



California State University, Long Beach  
College of Health and Human Services  
Department of Kinesiology



**KIN 489A**  
**Fieldwork in Adapted Physical Education**

**A. Melissa Bittner, Ph.D.**

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**Student Assistants:**

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Chris Bouffard 213-792-4747 [Chris.Bouffard@student.csulb.edu](mailto:Chris.Bouffard@student.csulb.edu)

**D. Office Hours:** Tuesdays 1-2pm; by appointment and email

**E. Fall 2021**

**F. Tuesday & Thursday 3:45-5pm (3 Units)**

**G. Class Location** KIN 60 & KIN 62 (synchronous & asynchronous)

**H. Expected Outcomes:**

Fieldwork in Adapted Physical Education (KIN 489A) offers three units of credit for candidates interested in gaining experience providing physical education to individual with disabilities. The experience is part of the required coursework for the Adapted Physical Education Added Authorization (APEAA) Credential. Candidates who are current SSPE, MS, and ES credential holders are required to complete 6 units of credit toward KIN 489A Fieldwork, as part of the California Teacher Credential APEAA program requirement.

**Course Objectives:**

At the conclusion of the course, the student will be able to:

1. Plan, teach, analyze, and reflect a physical education lesson plan designed for individuals with disabilities using the CSULB KIN lesson plan template. Design and implement appropriate differentiated instructional strategies (universal design for learning -UDL) that include effective modifications and adaptations to meet the unique needs of individuals with various developmental, learning, sensory, orthopedic, neuromuscular, and severe disabilities.
2. Describe the various job roles and responsibilities of the APE teacher in order to effectively deliver quality services to students with disabilities in the public schools and community (i.e., direct service, consultation, and advocacy).
3. Identify and use appropriate visual and equipment/facilities and make the necessary accommodations and modifications to conduct a quality instructional program of adapted physical education for individuals with disabilities.



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4. Students will gain a heightened sense of community, civic engagement, and personal responsibility, and/or a deeper understanding of issues of social justice, equity, and/or ethics relating to people with disabilities through school observations with assigned APE teacher.

**I. Required Readings and Materials:**

**Required**

Internet access for BeachBoard and CSULB email address

**Netiquette: (Lab)**

- A. Please have your camera on and participate in activities during lab practicum.
- B. Athletic attire is required for every lab/observation in KIN 489A.
  - Wear athletic shoes and shorts/pants as we will be exercising.
  - Wear appropriate shirts (on lab days, do not wear sports bras by themselves or t-shirts that contain inappropriate words or pictures (e.g., alcohol, drug, sex related).
  - Please do not chew gum.

**J. Types of Assignments**

**Lesson Plan (total 15 points each; Total 30 Points)** Due depending on letter assigned

The purpose of the lesson plan is to organize and thoroughly explain the activities for the virtual practicum. Information should include general, behavioral objectives, preparation, skills/activities, methods, cues/skill modifications, and transitions. The lesson plan is evaluated on a rubric scoring system for each category. One lesson plan is taught for 30 minutes w/ assigned partner according to the ASAPP unit plan. Lesson plan drafts due two weeks prior to date of teaching to Dr. Bittner's email [Melissa.Bittner@csulb.edu](mailto:Melissa.Bittner@csulb.edu) Dr. Bittner will provide feedback in track changes. Students will continue to re-submit (CLEAN COPY- no track changes) until approval to teach (BOTH visuals and lesson plan). Final copy submitted to BeachBoard by midnight on date of teaching.

**APE Hours (total 50 points)** Due Dec 9

Students will accumulate 50 APE hours from a variety of settings.

Options include:

- ASAPP Virtual Teaching (6 hours). **ALL students enrolled in KIN 489A.**
- ASAPP Face-to-face (F2F). **This is REQUIRED for APE students who do not have a credential. NO EXCEPTIONS.** (12 hours)
- Observe APE teacher/s in the field. (remaining hours)

**Do-It-Yourself (DIY) Equipment & Activity Video (total 15 points)** Due Nov 9

Students will create DIY home equipment for children to use for APE. Then, students will make a universally designed activity that corresponds with the DIY equipment. Students will submit a short video of their DIY equipment and activity.



