also had the pleasure of being the graduate assistant for the gerontology program at CSULB for a year and a half now! From my time I have learned an unparalleled amount from both students and faculty. During my time I had the opportunity to attend several conferences, award ceremonies, classrooms, and fairs. I bonded with students and faculty. My favorite task I have taken on has been substituting for and speaking in front of a classroom. Teaching has

always been a passion of mine and I loved seeing students faces and perspectives about aging change in the short time I had in front of them. I hope to one day continue the changes I've seen in students' eyes by continuing my education and eventually obtain a Ph.D. so I can inspire change full time. I would like to thank everyone that made my time as the GA memorable and I am excited for what the future holds next for me. Thank you to Elena Ionescu, Mary Marshall, Casey Goeller, Miriam Henan, and of course Maria Claver for making this program so rewarding! I know I have found inspiring mentors for life. I will not be far, just across the street as a neuropsychiatric research assistant for the VA of Long Beach.



By: Alexandra Wilkinson, MSG

CONGRATULATIONS!

FCS Commencement Awards

Outstanding Student: Duxx Natividad, Kari Tropp, Kalyn Smith, Alexandra Wilkinson, Jennifer Funez

Academic Excellence: Rose Tran, Alexandra Wilkinson, Samantha Tiscareno

Leadership & Service: Rose Tran, Kevin Bello

Research: Cynthia Okialda, Montse Ruiz Salvat

FCS Outstanding Project: Montse Ruiz Salvat

CHHS Awards

Graduate Dean's List: Alexandra Wilkinson

Outstanding Student Citations: Duxx Natividad, Kalyn Smith, Kari Tropp

Graduate Student Honors: Jennifer Funez, Cynthia Okialda

California Council on Gerontology and Geriatrics Awards

Emerging Leader Award: Mary Marshall

Student Achievement Award: Alexandra Wilkinson

Graduating Gerontology Masters Students

Winter 2019: Kiara Banks

Spring 2019: Jennifer Funez, Katherine Muratella, Alexandra Wilkinson

Congratulations to all the Gerontology Minor and Certificate Student Graduates!

Exciting Classroom News: Dr. Marshall's class service-learning project will be producing the upcoming Age Well issue!

Exciting Alumni News: Recent Masters graduate Samanta Godinez will be presenting the research results of her thesis investigation in Spanish to Congress in Mexico, (Flyer right) link:

<https://amgg.com.mx/category/33-congreso-internacional-amgg-2019/trabajos-libres/>

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FECHA LÍMITE
PARA PAGO DE INSCRIPCIÓN ONLINE

A todos nuestros amigos les informamos que la fecha límite para realizar el pago online del congreso a precio de paquete

Afiliación+ Congreso
\$2,000.00
y enviar su comprobante, será el día

15 de mayo de 2019

Posterior a esta fecha, sólo podrán realizar su inscripción en la sede los días del evento a precio normal:

CONGRESO
\$2,500.00

¡No dejes pasar la oportunidad y realiza tu pago hoy mismo!

Have a Great Summer!

