

SINGLE SUBJECT CREDENTIAL PROGRAM

**Physical Education
Subject Matter Domain Coursework**

There are seven domains in Physical Education: Professional Foundations (domain 1), Growth, Motor Development, and Motor Learning (domain 2), The Science of Human Movement (domain 3), The Sociology and Psychology of Human Movement (domain 4), Movement Concepts and Forms (domain 5), Assessment and Evaluation Principles (domain 6); Integration of Concepts (domain 7). The CSET groups the domains as follows: Subtest 1 (Domains 2 & 3); Subtest 2 (Domains 4, 5 & 6), & Subtest 3 (Domains 1 & 7). This table will be used to determine domains where candidates meet subject matter via coursework.

CSET	Domain	CSULB Physical Education Domain Courses	Accepted Coursework
Subtest I (129)	Domain 2. Growth, Motor Development, and Motor Learning	Take all of the following: <input type="checkbox"/> KIN 312 – Motor Control & Learning <input type="checkbox"/> KIN 315 – Motor Development	
	2.1 Individual Differences 2.2 Perceptual-Motor Development 2.3 Physical and Developmental Changes 2.4 Motor Learning 2.5 Motor Task Analysis 2.6 Conditions Affecting Growth, Motor Development, and Motor Learning 2.7 Developmental Differences Affecting Motor Skills Acquisition		
Subtest I (129)	Domain 3. The Science of Human Movement	Take all of the following: <input type="checkbox"/> KIN 300 – Biomechanics of Human Movement <input type="checkbox"/> KIN 301 – Exercise Physiology Take ONE of the following: <input type="checkbox"/> KIN 343 – Techniques & Analysis of Physical Fitness & Activity Or <input type="checkbox"/> KIN 263 – Techniques of Physical Fitness	
	3.1 Body Systems 3.2 Basic Kinematic and Kinetic Principles of Motion 3.3 Biomechanical Principles 3.4 Movement Analysis 3.5 Effects of Exercise 3.6 Components of Wellness 3.7 Physical Fitness Testing and Prescription 3.8 Factors Affecting Physical Performance 3.9 Safety, Injury Prevention, and First Aid 3.10 Physiological Principles of Fitness		
Subtest II (130)	Domain 4. The Sociology and Psychology of Human Movement	<input type="checkbox"/> KIN 332 – Sociocultural Dimensions of Sport & Human Movement	
	4.1 Personal Development 4.2 Theories Related to Motivation 4.3 Social Development 4.4 Role of Movement Activities in Society 4.5 Factors Influencing Activity Choices		
Subtest II (130)	Domain 5. Movement Concepts and Forms	Take all of the following: <input type="checkbox"/> KIN 149A – Self Defense <input type="checkbox"/> KIN 237 –Techniques & Analysis of Aquatic Skills <input type="checkbox"/> KIN 261 – Techniques & Analysis of Fundamental Rhythms <input type="checkbox"/> KIN 265 –Techniques of Gymnastics <input type="checkbox"/> KIN 270 –Professional Practices in Public School Physical Education <input type="checkbox"/> KIN 343 –Techniques & Analysis of Physical Fitness & Activity	
	5.1 Fundamental and Creative Movement Skills 5.2 Dance Concepts and Forms 5.3 Gymnastic Movements 5.4 Aquatic Skills 5.5 Individual, Dual, and Team Sports and Games 5.6 Outdoor Education 5.7 Nontraditional and Cooperative Activities 5.8 Combative Activities 5.9 Fitness Activities		

* Students must receive a "C" or better in coursework to receive subject matter credit.

CSET	Domain	CSULB Physical Education Domain Courses	Accepted Coursework
Subtest II (130)	Domain 5. Movement Concepts and Forms – cont.	Take all of the following:	
	5.1 Fundamental and Creative Movement Skills 5.2 Dance Concepts and Forms 5.3 Gymnastic Movements 5.4 Aquatic Skills 5.5 Individual, Dual, and Team Sports and Games 5.6 Outdoor Education 5.7 Nontraditional and Cooperative Activities 5.8 Combative Activities 5.9 Fitness Activities	<input type="checkbox"/> KIN 370 –Movement Theory & Practice of Elementary Physical Education <input type="checkbox"/> KIN 457 – Applied Theory of Teaching Team Sports <input type="checkbox"/> KIN 460 –Applied Theory & Analysis of Non-Traditional Physical Education Games & Activities <input type="checkbox"/> KIN 461 –Applied Theory of Teaching Individual & Dual Sports	
Subtest II (130)	Domain 6. Assessment and Evaluation Principles	Take ONE of the following:	
	6.1 Evaluation Methods in Physical Education 6.2 Techniques of Test Construction, Evaluation, and Administration 6.3 Test Characteristics 6.4 Assessment Techniques and Tools 6.5 Types of Evaluation 6.6 Basic Statistical Applications 6.7 Interpretation and Communication of Assessment Data	<input type="checkbox"/> KIN 427 – Physical & Motor Assessment Or <input type="checkbox"/> KIN 477 – Measurement & Curriculum in Physical Education	
Subtest III (131)	Domain 1. Professional Foundations	Take all of the following:	
	1.1 Philosophies of Physical Education 1.2 Historical Development 1.3 Current Research, Trends, and Issues 1.4 Legal and Ethical Issues 1.5 Interrelationships of the Sub-disciplines of Kinesiology 1.6 Professional Responsibilities, Organizations, and Resources 1.7 Relationship Between Human Movement Activities and Values	<input type="checkbox"/> KIN 270 –Professional Practices in Public School Physical Education <input type="checkbox"/> KIN 380 – Principles, Organization & Management of Secondary School Physical Education	
Subtest III (131)	Domain 7. Integration of Concepts	Take ONE of the following:	
	7.1 Interpretation and Application of the Sub-disciplines of Kinesiology 7.2 Selecting, Adapting, and Modifying Activities 7.3 Developmental Progressions 7.4 Learning Concepts and Principles 7.5 Connections Between Physical Education and Other Disciplines	<input type="checkbox"/> KIN 388 – Program Planning & Instruction in Adapted Physical Education Or <input type="checkbox"/> KIN 320 – Adapted Physical Education	

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