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**K. Sequence of Assignments**

**Tentative Course Calendar**

**Any changes will be announced in class and posted on BeachBoard. Check syllabus posted on BeachBoard for most current Course Calendar and due dates.**

<b>Week</b>	<b>Date (Tuesday)</b>	<b>Date (Thursday)</b>
1 Aug 24 & 26	KIN 489A Syllabus <b>Assigned: Lesson Plans</b> <b>Assigned: APE Observations</b> <b>Assigned: DIY Equipment &amp; Lesson Video</b>	Lecture: Lesson Planning @ 2pm (in conjunction with KIN 387)
2 Aug 31 & Sept 2	LAB: Cooperative Games (Tuesday)	LAB: Cooperative Games (Thursday)
3 Sept 7 & 9	LAB: TGMD @ 3:45pm (Tuesday)	Lecture: TGMD @ 2pm (in conjunction with KIN 387) LAB: TGMD @ 3:45pm (Thursday)
4 Sept 14 & 16	<b>ASAPP Begins</b> Chris & Brandon Teach (Tuesday)	Chris & Brandon Teach (Thursday)
5 Sept 21 & 23	Teacher A F2F Teachers D & F Virtual	Teacher B F2F Teachers C & E Virtual
6 Sept 28 & 30	Teacher C F2F Teachers A & E Virtual	Teacher D F2F Teachers B & F Virtual
7 Oct 5 & 7	Teacher E F2F Teachers G & I Virtual	Teacher F F2F Teachers H & J Virtual
8 Oct 12 & 14	Teacher G F2F Teachers K & M Virtual	Teacher H F2F Teachers L & N Virtual
9 Oct 19 & 21	Teacher I F2F Teachers O & Q Virtual	Teacher J F2F Teachers P & R Virtual
10 Oct 26 & 28	Teacher K F2F Teachers TBA Virtual	Teacher L F2F Teachers TBA Virtual
11 Nov 2 & 4	Teacher M F2F	Teacher N F2F National APE Conference
12 Nov 9 & 11	Chris & Brandon Teach <b>DUE: DIY Equipment &amp; Activity Video</b>	NO CLASS Veteran's Day
13 Nov 16 & 18	Teacher O F2F	Teacher P F2F
14 Nov 23 & 25	NO CLASS Fall Break	NO CLASS Thanksgiving
15 Nov 30 & Dec 2	Teacher Q F2F	Teacher R F2F Mock IEP Preparation
16 Dec 7 & 9	IEP Parent/Families Chris & Brandon Teach (Tuesday)	<b>ASAPP Ends</b> IEP Parent/Families Chris & Brandon Teach (Thursday) <b>DUE: APE Hours</b>



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Thursday, Dec 16 @ 1:30pm		Thursday, Dec 16 @ 1:30pm ASAPP Clean up
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**L. Types of Assignments**  
**Tentative Course Evaluation**

Description	Course Objectives	Points Per Part	Total Possible Points	% of Grade
1. Lesson Plans (two)	1	15	30	%
2. APE Hours (50 Hours Total)	1, 2, 3, 4	1	50	%
3. DIY Equipment & Activity Video	3	15	15	%
			95	100%

**Meeting and Submitting Assignments**

**Assignments are to be submitted through BeachBoard Discussion Board Dropbox.**

All assignments must be typed and submitted on the prescribed due date **before midnight** and will be graded on content and grammar.

**Late course work:** Assignments submitted after the prescribed due date will result in the following grade deduction:

- First late assignment = -20%. Last day to submit late materials is the last class date (excluding final exam).
- NO other late assignments will be accepted after the first “buddy pass” (i.e., late assignment accepted with 20% deduction)
- NO late work will be accepted for extra credit.

**Course Grading Scale**

Percent Range	Letter Grade
90 – 100%	A
89 – 80%	B
79 – 70%	C
69 – 65%	D
Below 64%	F

**Instructor’s Interpretation of the University’s Withdrawal Policy**

It is the student’s responsibility to withdraw from classes. Instructors have no obligation to withdraw students who do not attend courses and may choose not to do so.

Withdrawal from a course after that date requires the signature of the instructor and the department chair and is permissible only for serious and compelling reasons. [Severe or extensive medical problems would be a reason to drop after that date, but fear of receiving a final grade lower than desired, or change in one’s work schedule are not \ considered a serious and compelling reasons.] A “W” will appear on the student’s



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transcript.

During the final three weeks of instruction withdrawals are not permitted except in cases such as accident or serious illness where the circumstances causing the withdrawal are clearly beyond the student's control. The cause must be documented. Ordinarily, withdrawals in this category involve total withdrawal from the university. You will need the approval of the college dean as well as that of the class instructor and the department chairperson for each class you drop.

#### N. Attendance Procedures

Please read the CSULB attendance policy carefully. It can be found at:  
<http://www.csulb.edu/~senate/Policies/01-01.html>

ATTENDANCE IS VERY STRONGLY RECOMMENDED. Experience has shown that good grades are strongly correlated with attendance, practice and participation.

1. Absences **DO NOT** exempt students from academic requirements.
2. An "Incomplete Grade" may be granted if the student has a passing grade, but only if the instructor determines that it is feasible for the student to successfully complete remaining assignments after the semester. Pursuant to university policy, such determinations are within the discretion of the instructor.
3. **Make-up Policy:** Students that are participating in school sponsored events (e.g., athletics, professional conferences, academics) need to turn in/complete assignments and readiness assessments tests **AHEAD** of time or by the due date. **Make-up assignments will be determined case-by-case.** If unable to participate during class due to illness or injury, an alternative in-class activity option will be given by the instructor. If unable to participate during class due to illness or injury, an alternative in-class activity option will be given by the instructor.

#### O. Deadlines

**All assignments must be submitted the day they are due by midnight. Assignments are to be submitted through (a) BeachBoard Discussion Board AND (b) hard copy WITH the rubric.** All assignments must be typed and submitted on the prescribed due date and will be graded on content and grammar. **Late course work:** Assignments submitted after the prescribed due date will result in the following grade deduction, one week or less 10%, more than a week 20%. After the last day of class, no work will be accepted. It is your responsibility to save, print and submit assignments on time. There is NO extension for extra credit.

#### P. Disability Statement

Students with a disability or medical restriction who are requesting a classroom accommodation should contact the Disabled Student Services at 562-985-5401 or visit Brotman Hall, Suite 270 during 8AM-5PM weekday hours. Disabled Student Services will work with the student to identify a reasonable accommodation in partnership with appropriate academic offices and medical providers. We encourage students to reach out to DSS as soon as possible.



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### R. Sample Cheating and Plagiarism Policy

Academic integrity is the foundation of the academic community. Because each student has the primary responsibility for being academically honest, students are advised to read and understand all sections in CSULB catalog. Academic dishonesty includes **cheating, plagiarism, falsifying academic records, and other acts intentionally designed to provide unfair advantage to the student or the attempt to commit such acts.** If you are found to be cheating or plagiarizing, you will be subject to disciplinary action as per the policy outlined in the CSULB catalog.

- **Cheating** includes but is not limited to intentionally giving or receiving unauthorized aid or notes on examinations, papers, or class assignments intended to be individually completed. Cheating also includes the unauthorized copying of tests or any other deceit or fraud related to the student's academic conduct.
- **Plagiarism** occurs when a student obtains someone else's work and presents those ideas or words as her or his own academic work.
- **Collusion** occurs when a student collaborates with another person without authorization when preparing an assignment.
- **Fabrication** occurs when a student makes up data or results and records or reports them.
- **Falsification** occurs when a student manipulates research materials, equipment, or processes or changes or omits results such that the research is not accurately reflected in the research record.
- **Falsifying academic records** includes, but is not limited to, altering grades or other academic records.

Furthermore, students should be aware that faculty members have a range of academic actions available to them in cases of cheating and plagiarism from arranging a conference, to failing a student on that particular work, to failing a student in a course, to referring the case to judicial affairs.

- S. If you are having trouble affording enough food to eat, don't have a safe and reliable place to sleep, and/or experiencing an emergency or crisis we are here to help. We are the Basic Needs Program and we have emergency services and resources to assist you. To learn more about our programs and services you can visit our website at [csulb.edu/basic-needs](https://csulb.edu/basic-needs). To apply for our emergency services such as the meal assistance program, emergency grant, or emergency housing you can fill out our application at this link: [https://cm.maxient.com/reportingform.php?CSULongBeach&layout\\_id=2](https://cm.maxient.com/reportingform.php?CSULongBeach&layout_id=2)

We know that not having your basic needs met can affect your performance in the classroom and we want to be here to support you and help ensure you get to your graduation day. We look forward to being of service to you.